What’s Inside

2 Protect family, pets in summer heat
3 LGBT observance event
5 Finding hope: Suicide Prevention, Part 2
6 BOSS Soldiers cook up some fun in Venice
10 Out & About
12 Brudstock music festival

Summer Tips to Stay Cool

• Close the curtains and shut the blinds. As much as 30 per- cent of unwanted heat comes in through windows, so it pays to keep them covered.
• Check your fans. If you have ceiling fans, make sure they’re spinning counter-clockwise, which helps keep air moving and keeps things feeling cool.
• Use a hot water bottle. When it’s too hot to sleep comfortably, grab a hot water bottle and fill it with ice water. Place it under ankles or knees to help cool the entire body.
• Work up a sweat by the lake. If you’re determined to run or take a long walk despite the heat, look for a lake, river or ocean. They tend to cool the surrounding area down at least a little.

509th conducts Wolverine Forge

By Spc. Kadja Manuel
509th Signal Battalion

LIVORNO — As cyber-attacks are a relentless opposing force against our information systems, Soldiers of Head- quarters, Department of the Army, 509th Signal Battalion, conducted a multi-echelon training event called Wolverine Forge here.

The purpose of the training was to work on mission-essential tasks while support- ing Network Enterprise Center (NEC) Livorno customer service delivery and Windows 10 upgrades.

NEC Livorno is one of 25 sites sup- ported by the 509th Sig. Bn. across eight countries, to include VIP deploy- able communications on the continent of Africa. NEC Livorno supports Camp Darby and the Leghorn Army Depot in Livorno and is normally run by a team of Department of Army civilians and local nationals.

For this effort, however, 509th Soldiers deployed to assist with operations over a four-day period.

“The training exercise for the 509th Signal Battalion enhanced the Soldiers’ skills and improved the network readi- ness and posture of the Livorno area,” said Tamara Elston, chief of Military Personnel Division, Department of the Army civilians and Department of the Army civilians and local nationals.

USARAF physician assistant receives top honor

By Meredith March
U.S. Army Africa Public Affairs Office

VICENZA — A senior physician assis- tant here has been selected as the recip-ient of the Surgeon General’s Physician Assistant Recognition Award.

Major P. Jason Auchincloss, U.S. Army Africa - Southern European Task Force Headquarters and Headquarters Battalion, will receive the annual award that honors the Army PA considered to have made the most significant contributions to military medicine within the year. The award’s selection panel included Lt. Gen. Nadja Y. West, U.S. Army surgeon general and commanding general of U.S. Army Medical Command.

Auchincloss serves as senior medi- cal advisor to the battalion command- er, command surgeon and regionally aligned force medical staff. In addition to making sure more than 600 U.S. Army Africa personnel at USARAF headquar- ters in Vicenza are medically sound, he manages the medical clearance process for the Army service component com- mand’s official travel to Africa. He also serves as the delegated waiver authority for U.S. Army personnel traveling to 43 African countries.

Among Auchincloss’ contributions to Army medicine is the development and enhancement of a tracking tool that helps to identify causal relationships between Soldiers’ environments or actions and the development of disease or sustainment of injuries. This tool then allows medical professionals to advise commanders on disease and injury prevention.

“I’ve used it for a number of years and it’s been modified to fit the environment we’re in,” he said. “It’s a disease and non-battle injury tracking tool that al- lows us to identify early trends, disease and non-battle injury trends in particular.

Distinguished speakers to come for veteran transition conference

By Karin J. Martinez
VMC Public Affairs Office

VICENZA — A can’t-miss opportunity for community members will take place on Caserma Ederle July 11 in the form of Vetracon 2017, a veteran transition conference by American Dream U and American Dream U and Vicenza High School student applying a forearm cast during a trip to the Vicenza Army Health Clinic orthopedic and radiology wing Jan. 24. Then Capt. Auchincloss and Vicenza Army Health Clinic-Vicenza leadership invited students to work alongside Army medical professionals to complement studies in their Human Anatomy class.


Auchincloss serves as senior medi- cal advisor to the battalion command- er, command surgeon and regionally aligned force medical staff. In addition to making sure more than 600 U.S. Army Africa personnel at USARAF headquar- ters in Vicenza are medically sound, he manages the medical clearance process for the Army service component com- mand’s official travel to Africa. He also serves as the delegated waiver authority for U.S. Army personnel traveling to 43 African countries.

Among Auchincloss’ contributions to Army medicine is the development and enhancement of a tracking tool that helps to identify causal relationships between Soldiers’ environments or actions and the development of disease or sustainment of injuries. This tool then allows medical professionals to advise commanders on disease and injury prevention.

“I’ve used it for a number of years and it’s been modified to fit the environment we’re in,” he said. “It’s a disease and non-battle injury tracking tool that al- lows us to identify early trends, disease and non-battle injury trends in particular.

See TOP HONOR, page 7

Garrison encourages Italian employees to apply now for AMICI

VICENZA — Host nation employees are encouraged to apply for the next ses- sion of AMICI.

AMICI is a competitive workforce en- richment program for Italian profession- als (non-contracted) who work on Eder- le and Darby military installations. The program aims to increase awareness and appreciation for the U.S. Army mission in Italy and how their work contributes to Soldier quality of life.

Participants will engage in 10-15 days of diverse activities spread out over four months. This program is designed to bring increased satisfaction, energy and investment in the work of those who par- ticipate.

Visit the U.S. Army Garrison Italy web- page to find the AMICI DUE application instructions and application, http://www. italy.army.mil/amici.asp.
Beat the heat, protect your family and pets

ANSBACH, Germany — More than 36 children die in overheated cars every year in the United States, with more than 600 deaths since 1998. Here are some tips to keep in mind from the National Highway Traffic Safety Administration.

- It takes 10 minutes for the temperature in a car to go up 20 degrees Fahrenheit.
- Cracking a window open and parking in the shade aren’t sufficient safeguards.
- A child’s body temperature can rise up to five times faster than an adult’s. A child dies with a 107 degree body temperature.
- Even if it’s in the 60’s outside, a car can still heat up to well above 110 degrees.
- On an 80-degree day, temperatures inside a vehicle can reach deadly peaks in 10 minutes.

More than half of those who left children alone in vehicles did so unknowingly. Other reasons cited: the child got into the vehicle on his or her own; child was knowingly left in vehicle; and circumstance unknown.

Set reminders
Any parent or caregiver, even a very loving and attentive one, can forget a child is in the back seat. Being especially busy or distracted or having a change in routine, like when someone else is driving the child or when you are away from home, can increase the risk.

- Always check the back seat, and make sure children are out of the car before locking it and walking away.
- Avoid distractions while driving, especially cell phone use.
- If someone else is driving your child, always check to make sure they arrived safely.

Lock cars
Keep your car locked when you left a curious child inside. Reminders for parents and caregivers:
- Make sure children do not have easy access to your car keys. Store them out of a child’s reach.
- Teach children that cars are not safe places to play. Keep rear fold-down seats closed to prevent a child from crawling into the trunk from inside the car.
- Remind children that cars, especially car trunks, should not be used for games like hide-and-seek.

Important tip: If a child is missing, make sure to check the trunk of your car, in addition to some of the more obvious places.

Take action if you see a child alone in a car.

Pets
Leave pets at home on warm days, but if you must take them with you:
- Bring plenty of fresh drinking water and bowl if they must travel.
- Do NOT leave pets in the car.

(DANSCHAB SAFETY GRAM)

DREAM continued from page 1

Since their founding in June 2013, the organization has had nearly 15,000 service members, spouses, dependents and veterans attend 47 events worldwide, Holland said. They also reach people online through several online programs, estimating a reach of about 4,500 people annually.

“The speakers are willing to give their time because they want to share their knowledge and help those who have served them. Intuitively, they understand everything that service members do for them, and this is (often) the first time they’ve had an opportunity to use their skills as speakers to share with service members. So they jump on that opportunity. It’s a way for them to give back in any way they can,” she said.

Guest speakers for the Edel event include Ashleigh Mooney, a business owner who hopes to inspire entrepreneurship and encourage perseverance; Garrett Gunderson, founder and chief wealth architect of Wealth Factory and a best-selling author; Kate Buck, social media manager and CEO of KBHOnline; Jeremy Hendon, who has built several companies, developed apps and co-authored multiple books; Bob Donnell, author, speaker, trainer and more; and Phil Randazzo, writer, consultant and founder of American Dream U.

The agenda for the half-day conference includes not only the speaking engagements, but also some question-and-answer time with the speakers. An agenda will be published in future announcements on the USAG Facebook page, www.facebook.com/vmcitaly.

Vetrocan 2017 is free, and seating is limited. Learn more about American Dream U at their website, and save your seat by pre-registering for the conference at www.americandreamu.org/events. Find the event labeled for Vicenza, and click on “register.”

Anyone with questions about the event or who needs assistance to register should contact the USAG Italy SFL-TAP office at DSN 617-8151, comm. 0444-61-8151; or email usarmy.usag-italy.im-com-europe.mbx.sfc-italy-stap@mail.mil.

Speak Out

The USA celebrates Independence Day in two weeks. What comes to mind when you think of the United States?

By Laura Kreider & Chiara Mattirotolo

By Laura Kreider & Chiara Mattirotolo

“The American flag and freedom.”

Lynn Colquhoun Family member
“Many freedoms, never to be taken for granted.”

Colleen Guy Family member
“Love of country, freedom to choose your fate, honor and courage.”

Senior Airman Julia Allen 731st Munitions Squadron
“Home and time spent with the family. I have been overseas for a while.”

Monica Mechur Second Glance Store
“I think of stars and stripes — their meaning, I think of freedom.”

Marco Barcenas Livorno Commissary
“Family comes to mind. Family and celebrating the U.S. traditions. I have been away from home for 16 years. I miss all and everything.”

By Laura Kreider & Chiara Mattirotolo

The USA celebrates Independence Day in two weeks. What comes to mind when you think of the United States?
Leading human rights, LGBT activist visits Italy

CASERMA EDERLE — For the first time, U.S. Army Garrison Italy celebrated the LGBT community by inviting Stuart Milk, a globally renowned civil rights activist and nephew of civil rights icon Harvey Milk, to speak on Caserma Ederle.

Six years have passed since the “Don’t Ask, Don’t Tell” policy, established by the Clinton Administration in 1994, was repealed. DADT prohibited military personnel from discriminating against or harassing closeted homosexual or bisexual service members or applicants, while barring openly gay, lesbian, or bisexual persons from military service. President Barack Obama signed into law a repeal of the policy Dec. 22, 2010. The new law allowed for openly gay, lesbian and bisexual service members to join and actively serve in the Armed Forces of the United States.

In July 2016, then Secretary of Defense Ash Carter announced the repeal of a ban barring openly gay, lesbian, or bisexual personnel from military service. President Barrack Obama signed into law a repeal of the policy Dec. 22, 2010. The new law allowed for openly gay, lesbian and bisexual service members to join and actively serve in the Armed Forces of the United States.

In July 2016, then Secretary of Defense Ash Carter announced the repeal of a ban allowing transgendered persons to also serve.

Since January 2016, a directive by U.S. Army leadership authorized command- ers to conduct commemorative activities celebrating Gay Pride, a festival traditionally held in June which recalls the "Stonewall Riots" held in New York City in 1969. This directive would celebrate the LGBT community as February celebrates African American/Black history or March celebrates women’s history. It was a hot, standing-room-only crowd that gathered at the Hall of Heroes June 7 to hear Milk speak. More than 100 men, women, Soldiers, parents and children filled the room to listen to Milk’s talk on LGBT rights, a few personal stories of his, and to answer questions from the community.

Milk spoke for well over an hour, seamlessly weaving stories of the civil and gay rights movements together with stories of his uncle Harvey Milk. While the stories and players changed, a consistent theme was that of inclusiveness, togetherness and that it’s okay to be different.

In his closing story, before opening the floor to questions, Milk spoke about attending the United Nations Decade for Women ceremony, held in Nairobi, Kenya, in 1985. To open the conference the U.N. had invited an Australian Aboriginal woman named Lilla Watson. She was short and barely could reach over the top of the speaker’s podium, Milk said, but what she said had a profound effect on his life and the role activism would play in it.

Speaking to a room of delegates, Milk recounted, she stood proudly and said, “If you are here to help women, people of color or people of different ethnicities, go home. You are wasting your time. However, if you have come because your liberation is bound up with mine, then let us work together.”

Watson, an activist, academic and artist, has been often quoted to say this quote was a “collective belief” born from the activist groups she was a part of which, simply stated, means we are all in this world together so this is actually an exercise in self-preservation.

Milk closed his presentation with the following: “So to those of you who are serving openly as LGBT, who are living your lives proud and authentic; to those of you who are supporting those who do, exercise in self-preservation.

Milk closed his presentation with the following: “So to those of you who are serving openly as LGBT, who are living your lives proud and authentic; to those of you who are supporting those who do, you are the manifestation of history. I thank you all for that.”

Stuart Milk, international human rights activist and LGBT civil rights speaker and advocate, speaks to a full house June 7 at the Hall of Heroes on Caserma Ederle. Milk is the nephew of Harvey Milk, an American politician and civil rights leader who was the first openly gay person to be elected to public office in California.

Paratroopers conduct water jump at Garda

PACENGO — Paratroopers assigned to 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, conduct a water jump into Lake Garda in Pacengo, near Verona May 18. Approximately 500 airborne Soldiers (250 each day) participated in the two-day event, including Italian Army paratroopers from 4th Reggimento Paracadutisti Alpini and the Brigata Falgore, and Italian Army Lagunari soldiers.

The event highlighted combined NATO airborne operations and was coordinated with the Carabinieri, Italian State Police and the Italian Coast Guard. According to Italian Army Lt. Col. Michele Testa, U.S. Army Africa operations officer and one of the event planners, the training was successful.

“The training activities were completed without any mishaps or problems for the local community, thanks to the synergy with the law enforcement agencies and the town of Lazise," Testa said.

During the closing ceremony, Lazise Mayor Luca Sebastiano addressed participants and congratulated all for the organization, professionalism and teamwork that contributed to the successful event.

(Photos by Paolo Bovo, 7th ATC RTSD-South)
Rabies and babies: The dangers of stray, wild animals

by Tamara Passut
U.S. Army Vicenza Health Center

VICENZA — Along our jour- neys in Europe and even in our own communities we see many cats, kittens or dogs lounging in the sun or rubbing against a per- son’s leg. Our children, or even we, may have an urge to pet or feed these adorable creatures. However, Capt. Rachel Cherami, Environmental Science/Engineering Office and Chief, Environmental Health US-AHC-Vicenza, warns us to stay away. While many people natu- rally love cute fluffy cats, sweet dogs and tiny woodland rodents, these stray animals are not like our domestic pets.

What many don’t consider is that the seemingly docile stray animals do not receive veteri- nary care and are not immunized or treated for a host of danger- ous parasites and ill- nesses such as rabies. Rabies is a deadly viral infection transferred through an infected animal’s saliva, and signs of rabies aren’t seen in an animal until weeks after infection. The an- imals are contagious even with- out symptoms.

“An unassuming, gentle ani- mal potentially carries a plethora of diseases and likely expo- sure to parasites such as ticks, hookworms, roundworms and fleas, which can all be contract- ed by humans,” said Cherami.

“Children are most likely to be bitten by an animal because of their fast and sometimes unin- tentionally aggressive move- ments around animals.”

Children may also be more likely to die from rabies as they may conceal their bite wound from parents for fear of being scolded or getting the animal in trouble. According to the World Health Organization’s website, often it is too late to save their lives by the time symptoms ap- pear, and 40 percent of people bitten by rabid dogs are under the age of 15.

The World Health Organiza- tion’s website clarifies the symptoms of rabies as having “an incubation period of three to eight weeks (though sometimes much longer),” where after that time “non-spe- cific symptoms appear, such as headache, fever, and numbness of the skin around the site of the bite. A phase of seizures and eventually coma follows, which almost invariably leads to patient death.”

These are scary but important things to discuss with your fam- ily because the best means to avoid rabbits, ticks, worms and fleas is to stay away from stray or wild animals. Feeding these animals is particularly danger- ous as you will attract more par- asites and diseases to the popu- lated areas.

“We firmly insist you avoid feeding feral cats and dogs to avoid all the complications that can stem from this. Also, parents need to be good role models for children when it comes to stray/feral animal safe- ty. As a rule, do not approach, touch, pick up or feed any ani- mal that is not your own,” said Cherami.

If contact cannot be avoided and you are bitten, scratched or licked by a wild or stray animal, start washing the area with warm soapy water. Then go to an emer- gency department right away for post-exposure prophylaxis treat- ment, said Cherami.

During summer months, we all want to think of fun in the sun and not have to deal with para- sites and deadly viruses, so keep safe and avoid all contact with stray or wild animals.

(From the Huffington Post)

Happy 242nd birthday, US Army!
Help comes in many forms for those with suicidal thoughts, depression

Editor’s note: This is the second in a four-part series exploring the issue of suicide and suicide prevention in the military community.

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression

Help comes in many forms for those with suicidal thoughts, depression
VENICE — The Vicenza Better Opportunities for Single Soldiers program sponsored an Italian cooking class for Soldiers April 29. From left: Spc. Gavin Cowen, Sgt. Dylan Widener and Spc. Matthew Colter work on preparations for a fresh tomato sauce that was poured over fresh pasta made by other BOSS participants. The hours-long life skills event, which took place at the J.W. Marriot Resort in Venice, taught Soldiers everything from basic kitchen knife skills to making fresh fettuccine and ravioli. At the end of the day, all participants sat down to enjoy their feast. (Photos by Mark Turney, VMC Public Affairs Office)

Sgt. Dylan Widener and Spc. Matthew Colter work on preparations for a fresh tomato sauce that was poured over fresh pasta made by other BOSS participants. The hours-long life skills event, which took place at the J.W. Marriot Resort in Venice, taught Soldiers everything from basic kitchen knife skills to making fresh fettuccine and ravioli. At the end of the day, all participants sat down to enjoy their feast. (Photos by Mark Turney, VMC Public Affairs Office)

Spc. Matthew Colter (left) and Sgt. John Paoletti share one of many light moments over the meal that they each helped cook.

Sgt. Dallas Henry, BOSS president, prepares a few freshly made pieces of ravioli as fellow Soldiers look on.

Sgt. Dylan Widener cuts some freshly made pasta dough. Learning the art of making the dough was a critical part of the day’s lessons under the tutelage of Marriot Executive Chef Athanasios Vasileios.

The high-end kitchen scene before the BOSS team descended upon it. It wasn’t quite as clean at the end of the visit.

BOSS Soldiers cook up good time in Venice
Florence school provides opportunities for military kids

Story and photo by Chiara Mattiolo
DMC Public Affairs Office

LIVORNO — Ten years ago, in June 2007, Livorno Unit High School closed its doors. Since then, Darby Military Community high school students have attended the International School of Florence (ISF), a not-for-profit organization incorporated in the United States under the name American Schools Abroad, Inc. High school students Diana Barta and Madison Elya are the most recent Darby graduates of the school. The teens graduated this month with an International Baccalaureate Diploma (IBDP).

According to the school website, ISF is one of the oldest international schools in Europe, culminating in the IBDP, the surest path to accessing the broadest choice of colleges and universities anywhere. “By completing their education with the International Baccalaureate Diploma, they leave with fully recognized certification for university destinations throughout the world,” said Head of School Debra Williams.

“While there is (this type of) diploma will open the doors to the most prestigious colleges,” said Staff Sgt. Peter Elya, 529th Military Police Company. “The Florence International School is a huge mix of nationalities, and it is very diverse, very high level of education for our children – an opportunity that we can’t miss.”

The IBDP is designed to facilitate admission to universities worldwide and earning such a diploma is usually the only path to European universities available to international students. For students applying to American universities, enrolling in IB courses can enhance university acceptance, while earning the diploma may lead to university course credit and/or advanced placement.

“They show a great sense of identity,” said ISF Head of School Debra Williams.” They are good leaders in sports and great students. They deal with their parents’ deployments and have experiences to share with the other students; they highlight the multicultural aspect of our school,” she said.

The school is situated in a villa at walking distance from the famous Piazzale Michelangelo, offering a breathtaking view of Florence. Its facilities include a covered terrace/lunch room, a state-of-the-art computer lab, a science wing, art studio, and a two-tiered, wireless-access library.

The school aims to provide a caring learning environment, according to its mission statement, that “promotes personal, social and academic growth through challenging and engaging programs, in order to develop respectful, responsible students who strive to have a positive impact on others and the world around them.”

“We live and teach by our mission statement,” said Williams. “We strive to create an environment where the students can do well and, therefore, are motivated to do even better.”

Williams added that the classes are small, about 15 students per class, and this helps in building good relationships with teachers.

“We want our students to feel that they are important and listened to; we respect differences,” she said. The school has a total enrollment of about 480 students, representing 32 countries from around the world.

“We are very proud of our students and if I could only apply one thing, it would be to embrace the differences as opportunities,” said Principal Helen Stanton. Enrolment to ISF is not automatic, and Jennifer Kandell, Child & Youth Services facility director/school liaison officer, underlined the importance of submitting an application in advance of attending the school. It is important to apply at least three months in advance or as soon as the family has the assignment to Camp Darby. Email Jennifer E. Kandell.naf@mail.mil, who will be available to answer questions and guide support during the registration process.

Students of International School of Florence spend some time in the library at the end of their school day.

TOP HONOR

continued from page 1

since we don’t have too many injuries. It allows us to identify those trends early, identify causal relationships and mitigate (those factors) quickly to arrest that trend.”

Since implementing this process, USARAF has reduced DNBI rates by more than 40 percent. While he appreciates the honor of receiving this award, Auschin-closs said he knows he could not do it without the support of an amazing team. He said the effect his work has on Soldiers and USARAF’s mission is what he most values.

“Taking care of Soldiers is, to me, the most rewarding part of my profession -- supporting the line so they can execute their operations successfully is the most rewarding piece. Some of the relationships that we develop and foster with the countries that host us.”

Amphitheater on banks of Lake Garda features music, history, landscape

Story and photo by Cesare Greselin
Contributor

BRESCIA — The Vittorale Amphitheater in Gardone Riviera, on the banks of Lake Garda, is a place where one can enter in the atmosphere of history, culture and landscape of the lake.

According to the website, the Vittorale’s history is extensive, dating back to the Romans, with the construction of a stage for the performances dedicated to Emperor Vittorio Emanuele II, who was assassinated here in 1900. The stage was later used for military exercises, and in 1980 it was transformed into a public Amphitheater.

The Amphitheater can accommodate approximately 1,800 people and offers a spectacular view of the lake, as well as gardens and a villa.

Approximately 210,000 visitors come to the site each year. The Amphitheater has hosted a variety of international artists, including the likes of Baez, Counting Crows, Ron Carter, Patti Smith, Paul Weller of Jam, and King Crimson just to name a few.

This summer, the Amphitheater plays host to a big calendar of concerts. The season started in May with Elio, Jack Savoretti; July 9, Devendra Banhart; July 10, Mark Lanegan; July 12, Ryan Adams + Karen Elson; July 13, The Pretenders; July 15, Elbow; July 16, Steve Winwood; July 18, Jack Savoretti; July 22, Niccolò Fabi; July 26, LP; July 28, Tiziano Ferro; July 29, Carmen Consoli; Aug. 6, Richard Galliano; and Aug. 10 and 11, Ben Harper.

For more information, check out the website www.anfiteatrodervittorale.it, and keep an eye on Out & About, pages 10 and 11.

TOP HONOR

continued from page 1

since we don’t have too many injuries. It allows us to identify those trends early, identify causal relationships and mitigate (those factors) quickly to arrest that trend.”

Since implementing this process, USARAF has reduced DNBI rates by more than 40 percent. While he appreciates the honor of receiving this award, Auschin-closs said he knows he could not do it without the support of an amazing team. He said the effect his work has on Soldiers and USARAF’s mission is what he most values.

“Taking care of Soldiers is, to me, the most rewarding part of my profession -- supporting the line so they can execute their operations successfully is the most rewarding piece. Some of the relationships that we develop and foster with the countries that host us.”

Amphitheater on banks of Lake Garda features music, history, landscape

Story and photo by Cesare Greselin
Contributor

BRESCIA — The Vittorale Amphitheater in Gardone Riviera, on the banks of Lake Garda, is a place where one can enter in the atmosphere of history, culture and music at the same time.

This summer, the amphitheater plays host to a big calendar of concerts. The season started in May with Elvis, and will continue with Baustelle on July 4, and Passen- ger and The Jesus and Mary Chain on July 6.

While enjoying a concert, visitors can admire the Is -
Local chef offers summertime ‘perfect pesto’ recipes

by Lucas Migliorelli

VICENZA — With the arrival of the hot weather I think, “What can I cook that would taste good, is fresh and will not heat up my kitchen?”

The response is easy: pesto, of course! During summertime, our fresh herbs are at their best. Basil is the most classic Italian herb, but pesto has been taking on many other flavors.

Since I’m Italio-Brazilian, I created a twist on the Italian variety for which I won a prize when I was just 18 years old at a pasta contest.

Add any herbs or even arugula, nuts, garlic, olive oil and grated cheese and nothing else. Traditionally, it is made with a mortar and pestle. The word pesto originates from “pe-stare,” meaning to grind or pound.

My tool of choice to make large amounts of pesto is a food processor. Use what works best for you. Here are my three favorite recipes for pesto:

Basil Pesto Recipe

2 cups tightly packed fresh basil leaves, large stems removed
1/2 cup extra virgin olive oil
3 tbsp pine nuts (walnuts are a less expensive substitute)
2 cloves garlic, coarsely chopped
Salt to taste
1/2 cup freshly grated Parmesan cheese
3 tbsp butter, softened to room temperature (optional)

Instructions:
1. Wash the basil and pat dry. Place the basil, olive oil, pine nuts, chopped garlic and salt in the food processor bowl and process to a uniform creamy consistency.
2. Place mixture in a bowl and add in the grated cheeses, stirring by hand. Once well blended, add the butter (if using) and mix thoroughly.

Pesto will keep in the refrigerator for at least 2 weeks. To freeze, make the sauce up to the cheese step, but don’t add the cheese. Add the cheese when you thaw the pesto and mix it with the cooked pasta. Adding the cheese later has the best flavor and texture.

Cilantro Pesto

This recipe I invented for the contest I mentioned. This is a first-prize winner!

1/2 cup of cilantro leaves
1 cup coconut milk
1 tsp of cayenne pepper
3 cloves of garlic
1/4 cup of olive oil or palm tree oil

Mix all ingredients in the food processor until blended. *You can also do it by hand, or a regular or immersion blender will work.

Other suggestions for cilantro pesto:

- You want to make a sauce with this pesto, just double the quantity of the coconut cream.

This pesto can be served not just on pasta, but on top of fish, grilled chicken or even eaten with crusty bread.

Mint Pesto

5 cloves garlic
1 cup of fresh mint
10 cherry tomatoes
1/2 cup roasted almonds
1 tsp coarse salt

Place all ingredients in a food processor and blend until smooth but with some crunchy almonds.

I learned this recipe in my travels to Sicily. You can substitute the mint for basil if you desire. This is another great recipe and you can use this pesto in fish, shrimp, chicken or lamb.

WOLVERINE continued from page 1

responsibility by conducting Department of Defense information operations,” said John Brooks, chief, NEC Livorno.

The main objective of Wolverine Forge was to provide training for detachment Soldiers that included a continuation-of-operations assessment, Army Warrior task training, base closure and equipment-recovery operations, cyber security network scanning and compliance validation, and Windows 10 implementation. Of the utmost importance was user migrations, as it is the No. 1 priority of the Army Chief Information Officer/G-6. Part of this exercise entailed an MRAP All-Terrain Vehicle familiarization course hosted by Army Field Support Bn–Africa.

Wolverine Forge also included upgrading 839th Transportation Bn. computers to Windows 10, which aligned with the battalion commander’s philosophy.


After three days of training in Livorno, the Cyber Security Division managed to push more than 1,000 McAfee security updates, identify and correct vulnerabilities for more than 1,300 machines, processed 600 individual updates, and scrubbed approximately 450 user accounts to ensure user profile compliance, among other accomplishments.

Wolverine Forge provided 509th an opportunity to forward deploy communications services delivery and custom support enabling a positive impact to multiple customers in the Livorno AOR and improving our overall network readiness and security posture.

Local VMC volunteers support Alpini association in exercise

A group of 509th Signal Battalion Soldiers undergo MRAP all-terrain vehicle familiarization training hosted by Army Field Support Battalion-Africa. (Courtesy photo)
At the movies

Transformers: The Last Knight (Rated PG-13)
The Last Knight showcases the core myths of the Transformers franchise and redefines what it means to be a hero. Humans and Transformers are at war, Optimus Prime is gone. The key to saving the future lies buried in the secrets of the past, in the hidden history of Transformers on Earth. Saving the world falls upon the shoulders of an unlikely alliance.

Wednesday, June 27
7 p.m. Transformers: The Last Knight (PG-13)
10 p.m. Rough Night

Sunday, June 24
3 p.m. Transformers: The Last Knight (PG-13)
6 p.m. Cars 3

June 25
3 p.m. Transformers: The Last Knight (PG-13)
6 p.m. Cars 3

June 28
7 p.m. All Eyez on Me

June 29
7 p.m. Transformers: The Last Knight (PG-13)
7 p.m. Despicable Me 3

June 30
9 a.m.-noon

News Briefs

Independence Day celebration
This year’s Independence Day celebration will take place July 4 on Caserma Ederle, from 4 p.m. to midnight. The event will be open to the Italian community as well as the Vicenza Military Community. There will be food vendors and rides, plus live music and fireworks. Music and entertainment will run all evening, and fireworks begin at 10:30 p.m. For more information on signing in guests and what is and isn’t allowed, please visit the United States Army Garrison Italy website, www.italy.army.mil, and click on the “July 4th Information” button.

USO has new hours
Effective July 10, the hours at the USO are as follows: Monday-Friday 9 a.m. to 9 p.m.; Saturday, 10 a.m. to 9 p.m.; and Sunday, 10 a.m. to 6 p.m.

Vetracon 2017 by American Dream U
Soldiers and spouses are invited to attend Vetracon 2017 by American Dream U, a Veteran Transition Conference, on Caserma Ederle July 11, from 8 a.m. to noon. Though typically geared towards those preparing for transition from the military, this program will appeal to anyone who wants to improve their leadership skills or formulate a second career, as well as those planning for life after military. Six highly successful guest speakers will share their insights after the military. Six highly successful guest speakers will share their insights after the military. Six highly successful guest speakers will share their insights after the military. Six highly successful guest speakers will share their insights after the military. Six highly successful guest speakers will share their insights after the military. Six highly successful guest speakers will share their insights after the military.

Blood drive on Caserma Ederle
The Armed Services Blood Program, in partnership with the American Red Cross, will sponsor a Blood Drive Sept. 13 on Caserma Ederle. The event will take place at The Lion’s Den in the Arena. Blood donations are important for your military community, as the need for blood is constant; a single donation can potentially help more than one patient. For more information, call Leah Barbato, ARC community volunteer lead, DSN 637-9818, comm. 0444-61-8918.

Chapel Services, Vicenza
VMC Chapel, Building 29
Phone: 637-7575

Sunday schedule
9:10 a.m. Roman Catholic
11 a.m.-noon Protestant
1:30-3 p.m. Gospel
5-6 p.m. Contemporary
9-10 a.m. Roman Catholic
10:30 a.m. Protestant

Protestant Women’s Bible Studies
9:30 a.m.-noon Tuesdays

Protestant Men of the Chapel
Bible Study
5:30-7 p.m. Tuesdays

Saint Mark’s Catholic Women of the Chapel
9 a.m.-noon Mondays

Youth of the Chapel
Grades 6-12
5-30 p.m. Sundays

Wednesday schedule
Call chapel for location.

Bible/book studies
Chapel Activity Room, Building 29
6:30-7:30 p.m. Thursdays

Gospel Service/Bible Study
The Church of Jesus Christ of Latter-Day Saints
Building 395

Chapel Services, Camp Darby
DSN 637-7267, comm. 850-54-7267

Sunday schedule
Camp Darby Chapel
9:10 a.m. Roman Catholic
10:30 a.m. Protestant

Protestant Women of the Chapel
Bible Study
9:30 a.m. Tuesdays

It is important to note that the schedule for Vetracon 2017 was updated from the initial announcement, which was presented at the previous conference. The new schedule is now available on the United States Army Garrison Italy website, www.italy.army.mil.

Demand for blood donations remains high, with the USO having new hours on July 10 to accommodate more participants. Volunteers are needed to help manage the blood drive, and interested individuals should contact the USO for more information.

At the movies: Transformers: The Last Knight is the latest installment in the Transformers series, featuring Optimus Prime in a battle against other Transformer factions.

News Briefs: Independence Day celebration on Caserma Ederle offers a range of activities, including food vendors, rides, and live music and fireworks.

Chapel Services: With a variety of services offered at the VMC Chapel and Camp Darby Chapel, members can find opportunities to worship and connect with their faith communities.

Blood drive: The Armed Services Blood Program is hosting a blood drive on Caserma Ederle, offering an opportunity for participants to contribute to the military community's blood needs.

Demand for blood donations remains high, with the USO having new hours on July 10 to accommodate more participants. Volunteers are needed to help manage the blood drive, and interested individuals should contact the USO for more information.
Lumen Festival
Light, Music and Food Trucks Festival
June 23, 6 p.m.-midnight. June 23 starts at 4 p.m. and June 25 at 11:30 a.m., Vicenza, Salvi Gardens, Corso Sant’Antonio and Fortunato 4. A great variety of street food selections including Asian, Mexican, vegan and gluten-free specialties. Draft beers; crafts and vinyl collectibles exhibit and sale; light displays; music with bands and DJs. Free entrance before 8 p.m.; after 8 p.m.; June 25, 6 p.m.-after 4 p.m. [https://www.facebook.com/lumenfestival/]

Sagra delle Bande Svedesi
Festivals
June 23-26, Grossa di Gazoso Padovano, about 12 miles east of Vicenza. Food booths featuring frog risonate, fried frogs, sausage and polenta, gnocchi, horse steaks, homemade desserts and local sweets open at 7 p.m. Live music and dancing at 9 p.m.; carnival rides; firework June 26 at 11:45 p.m. Free entrance and parking. [http://www.saggaderelanevane.com/]

Notte Bianca
White Night
June 24, 5 p.m.-3 a.m., Vicenza, Piazza dei Signori, Piazza Castello, Piazza San Lorenzo, Giardini Salvi, Piazza Matteotti, Piazza delle Erbe; Contra Pesche. Evening of shopping and fun downtown Vicenza. Stores will be open until 11 p.m.; concerts, street art, and dancing. Free access to all events. [http://www.comune.vicenza.it/alcant/notizie.php?17543]

Grande Sagra dei Santi Pietro e Gaetano
Saints Peter and Gaetano Fair
June 23-27, 6 p.m.-11:30 p.m., Monticello Conte Otto. Spritz party at 6 p.m.; food booths featuring local specialties open at 7 p.m. Live music and dancing at 9 p.m.; June 27 fireworks at 11 p.m. [http://www.comune.monticello.vi.it/web/monticelloconteotto]

Festa del Pescegatto
Catfish Festival
June 24-25, 7 p.m.-11 p.m., Mossona, Fattoria Dalla Pozza, Via Calbin. Food booths featuring fish and other local specialties open at 7 p.m. and, on June 25, also for lunch. Live music and dancing start at 9 p.m. [http://www.vicenza2017.it/events/sagra/festa-del-pescagatto-2017-degustazioni-e-musica-a-mossona.html]

Fiaccotola di Solferino
Torchlight walk in Solferino
June 24: The Italian Red Cross has invited national Red Cross societies around the world to join in Fiaccotola di Solferino, a celebration of the ideals of the Red Cross, and to participate in a 7 km torchlight walk between the towns of Castiglione and Solferino. The event commemorates Henry Dunant’s experience of giving care to the wounded in the aftermath of the Battle of Solferino, which took place June 24, 1859. While Dunant did not participate in the battle, he witnessed its aftermath and was motivated by the horrific suffering of wounded soldiers left on the battlefield to begin a campaign that would eventually result in the Geneva Conventions and the establishment of the International Red Cross.

The Vicenza Red Cross is organizing a bus to the event. For more information, contact the Red Cross at DS 67-8918, comm. 0444-61-8918. [http://www.rix1.it/2015-07-20-corona-avvisamento-fiaccotola-di-solferino]

Festa delle Tagliate Sliced Steak Festival
June 30-July 2, 6:30 p.m.-midnight, Sarmego, Grumolo delle Abbadesse, Piazzale della Chiesa, about 10 miles southeast of Vicenza. Food booths featuring the local Sorana sliced steak, bruschetta, beer and non-alcoholic drinks open at 6:30 p.m. Carnival rides; live music and dancing start at 9 p.m.; fireworks July 5 at 11:30 p.m. [http://www.festadellatagliata.it/]

Festival delle Bande Svedesi
Sweden Food Trucks Festival

Feste Marinare
Fish Festival
July 7-8, July 21-22; Aug. 4-5, and Aug. 11-12, from 6:30 p.m., Cortilazzone (Jesolo), Sport Center, Via Amba Alagi 47. A great variety of fish specialties; music and dancing. [http://www.jesolo.it/feste-marinare-2017.html]

Concerti Bande Inglese
English bands in concert
July 14, 9 p.m., Piazza Torino, Jesolo, St. Mary’s College Crosby
Aug. 24, 9 p.m., Piazza Milano, Farnham Music and Drama
Aug. 25, 9 p.m., Piazza Manzoni, Farnham Music and Drama
Aug. 26, 9 p.m., Piazza Torino, Farnham Music and Drama
Aug. 27, 9 p.m., Piazza Manzoni, Farnham Music and Drama

XXVII Mostra scambio, auto e moto
Vintage cars and motorcycles exhibit and sale
July 15, 7-11 a.m.; July 18, 7-11 a.m.; June 16, 7 a.m.-11 p.m.; Duvebile, Piazza Monza. Exhibit and sale of vintage vehicles, motorcycles, and spare parts. Entrance fee: €68. [http://www.zolle.it/]

2017 - Estate al Parco - Summer at the Park
Estate al Parco
Summertime at the Park - Free outdoor fitness classes
Through September, in Vicenza, Parco Querini, Viale Rodolfi, the classes are as follows: Tai gong, June 30, July 20, July 31, Sept. 1 and Sept. 15, 6-7:30 p.m.; at La Radura: an ancient Chinese exercise that integrates physical postures, breathing techniques and meditation.

Dp applied philosophy, June-July: 7:30-8:30 p.m., La Radura. Physical and sensorial exercises to discover balance within nature.

Psychotherapeutic exercises, July 30-7:30-8:30 p.m., La Radura

Mondays
Hatha Yoga, June-August: 9:30-10:30 a.m., at Palco Del Tempietto. Exercises that integrate physical postures, purification procedures, poses, breathing and meditation
Tai chi, June-July: 7:30-8:30 p.m., at Palco del Tempietto. Ancient Chinese exercises, described as meditation in motion, which promote serenity through gentle, flowing movements.

Do-in, June-July: 7-8 p.m., at La Radura. Exercises for physical and mental well-being.

Fit and Motion, June and August, 7-8 p.m., at Porta Papa; music fitness workshops that include cardiovascular activity, toning and stretching.

Tuesdays
Qi gong, June 30, July 20, July 31, Sept. 1 and Sept. 15, 9:30-11 a.m., at La Radura; Chinese exercises that integrate physical postures, breathing techniques and meditation

Jazzercice, June-July: 6:30-7:30 p.m., at Palco del Tempietto

Kare Maga, June and August, 6:30-7:30 p.m., at La Radura. An effective, modern, and dynamic self-defense and fighting system

Tribe Fusion Dance, June 13-July 25, 7:30-8:30 p.m, at Palco del Tempietto

Hawaiian and Polynesian dances workshops, July 4, July 11, and July 18, 8-8:45 p.m., at Porta Papa
Energy Yoga, June and August, 7-8 p.m., at Porta Papa
Kung Fu, July 9, 8-8:45 p.m., at Porta Papa

Feste Marinare
Fish Festival
July 8-7, July 21-22; Aug. 4-5, and Aug. 11-12, from 6:30 p.m., Cortilazzone (Jesolo), Sport Center, Via Amba Alagi 47. A great variety of fish specialties; music and dancing. [http://www.jesolo.it/feste-marinare-2017.html]

MARKETS
VENETO

Cerea: June 25, 9 a.m.-6 p.m., Via Farfusola 6, about 45 miles southwest of Vicenza (about 150 vendors)

Dolo (Venice): June 25, 8 a.m.-7 p.m., Piazza Cantine, about 37 miles east of Vicenza (about 80 vendors)

Piazzola sul Brenta: June 25, 8 a.m.-6 p.m., Via Camerinetti, about 16 miles east of Vicenza (700 vendors)

Speriano (Treviso): June 24, 8 a.m.-6 p.m., Piazza Luciano Rigo, about 43 miles northeast of Vicenza (about 120 vendors)

Treviso: June 25, 7:30 a.m.-7:30 p.m., Via San Liberale, about 56 miles east of Vicenza (about 120 vendors)

Valeggio sul Mincio (Verona): June 25, 8 a.m.-7 p.m., Piazza Carlo Alberto and downtown streets
Thiene: July 1, 7:30 a.m.-7:30 p.m.; downtown streets and squares (70 vendors)

Marostica: July 2, Oct.-March 8 a.m.-7 p.m.; April-Sept. 8 a.m.-8 p.m., in Piazza Castello, about 18 miles north of Vicenza (135 vendors)

Noventa Vicentina: July 2, 8 a.m.-6 p.m., Piazza IV November, 20 miles south of Vicenza (120 vendors)

Vittorio Veneto: July 2, 8 a.m.-7 p.m., Seserwalle, Piazza Minucci and surrounding streets (75 vendors)

Lonigo: July 9, 8:30 a.m.-7 p.m., Via Garibaldi, Piazza XX Settembre, Via Ognibene, about 20 miles southwest of Vicenza (about 100 vendors)

Montegrotto (Padova): July 9, 8 a.m.-7 p.m., Piazza 1° Maggio, about 34 miles southeast of Vicenza (about 70 vendors)

Portobuffoli (Treviso): July 9, 7 a.m.-7 p.m., Piazza Becce, about 88 miles northeast of Vicenza (250 vendors)

Villarfanco (Verona): July 9, 8 a.m.-7 p.m., Piazza Castello (90 vendors)
CONCERTS/SPORTS

Jethro Tull by Ian Anderson – June 24 Sogliano al Rubicone (Forlì); June 26 Brescia

Depeche Mode – June 25 Rome; June 27 Milan; June 29 Bologna

Deep Purple – June 26 Casalecchio di Reno; June 27 Assago

The Beach Boys – June 27 Rome

Sean Paul – June 27 Padova; April 17 Milan

The Chainsmokers – June 28 Milan

LP – July 3 Rome; July 11 Lucca

Imagine Dragons – July 4 Lucca; July 10 Verona

The Darkness – July 6 Legnano (Milano); Nov. 11 Milano; Nov. 9 Campino (Rome)

Wolfmother + G2uda – July 7 Padova

Ryan Adams – July 7 Rome; July 12 Gardone Riviera (Brescia)

Lauryn Hill + special guest Kasami Washington – July 8 Lucca; July 9 Rome

The Luminers – July 10 Rome; July 12 Villafranca (Verona)

Anastacia – July 12 Marostica

erakah Badu Mary J. Blige – July 12 Lucca

Milan Luminers – July 12 Villafranca (Verona)

Elton John and his Band – July 14 Monza

Robbie Williams – July 14 Verona; July 15 Lucca; July 17 Barolo

U2 – The Joshua Tree – July 15-16 Rome

George Benson – July 17 Marostica

Kasami Washington – July 19 Bologna; July 20 Rome

Red Hot Chili Peppers – July 20 Rome; July 21 Milan

Kasabian – July 22 piazzola sul Brenta (Padova); July 23 Padova; Nov. 3 Ascoli

Marilyn Manson – July 26 Villafracona (Verona)

Sting – July 27 Cividale del Friuli; 28 Monza

Joss Stone – July 28 Tarvisio (Udine)

Pet Shop Boys – July 31 Lucca

The Offspring – Aug. 2 Rome

Ben Harper – Aus. 10; 28 Pisa; 29 Palmanova (Udine)

Vasco – July 1-2 Modena

Renato Zero – July 1-2, July 4-6 Rome; July 29 Lajatico (Pisa); Sept. 2-3 Arena di Verona, Sept. 7 and Sept. 9 Taormina

Massimo Ranieri – July 7 in Venice

Edoardo Bennato – July 7 in Veggiano (Pavia); Nov. 11 Verona; Nov. 14 Rome; Nov. 16 Bolzano

Ennio Morricone – July 7 Rome; July 9 Lucca; Aug. 5 Verona

J-ax and Fedez – July 9 Lucca

Verona

J-ax and Fedez – July 9 Lucca

For a comprehensive list of festivals, concerts and upcoming sporting events, please see our Pinterest page, www.pinterest.com/usagvicenza.

Out & About

Jethro Tull by Ian Anderson – June 24 Sogliano al Rubicone (Forlì); June 26 Brescia

Depeche Mode – June 25 Rome; June 27 Milan; June 29 Bologna

Deep Purple – June 26 Casalecchio di Reno; June 27 Assago

The Beach Boys – June 27 Rome

Sean Paul – June 27 Padova; April 17 Milan

The Chainsmokers – June 28 Milan

LP – July 3 Rome; July 11 Lucca

Imagine Dragons – July 4 Lucca; July 10 Verona

The Darkness – July 6 Legnano (Milano); Nov. 11 Milano; Nov. 9 Campino (Rome)

Wolfmother + G2uda – July 7 Padova

Ryan Adams – July 7 Rome; July 12 Gardone Riviera (Brescia)

Lauryn Hill + special guest Kasami Washington – July 8 Lucca; July 9 Rome

The Luminers – July 10 Rome; July 12 Villafranca (Verona)

Anastacia – July 12 Marostica

erakah Badu Mary J. Blige – July 12 Lucca

Milan Luminers – July 12 Villafranca (Verona)

Elton John and his Band – July 14 Monza

Robbie Williams – July 14 Verona; July 15 Lucca; July 17 Barolo

U2 – The Joshua Tree – July 15-16 Rome

George Benson – July 17 Marostica

Kasami Washington – July 19 Bologna; July 20 Rome

Red Hot Chili Peppers – July 20 Rome; July 21 Milan

Kasabian – July 22 piazzola sul Brenta (Padova); July 23 Padova; Nov. 3 Ascoli

Marilyn Manson – July 26 Villafracona (Verona)

Sting – July 27 Cividale del Friuli; 28 Monza

Joss Stone – July 28 Tarvisio (Udine)

Pet Shop Boys – July 31 Lucca

The Offspring – Aug. 2 Rome

Ben Harper – Aus. 10; 28 Pisa; 29 Palmanova (Udine)

Vasco – July 1-2 Modena

Renato Zero – July 1-2, July 4-6 Rome; July 29 Lajatico (Pisa); Sept. 2-3 Arena di Verona, Sept. 7 and Sept. 9 Taormina

Massimo Ranieri – July 7 in Venice

Edoardo Bennato – July 7 in Veggiano (Pavia); Nov. 11 Verona; Nov. 14 Rome; Nov. 16 Bolzano

Ennio Morricone – July 7 Rome; July 9 Lucca; Aug. 5 Verona

J-ax and Fedez – July 9 Lucca

Verona

J-ax and Fedez – July 9 Lucca

For a comprehensive list of festivals, concerts and upcoming sporting events, please see our Pinterest page, www.pinterest.com/usagvicenza.

Out & About

Jethro Tull by Ian Anderson – June 24 Sogliano al Rubicone (Forlì); June 26 Brescia

Depeche Mode – June 25 Rome; June 27 Milan; June 29 Bologna

Deep Purple – June 26 Casalecchio di Reno; June 27 Assago

The Beach Boys – June 27 Rome

Sean Paul – June 27 Padova; April 17 Milan

The Chainsmokers – June 28 Milan

LP – July 3 Rome; July 11 Lucca

Imagine Dragons – July 4 Lucca; July 10 Verona

The Darkness – July 6 Legnano (Milano); Nov. 11 Milano; Nov. 9 Campino (Rome)

Wolfmother + G2uda – July 7 Padova

Ryan Adams – July 7 Rome; July 12 Gardone Riviera (Brescia)

Lauryn Hill + special guest Kasami Washington – July 8 Lucca; July 9 Rome

The Luminers – July 10 Rome; July 12 Villafranca (Verona)

Anastacia – July 12 Marostica

erakah Badu Mary J. Blige – July 12 Lucca

Milan Luminers – July 12 Villafranca (Verona)

Elton John and his Band – July 14 Monza

Robbie Williams – July 14 Verona; July 15 Lucca; July 17 Barolo

U2 – The Joshua Tree – July 15-16 Rome

George Benson – July 17 Marostica

Kasami Washington – July 19 Bologna; July 20 Rome

Red Hot Chili Peppers – July 20 Rome; July 21 Milan

Kasabian – July 22 piazzola sul Brenta (Padova); July 23 Padova; Nov. 3 Ascoli

Marilyn Manson – July 26 Villafracona (Verona)

Sting – July 27 Cividale del Friuli; 28 Monza

Joss Stone – July 28 Tarvisio (Udine)

Pet Shop Boys – July 31 Lucca

The Offspring – Aug. 2 Rome

Ben Harper – Aus. 10; 28 Pisa; 29 Palmanova (Udine)

Vasco – July 1-2 Modena

Renato Zero – July 1-2, July 4-6 Rome; July 29 Lajatico (Pisa); Sept. 2-3 Arena di Verona, Sept. 7 and Sept. 9 Taormina

Massimo Ranieri – July 7 in Venice

Eduardo Bennato – July 7 in Veggiano (Pavia); Nov. 11 Verona; Nov. 14 Rome; Nov. 16 Bolzano

Ennio Morricone – July 7 Rome; July 9 Lucca; Aug. 5 Verona

J-ax and Fedez – July 9 Lucca

Verona

J-ax and Fedez – July 9 Lucca

For a comprehensive list of festivals, concerts and upcoming sporting events, please see our Pinterest page, www.pinterest.com/usagvicenza.
Three-day music festival offers free entrance, camping and more

VICENZA — This is the closest you can get to breathing in the air of the summer of ‘69 from Max Yasgur’s farm in Bethel, N.Y., where the original Woodstock Festival was held.

Italy’s version of this venerable event, called Brudstock, will take place in Vigonovo Di Fontanafredda, Pordenone (approximately 10km from Aviano) July 7-9. Brudstock, celebrating 20 years, is guaranteed to be a festival of three days of love, peace and music.

Visitors arriving to Fontanafredda should ask for the Agriturismo e Pesca Sportiva Le Orzize. This will be the site of this year’s festival.

All are invited to camp for free, where all-day fishing and hot showers are available. Food, however, is not free, but can be found at an outdoor kitchen designed for guest use. The local agriturismo will also be available and has all kind of specialties to satisfy the pickiest of tastes.

Brudstock will start off July 7 with The C. Zek Band, which will lead music lovers on a voyage through soul, blues and a touch of funk rock. Next on stage is Tolo Marton, an Italian guitarist who won The Jimi Hendrix Award in the United States with his song “Alpine Valley” in 1998. The award was even presented to him by Jimi Hendrix’s father. Finish the evening with Joe Valeriano, who plays a music mixture of everything from rock, soul and pop.

The second day of music will begin with Rock Sterea, an original rock cover band. Following Sterea, will be Jack Bon Slim Combo from France with their Boogie Rock, reminiscent of Rory Gallagher’s style. To close the evening, all the way from England, Hundred Seventy Split, with the original bassist of Ten Years After, Leo Lyons, who actually played at the original Woodstock. Lyons plays his bass in the same manner as he did at that unforgettable and unrepeatable concert. Afterwards, visitors can lay their heads down on their pillows and dream of the good old days and imagine they had been there.

On the third day, there will be a contest between five young bands, with musicians ranging from 16 to 28 years of age. The bands will perform music from the 1960s to 1970s. Winners will receive a video of their performance and an unknown “big surprise.”

Next enstage will be Alabama Band, whose guests are encouraged to dance to their country-inspired rock as they perform covers of The Eagles, Creedence Clearwater Revival, and Elvis Presley.

Finally, direct from Woodstock, will be Canned Heat playing the unforgettable “On the Road Again.” “Canned Heat will feature two original members, Adolfo “Fito” de la Parra on drums and Larry Taylor on guitar. Anyone curious who has the triple album of Woodstock handy should unfold the three sides and take a look: in the center, there’s a photo of Canned Heat playing with “Fito” on drums.

Also included for a fee, visitors can admire the motor show of classic cars, motorcycles, scooters, and trucks from the ‘70s. Despite the many major and minor groups that have played Woodstock over the years, this may be the last year that the festival takes place, as event planner and organizer Bruno Dotta has decided to retire after this year.

For more information and directions, check out the website www.brudstock.it.

Vicenza Field Office looks forward to providing these community awareness briefings. Participants can bring their Threat Awareness Reporting Network (TARP) briefings that are given every three months at the post theater. Attendees had the opportunity to attend a soccer match between BOSS participants and the Vatican Swiss Guard. The main themes for the training highlighted the fight against terrorism, threat indicators, foreign espionage targets and insider threats. Attendees had the opportunity to meet with Special Agents of the Vicenza Field Office and ask about current threats in the local area as well as on the installation.

Erica Storti pointed out that local national employees represent a valuable asset in the Army’s mission here in Vicenza. “Because of their knowledge of the community and language capabilities, it makes sense to brief the community on threats affecting all of us,” she said. “The detachment continues to serve our community,” Storti said comments for the new LEARN program have been very positive and the Vicenza Field Office looks forward to providing these community awareness briefings in the future.

The training will also be available for all Camp Darby local national employees June 27 from 10:30 to 11:00 a.m. at the Darby Post Theater.

“It is very important that we continue to serve our community,” Storti said.

Erica Storti, liaison and operations assistant for the Vicenza Field Office of 2nd Military Intelligence Battalion, provides training on force protection issues and concerns at the Caserma Ederle Post Theater. (Courtesy photo)

New program brings issues, awareness to local nationals

Vicenza — Approximately 120 members from the local national workforce attended the new community awareness program, LEARN (Local National Education Awareness Reporting Network) June 8 here at the Caserma Ederle Post Theater. Erica Storti, liaison and operations assistant for the Vicenza Field Office of 2nd Military Intelligence Battalion, provided the 45-minute training class, which covered the latest force protection concerns for the community.

The main themes for the training highlighted the fight against terrorism, threat indicators, foreign espionage targets and insider threats. Attendees had the opportunity to meet with Special Agents of the Vicenza Field Office and ask about current threats in the local area as well as on the installation.

Erica Storti pointed out that local national employees represent a valuable asset in the Army’s mission here in Vicenza. “Because of their knowledge of the community and language capabilities, it makes sense to brief the community on threats affecting all of us,” she said. “The detachment continues to serve our community,” Storti said comments for the new LEARN program have been very positive and the Vicenza Field Office looks forward to providing these community awareness briefings in the future.

The training will also be available for all Camp Darby local national employees June 27 from 10:30 to 11:00 a.m. at the Darby Post Theater.

“Save the date, clear your schedule and come join the Vicenza Field Office as we continue to serve our community,” Storti said.

The Vicenza Field Office also meets annual Army requirements for Soldiers, civilians, contractors and family members through the Threat Awareness and Reporting Program (TARP) briefings that are given every three months at the post theater. (Vicenza Field Office)