

Outlook

Vicenza and Darby Military Communities

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VICENZA HIGH SCHOOL HITS THE GRIDIRON AS SEASON KICKS OFF

**SKY SOLDIERS
FORGE WITH ALLIES
FOR IMMEDIATE
RESPONSE**

**PET
AWARENESS
DAY**

**VICENZA, DARBY
COMMUNITIES
COMMEMORATE 9/11**



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National Hispanic Heritage Month

"Hispanic Americans: Energizing Our Nation's Diversity"

15 September – 15 October 2015

During National Hispanic Heritage Month we honor Hispanic Americans and reflect on the invaluable contributions they have made and continue to make to our Nation. Diversity is America's strength and Hispanic Americans have greatly contributed to that strength through their military service and leadership.

We appreciate the dedicated service of the nearly 60,000 Hispanic American Soldiers who occupy positions of trust at all ranks. Our Army understands the power and potential created by embracing diversity. It is the Army's culture to value the strengths and experience of all while uniting as one professional fighting force.

We encourage the entire Army Family to honor the more than 236 years of Hispanic American military service to the U.S. Army by continuing to tell the Army story to diverse audiences. Together, we can increase awareness of the many educational and career opportunities available in our Army and ensure our force represents the strength of our Nation. Army Strong!


Daniel A. Dailey
Sergeant Major of the Army


Mark A. Milley
General, United States Army
Chief of Staff


John M. McHugh
Secretary of the Army



Remembering Gold Star Mothers

27 September 2015

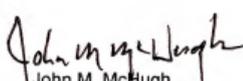
As a part of our ongoing commitment to honor our fallen Service members, the Army joins the Nation on 27 September in remembering the strength and sacrifice of our Gold Star Mothers. Since 1936, Congress has recognized mothers who lost a son or daughter in the defense of our great Nation by setting aside the last Sunday in September as a reminder that the price of protecting our Nation's freedoms and liberties is high.

Gold Star Mother's Day gives us an opportunity to remember and honor fallen Service members, and acknowledge the enormous burden their mothers continue to carry as they mourn the loss of their child. Despite their loss, these special women are dedicated to giving back to the military community. They carry forward their child's legacies of patriotism, bravery and courage. These mothers are the bedrocks of support and comfort to fellow survivors, setting examples of inspiration and resilience with those who share their unique bond.

Gold Star Mothers, as well as all Family members who are grieving a military loss, will always be cherished members of the Army Family. We will maintain our steadfast commitment to support these Families while honoring the legacies of their children's service and sacrifice to our Nation.


Daniel A. Dailey
Sergeant Major of the Army


Mark A. Milley
General, United States Army
Chief of Staff


John M. McHugh
Secretary of the Army

Speak Out

What do you love most about autumn?



Amanda Spanoudis

American Red Cross - Vicenza

"My list is too long! Autumn is my favorite season, but my favorite thing would have to be pumpkin spice everything."



Sandra Class

ASAP

"The changing colors of the leaves."



Roy Visonà

USAHC-Vicenza

"The colors and the facts that the summer heat is over."

On the cover

Vicenza High School football kicked off its season Sept. 18 at the field on Caserma Ederle. VHS Cougars played the Ansbach Cougars of Ansbach High School, Germany. Vicenza lost the game 48-16 to the defending Division II champions.

See pages 15 & 16 for more photos.

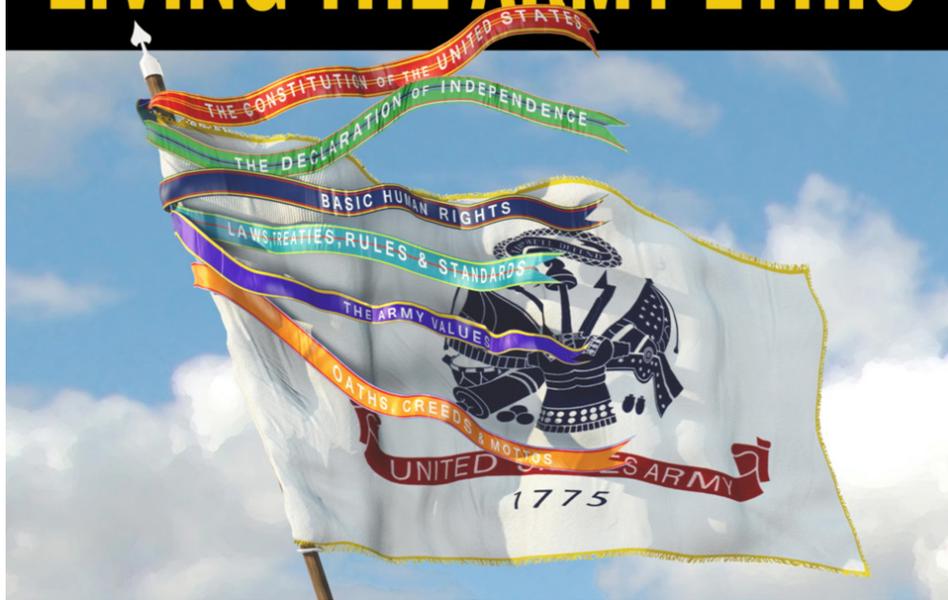
Photo by **Karin J. Martinez, USAG Italy PAO/Outlook Editor**

By
Laura Kreider

the outlook

3

LIVING THE ARMY ETHIC



Army ethics professionals talk about trust, character

By **Karin J. Martinez**
USAG Italy PAO

VICENZA -- Each year since 2012, Army leadership has announced an annual education and training theme. The training is developed in West Point, N.Y., at the Center for the Army Profession and Ethic (CAPE).

United States Army Garrison Italy was fortunate enough to have the opportunity to participate in this year's training from top professionals from the center, Sept. 15-17.

Sessions on this year's theme, Living the Army Ethic, were offered by Col. John Vermeesch, CAPE director, and Sgt. Maj. David L. Stewart, CAPE sergeant major, for military and civilian junior and senior leaders.

"The endstate is that we want a professional Army of trusted Soldiers and civilians who are inspired to honorably fulfill their oaths of service to the nation," he said.

Stewart offered thoughtful questions to the audience and requested participation. Most people were more than happy to oblige, and an interactive discussion about competence, character, and commitment ensued. All three C's, everyone agreed, were needed to establish trust.

"Trust is relational and emotional," Stewart suggested. "It is also systematic. We have trust in systems, and inside the Army, we have shared values and beliefs that often make it easier to trust."

The mission of the program is to reinforce trust, inspire honorable service, enhance esprit de corps, and strengthen the commitment to ethical, effective, and efficient stewardship of being an Army professional.

USAG Italy Command Sgt. Maj. Daniel Dennison,

said leaders should set the standard for living the Army ethic and being a trusted professional, especially because this community is living on foreign soil.

"The Italian government allows us to be here, and they expect that we'll treat their country-- and their people-- right," Dennison said. "And we [as Americans] expect the local nationals to work and assimilate in the Army values.

"We should be preventing misconduct and setting the example. We should be doing what's right, and we should be the standard."

Being inspired to live the Army ethic will ensure that happens. The Army ethic, according to CAPE literature, is more than just laws and regulations-- which are just minimal acceptable standards of conduct. It is a clear concept of what is morally and ethically correct. It motivates and guides conduct of those who are joined together in a common, moral purpose. The Army ethic requires that Army professionals be strong in character, full competent in their chosen career field, and committed to duty and mission accomplishment. There is doctrine that supports the concept: Army Doctrine Reference Publication No. 1 (ADRP 1).

The CAPE trainers requested that leaders go back and share the training with others.

"We only fail as an Army if you leave here and don't have another conversation about this," Stewart said.

For more information and training materials, go to www.cape.army.mil.

Sky Soldiers, allied forces gather for Immediate Response 15

By 1st Lt. Natalia Bailey
173rd Airborne Brigade

SLUNJ, Croatia -- More than 1,400 participants from Croatia, Slovenia, Bosnia and Herzegovina, Albania, Kosovo, Macedonia, Montenegro, the United Kingdom and the United States took part in the opening ceremony for Immediate Response 15, here Sept. 9.

Immediate Response 15 is a 13-day multinational, brigade-level, command post and tactical field training exercise running from Sept. 9 through 22. The exercise is designed to improve NATO interoperability and spans across both Croatia and Slovenia.

During the ceremony at Eugen Kvaternik Military Training Area, paratroopers from 54th Brigade Engineer Battalion, 173rd Airborne Brigade, along with soldiers from the Croatian Mechanized Battalion, Guards Armored Mechanized Brigade; the Slovenian 132nd Mountain Regiment, 1st Brigade; the Bosnian 1st Battalion, 4th Brigade; the Albanian 2nd Battalion, Red Forces



Multinational forces participate in the opening ceremony for Immediate Response 15 Sept. 9 at Eugen Kvaternik Military Training Area in Slunj, Croatia. Immediate Response 15 is a multinational command post and tactical field training. (Courtesy photo)

Brigade and the Macedonian Special Operations Regiment integrated their formations to form a multinational battalion, underscoring partnership and cooperation.

"This exercise started in 2005 as a train up to a deployment in Afghanistan," said Col. William Glaser, exercise co-director and director of 7th Army Joint Multinational Simulations Center.

"It grew from there to incorporate more multinational partners and increasing levels of complexity to get to where it is now. Training in Croatia and Slovenia affords us a unique opportunity to promote regional stability and security while strengthening mutual trust and interoperability."

Glaser's co-director, Croatian army Col. Denis Tretinjak, commander, Guards Armored Mechanized Brigade,

concurred and addressed the combined formation on building partner capacity to plan, prepare and execute joint and combined training in a real-time, realistic setting.

"[Our] tasks become more complex and uncertain with every day, and the only way to successfully respond to those challenges is to build strong and effective coalitions, especially through security cooperation," said Tretinjak. "In addition to technical interoperability, I am confident that the Immediate Response 15 will successfully continue to influence the human interoperability dynamic."

At the close of the ceremony, allied troops shared a meal together and embarked on a cultural experience to town to further cement bonds that should prove vital in this exercise and future operations.

WE'RE LISTENING, SO...
SOUND OFF!
—TellUSO.org—

From Sept 2nd - Oct 1st,
visit **TellUSO.org** and fill out
our online survey.



Paratroopers of 173rd Airborne Brigade hand out medical supplies to soldiers with the Ukrainian national guard Sept. 9 after a Fearless Guardian graduation ceremony in Yavoriv, Ukraine. (Courtesy photo)

Ukrainian troops complete rotation of Fearless Guardian

By **Sgt. Alex Skripnichuk**
173rd Airborne Brigade

YAVORIV, Ukraine -- Paratroopers assigned to 173rd Airborne Brigade finished the second rotation of Fearless Guardian here Sept. 9 with the graduation of more than 200 Ukrainian national guard soldiers from the Kiev and Kharkov regions.

The paratroopers are in Ukraine for Fearless Guardian at the request of the Ukrainian government to train several battalions of the newly established Ukrainian national guard. Training is scheduled to last six months. Fearless Guardian is the name for the congressionally approved, State and Defense departments initiative under the Global Security Contingency Fund-Ukraine.

A graduation ceremony at the International Peacekeeping and Security Center took place to

mark the end of training for the guardsmen.

"It has been a long road with an incredible amount of hard work," said Lt. Col. Michael Kloepper, commander, 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, to graduating soldiers. "You should be proud of yourselves. I have no doubt you are ready for whatever your nation asks."

Guardsmen were recognized for their outstanding performance during the ceremony with certificates awarded by the U.S. paratroopers they worked with.

Paratroopers have spent more than eight weeks training these soldiers from the Ukrainian national guard, beginning with individual soldier skills including movement techniques, marksmanship skills and first aid. The soldiers progressed to squad- and platoon-level exercises with the use of live ammunition, requiring the guardsmen to work together. Training culminated with

a two-day field exercise involving a fictitious scenario that tested the guardsmen on every level.

"The Ukrainian national guard have proven themselves to be competent and capable," said Capt. Zachary Savarie, commander, Company B, 2nd Bn. "The guardsmen are ready to do what their country asks of them."

After the conclusion of the ceremony, guardsmen and paratroopers said their good-byes and went their separate ways-- but not before being given a small present on behalf of 173rd Airborne Brigade. "We are giving the guardsmen some medical supplies for each individual soldier to take with him," said 1st Lt. Nathan Wu, medical platoon leader, Headquarters Co., 2nd Bn.

Preparation for the third rotation was already under way as the guardsmen prepared to leave and a new company of U.S. paratroopers arrived to train the next iteration.



Nation honors mothers

September 27 is Gold Star Mother's Day, dedicated to mothers whose lives have been changed forever through sons and daughters who sacrificed their lives in service of the nation.

Enacted June 23, 1936, the U.S. Congress designated the day as a national commemoration for the American people to pause and honor continued services of Gold Star mothers. The day is the last Sunday in September each year.

During World War I, Americans displayed flags in homes, businesses, schools and churches. The flags bore a blue star for each military service member. Families stitched a gold star over the blue to honor those who died in military service.

The Army joins all Americans in support of Gold Star Mother's Day with memorial events at Arlington National Cemetery, the Vietnam Veterans Memorial and the Tomb of the Unknown Soldier. Army leaders encourage department personnel everywhere to take time on this day to remember service members who have given their lives and recognize the sacrifices of the loved ones left behind. It is crucial that surviving military families know their sacrifices will not be forgotten.

The Army, on behalf of a grateful nation, salutes America's Gold Star mothers.

For more information about Gold Star mothers, see www.GoldStarPins.org. (From Department of the Army Stand-To Message)

Future Ranger courses remove gender barrier

WASHINGTON -- The Army announced this month that qualified personnel will be able to attend all future classes of its elite Ranger Course, regardless of gender.

Ranger School is the Army's premier small unit tactics and leadership school. Students who meet the standards of the course earn the Ranger Tab and serve in a variety of units across the Army.

Secretary of the Army John McHugh said, "We must ensure that this training opportunity is available to all Soldiers who are qualified and capable and we continue to look for ways to select, train and retain the best soldiers to meet our nation's needs."

"The Army's No. 1 priority is combat readiness, and leader development is a function of combat readiness," said Chief of Staff of Army Gen. Mark A. Milley. "Giving every qualified Soldier the opportunity to attend the Ranger Course, the Army's premier small unit leadership school, ensures we are maintaining our combat readiness today, tomorrow and for future generations."

All prerequisites for students attending the Ranger Course remain in effect, to include standards of medical fitness prescribed in Army Regulation 40-501, Chapters 2, 5 and 8. Find additional student requirements on the Airborne and Ranger Training Brigade website at <http://www.benning.army.mil/infantry/rtb/>.

Additional queries should be directed to LTC Jerry Pionk at 703-692-1281, or by email at jerome.l.pionk.mil@mail.mil. (Army Public Affairs)



Tell us how we're doing-- Go to the VMC ICE Site online. Click on the organization for which you have feedback. Share concerns, positive experiences and more through this customer evaluation system. www.usagvicenza.army.mil



Celebrating 117 years combined service

Four U.S. Army Africa Soldiers and one 173rd Infantry Brigade Support Battalion (ABN) received retirement honors during the Quarterly Retirement Ceremony at the Golden Lion. Retirees are, from left to right, Lt. Col. Mary J. Campbell (24 years of service); Capt. Katherine M. Rodriguez (22 years of service); Chief Warrant Officer Jeremy A. Hamrick (20 years of service); Sgt. Maj. Mari K. Sidwell (29 years of service); and 1st Sgt. Patrick T. Brown (22 years of service). (Photo by Paolo Bovo, 7th JMTC - RTSD South)

More photos can be found on our Flickr site at <https://www.flickr.com/photos/usagvicenza/albums/72157656656545734>.

Sleep issues bedevil Soldiers' health

By **David Vergun**
Army News Service

WASHINGTON -- "I didn't realize that all this time I've been in a formation of drunks," the noncommissioned officer told Lt. Col. Kate E. Van Arman.

The NCO was referring to a quote Van Arman repeated to him from her top boss, Surgeon General of the Army Lt. Gen. Patricia Horoho: "If you have fewer than six hours of sleep for six days in a row ... you are cognitively impaired as if you had a .08-percent alcohol level. ... We never will allow a Soldier in our formation with a .08-percent alcohol level, but we allow it [sleep deprivation] every day [in Soldiers who have] to make complex decisions."

Adding to Horoho's point, Van Arman said that after being awake 17 hours, response time has been shown to be the equivalent to a person with a blood alcohol content of .05 percent and 24 hours awake translates to a blood alcohol concentration of .10 percent.

Van Arman, medical director, Traumatic Brain Injury Clinic at Fort Drum, N.Y., spoke at the 2015 Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, held at the Defense Health Headquarters in Falls Church, Va., Sept. 9.

Although her topic was "Sleep Disorders among Military Mild TBI Patients," much of what she said applies to all Soldiers, whether or not they have TBI.

Sleeplessness in the Army

It's not just the Soldiers partying all night who lack sleep, Van Arman said. Demands of Army life are responsible for a lot of it. For instance, Soldiers who misbehave can be ordered to do extra duties as punishment, up until midnight, she said. Assuming that reveille is at 6 a.m., that's six or fewer hours of sleep.

Staff duty often requires the Soldier to be awake for 24 hours, she



Soldiers from 509th Parachute Infantry Regiment, are shown during a 19-hour flight from Alaska to Australia trying to get some sleep on the floor and seats of a Royal Australian Air Force C-17 Globemaster, July 8, during Exercise Talisman Sabre 15. Deployed Soldiers average just three hours of sleep a night. (U.S. Army photo)

added. When the pre- and post-briefs are added, it's closer to 30.

Overall, one-third of military members sleep fewer than five hours per night and two-thirds less than six, she said.

Deployed Soldiers get an astonishing average of just three hours of sleep per night, she said, particularly those serving in the combat arms branches, although it's not for lack of them trying to sleep. Those deployed or on extended exercises attempt to catch winks whenever or wherever they can, on the ground or when being transported in vehicles or airplanes. A lot of it, is fitful sleep which throws off their circadian rhythms, she said. The battlefield, even the peacetime "battlefield," can be a noisy place with others snoring, lights, helicopters flying and so on, not to mention weather conditions.

While being sleepless in the Army seems to be the norm, there are other professions that have sleepy people, particularly in jobs where that sort of thing would be concerning. For instance, 72 percent of U.S. commercial airline pilots reported being drowsy to the point of nearly falling asleep and 45 percent of all pilots admitted to actually dozing off on occasion, she said.

ed, not surprisingly, in a "culture of caffeine," Van Arman said. During a recent visit to the Fort Drum shop-pette, Van Arman said she noticed "a big refrigerator of monster sodas and energy drinks popular with young Soldiers."

Last year energy drinks in the United States netted \$27.5 billion and energy drink consumption has gone up 5,000 percent since 1999, she noted.

A meta-analysis of caffeine on cognitive performance showed that 100 to 300 milligrams of caffeine results in mood improvement, she said. That's about one or two cups of coffee. Anything greater than 400 mg, though, results in mood deterioration, she said, adding that while the extra caffeine may result in a person staying awake, it may not improve decision-making.

Another thing to be careful about with caffeine, she said, is not to take it within six hours of bedtime, as it will result in fitful sleep.

Erectile dysfunction

When Van Arman was stationed at Fort Bragg, N.C., she said she was surprised to see a lot

'Culture of caffeine'

All this sleeplessness has result-

Criminal Investigation Command seeks Soldiers

By **Mary Markos**
CID Public Affairs

WASHINGTON -- "Wanted."

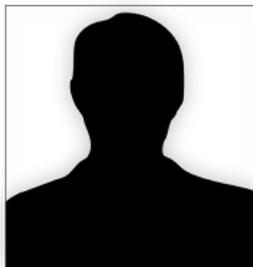
The word placed in bold letters across a poster with the U.S. Army Criminal Investigation Command badge incites fear in criminals around the world.

The latest "Wanted" poster released by the U.S. Army Criminal Investigation Command; however, is seeking assistance of a different kind. Commonly known as CID, the command is seeking applications from qualified Soldiers to train and serve as sworn federal law enforcement agents.

CID and its agents support the Army in peace and war, by investigating felony-level crime that has an Army nexus. From homicide to contracting fraud, CID's reach covers the globe and helps keep the Army community safe with one of the highest crime solve rates in modern law enforcement.

"If you want to do real detective work, if that is where your heart is, Army CID is where you need to be," said Chief Warrant Officer 5 John Welch, the command's chief warrant officer. "That is what we do day-in and day-out."

CID special agents are on the cutting edge with the latest in criminal investigative tactics and techniques and receive some of the best training available in law enforcement today. Agents are supported by a world-renowned criminal forensic laboratory and



DESCRIPTION

Special agents from the U.S. Army Criminal Investigation Command are seeking your assistance in finding qualified Soldiers to become CID Special Agents and join the Department of Defense's premier investigative organization. CID Special Agents are highly-trained federal agents who conduct criminal investigations that range from homicide to fraud, and when appropriate, work in conjunction with local, state, and other federal investigative agencies.

CID Special Agents also conduct computer crime investigations, polygraph services, criminal intelligence collection and analysis, and provide personal security services, much like the U.S. Secret Service, for key DoD and Army officials. CID agents also provide a variety of other services normally associated with modern law enforcement activities.

SHOULD BE CONSIDERED EXTREMELY MOTIVATED

As a CID Special Agent you will be on the cutting edge of criminal investigative tactics and techniques and receive some of the best training in law enforcement today. CID agents are supported by a world-renowned criminal forensic laboratory and have the opportunity to pursue education at the FBI National Academy, Metropolitan Police Academy at Scotland Yard, the Defense Academy of Credibility Assessment, and the Canadian Police College.

REWARD

By joining CID you will be on the fast-track to become a sworn federal law enforcement agent investigating felony-level crime with training and experience second to none.

JOIN TODAY - GO TO WWW.CID.ARMY.MIL TO APPLY OR CONTACT YOUR LOCAL CID OFFICE



have the opportunity to pursue education at the FBI National Academy, Metropolitan Policy Academy at Scotland Yard, and the Canadian Police College.

"Our mission is felony investigations and anything associated with Title 10 criminal investigations," Welch said. "We work hand-in-hand with U.S. attorneys, local law enforcement agencies, the FBI, DEA [Drug Enforcement Administration], and ATF [Bureau of Alcohol, Tobacco, Firearms and Explosives]."

CID special agents also conduct computer crime investigations, polygraph services, criminal intelligence collection and analysis, and provide personal security services, much like the U.S. Secret Service, for key Department of Defense and Army officials.

For many CID special agents like

Welch, the mission is second to the difference they make.

"There is no better feeling than helping people through your investigative efforts, whether it be helping an individual or helping a community," he said.

"Wanted" Soldiers must be U.S. citizens at least 21-years-old and a maximum rank of sergeant [non-promotable].

Promotable sergeants and staff sergeants with one year or less time-in-grade may apply with a waiver. All applicants must have at least two years - but not more than 10 years time-in-service, have an ST score of 107 or higher [110 or higher if tested prior to Jan. 2, 2002], have at least 60 college credit hours [waiver of up to half of this prerequisite may be considered], and have normal color vision and no record of mental or emotional disorders.

Additionally, they must be able to speak and write clearly, attain and maintain a Top Secret-Single Scope Background Investigation security clearance, no record of unsatisfactory credit, and no felony or court-martial convictions. Lastly, they must be able to complete 36 months of service obligation upon completion of the CID Special Agent Course.

Soldiers with a passion for real detective work and the above qualifications are "Wanted" by CID and can start the application process at www.cid.army.mil.



Need military police assistance?

Call the Vicenza MP desk toll free, anywhere in Italy.

0800-064-077

112

Your link to emergency services in the EU

By **Raymond S. Jackson**
USAG Italy Emergency Manager

VICENZA -- Are you prepared to deal with an emergency while at work, home, travelling throughout Italy or the different countries in the European Union?

September is National Preparedness Month, and the goal is to increase United States Army Garrison Italy personnel and visitor preparedness for all emergencies. One crucial aspect of preparation is knowing emergency phone numbers.

The European Union has a standardized emergency phone number to reach the local community emergency services, and it is 112.

112 is the emergency phone number available everywhere in the EU. Dial the toll free

number from mobile and landline phones; it connects users to any emergency service (medical, fire, police).

When you call 112, a specially trained operator will answer the call, and depending on the country, the operator will either deal with the call directly or transfer the call to the most appropriate emergency service. Operators in most countries can answer the calls in their national language, English, and/or French. If callers do not know where they are, the operator can identify physical location and will pass it to emergency authorities to provide immediate attention.

Operators for the 112 line, just like their 911 counterparts in the United States, do not provide traffic and weather reports or general information. They are there to dispatch emergency services.

Additionally, as with 911 in the States, calling 112 as a joke, or calling and then hanging up is considered a prank call. In most countries, prank calls are considered a criminal offense and callers can be fined.

Making such prank calls not only wastes the time and money of emergency operators, it can also be dangerous to tie up the operator while someone with a real emergency can't get the help they need.

Here in Italy, 112 does not replace, but operates alongside existing national emergency numbers. See the boxes below for emergency numbers available in Italy.

For questions, concerns or preparedness assistance, contact the USAG Italy Emergency Management Office at DSN 637-8015/8022 or email them at usarmy.vicenza.imcom-europe.list.emergency-managers@mail.mil.

Medical

118

Fire

115

Police

113

**On post:
Villaggio housing in the
Vicenza Military
Community**

**MP Desk-- Medical, Fire,
Police**

DSN

**634-
7626**

COMM (toll free)

**800-
064-
077**

**On post:
Darby Military Community**

**MP Desk-- Medical, Fire,
Police**

DSN

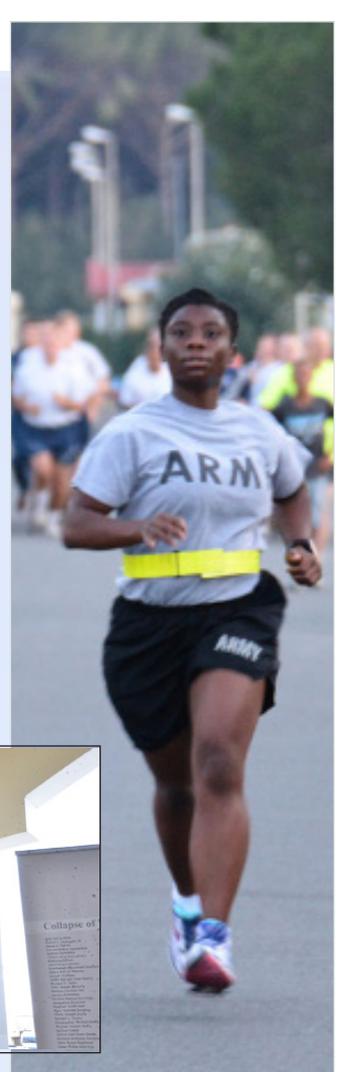
**633-
7575**

COMM (toll free)

**050-54-
7575**

Reflecting on 9/11

Community members from the Vicenza Military Community and Darby Military Community took time on Sept. 11 and throughout the weekend to remember the lives lost on that day through various activities and events.



(Above & right): Runners from Camp Darby started early with their tribute run. (Photos by Chiara Mattirola)



Wesley A. Leisinger (right), deputy to the garrison commander, U.S. Army Garrison Italy, and Command Sgt. Maj. Daniel D. Dennison, USAG Italy, attended the official opening ceremony of the historical Fiera del Soco in Grisignano di Zocco hosted by Mayor Lorenzo Lotto Sept. 12. While there, the two spent some time with a local World War II veteran. (Photo by Anna Ciccotti)



(Above left): Part of the moving tribute wall at Caserma Ederle. (Above): Bill Murphy, who works at the USAG Italy Plans, Analysis, and Integration Office, pauses to read the moving tribute wall. The wall was created with a timeline and listed names of all 9/11 casualties. It was placed at the solidarity run in the morning, then moved to the Post Exchange for the remainder of the day. (Photos by Karin J. Martinez)



More than 200 people gathered for the 9/11 Commemoration at Villa Caldogno Sept. 11. After remarks from American and Italian authorities, attendees enjoyed a concert performed by the Vicenza High School Chorus directed by Gary Marvel (standing, left), VHS director of music studies, and accompanied by the young musicians of the downtown Vicenza Orchestra d'Archi. (Photo courtesy of 9/11 Italian American Cultural Association)

To view more photos of these events, go to the USAG Italy Flickr site, <https://www.flickr.com/photos/usagvicenza/albums>.



Ready, aim, fire!

(Left) U.S. Navy sailors assigned to USS Mount Whitney fire with M-9 Beretta pistols during marksmanship training at the indoor range, Caserma Ederle, Sept. 10. (Right) Sailors engage targets in with the M-9 pistol at the Engagement Skills Trainer. The virtual firearms simulator allows soldiers to practice marksmanship skills and engage in realistic scenarios. (Photos by Davide Dalla Massara, 7th JMTC-RTSD South)

HEADS UP, PHONES DOWN

As children march out the door to school parents are understandably concerned about their safety. Justifiably so.

According to a study by SafeKids.org, cars hit 61 children every day in the United States, most often during the hours before and after school. This number peaks in September as everyone is getting into the routine of going back to school.

Historically, pedestrian accidents affected children, the intoxicated or the elderly, said Dr. Dietrich Jehle, professor of emergency medicine at the University at Buffalo. But there has been a demographic shift. Cell phone related injuries have skyrocketed over the past 10 years, coinciding with the rise of smartphones. Distracted walking results in more

injuries per mile than distracted driving.

According to Jehle, pedestrians face three types of distraction: manual, in which they are doing something else; visual, where they see something else; and cognitive, in which their mind is somewhere else. A study at Stony Brook University found that when people used their cell phones while walking, they veered off course 61 percent more and overshot their target 13 percent more than when they were not distracted.

Doctors treat tens of thousands of pedestrians in emergency rooms across the nation each year, and Jehle believes as many as 10 percent of those visits result from accidents involving cell phones. He says the number of mishaps involving texting and walking is likely higher than official statistics suggest, as patients tend to underreport information about themselves when it involves a behavior that is embarrassing. With social media so pervasive, texting isn't the only concern. It's not uncommon to find a person walking, head down, scrolling through their

Twitter feed or checking email.

A study from Ohio State University found that the number of pedestrian ER visits for injuries related to cell phones tripled between 2004 and 2010 — even though the total number of pedestrian injuries dropped during that period.

So before children head out the door on their way to school or various other locations, remind them of these year-round safety tips that are good for anyone:

Cross only at crosswalks.

Look left, right, then left again before crossing the street.

Always walk on the sidewalk if one is available; if a child must walk on the street, he or she should face oncoming traffic.

Be aware of the surroundings.

Stay off electronic devices while walking or driving.

Keeping these things in mind could save their lives. Army changes."

(Compiled from safety reports)

SLEEP

Continued from page 8

of special forces Soldiers in their 20s who stopped by the pharmacy for pills to help with erectile dysfunction. Their testosterone levels were around 200 nanograms per deciliter, when it should have been around 500 or more. She said she'd tell them, "Your testosterone levels are that of a 60-year-old man because you're getting crappy sleep."

The brain is sensing stress so to conserve energy, it's not making testosterone, she explained. Instead, it makes the stress hormones associated with fight-or-flight survival.

"Once you get better sleep, testosterone levels are going to go up and ED issues will improve," she said.

'Quick reaction force brain'

Soldiers in the field are expected to be able to pack up and move out on a moment's notice, even if it's in the middle of the night, Van Arman said. Often, Soldiers won't know what time that will be so the training will be more realistic.

She referred to this situation as the "quick-reaction-force brain" needed for this mindset.

Dr. Robert Sapolsky, a biologist at Stanford University, conducted research along these lines, she said. Sapolsky divided test subjects into three groups. The first group went to a sleep lab where they were told they would get a good night's sleep, but be awakened at 6 a.m. The second group was told they'd be awakened once every three hours, and the third group was told they'd be given no warning at all when they'd be woken up -- similar to the quick reaction force.

All subjects from all groups were hooked to an IV while they were sleeping so blood could be drawn periodically to determine cortisol levels, meaning the amount of stress hormones present in the bloodstream.

For the first group, cortisol levels spiked 30 to 60 minutes before 6 a.m. That meant, Van Arman said, that the sleepers were subconsciously

anticipating being awakened and became stressed close to that time.

For the second group, the cortisol levels spiked 30 to 60 minutes before each and every one of the three-hour periods they were told they'd be awakened.

For the third group, the cortisol levels remained elevated the entire night, meaning that instead of having restful sleep, they had stressful sleep the entire night, she said.

High cortisol levels, she noted, have been associated with higher-than-average rates of cardiovascular disease.

Other studies

A separate study done in the United Kingdom in 2012 showed more than 700 genes being adversely affected by sleep deprivation, she said.

Anecdotally, Van Arman said Soldiers on Fort Drum told her that when they go to the rifle range and they're sleep deprived, it takes them three times longer to qualify. This provides a dilemma to commanders, she said. Is it better to train Soldiers as they fight or save on time and ammunition by allowing Soldiers adequate sleep time before live-fire training?

Other studies have shown that people who are sleep deprived have memory challenges. This could affect sleep-deprived Soldiers studying for a promotion exam or learning new tactics, techniques or procedures, she said.

Another study shows that sleep deprivation intensifies pain. She said a lot of Soldiers at Fort Drum are infantry and have sore backs from carrying heavy loads. Sleep deprivation intensifies that pain.

TBI Soldiers

Sleep problems are the absolute No. 1 military disorder when people come back from deployments. Among TBI Soldiers, it is the No. 2 problem, after headaches," Van Arman said. Sleep disorders include insomnia, sleep apnea, nightmares, fragmented sleep, restless leg syndrome and bruxism (grinding of teeth).

Some 300,000 military members have some form of TBI, so that's a pretty significant number, she said, providing a number of other facts and statistics of service members with TBI:

- 97 percent complain about some sort of sleep problem, primarily insomnia
- 34 percent have sleep apnea
- 90 percent report napping during the day
- 50 percent have fragmented sleep

Regarding fragmented sleep, the average person awakens three to five times per night, Van Arman said. An Army specialist who was treated for mild TBI was put in a sleep lab and monitoring results indicated that he awoke 529 times in a single night.

Exciting developments

Van Arman said medical researchers are working on a host of problems relating to sleep disorders and there will most likely be effective treatments ahead. For example, researchers are close to being able to provide imaging that shows changes to the brain resulting from TBI. Currently, TBI is largely based on self-reporting and incident reports.

For sleep apnea, a new device may soon be in the offing that will sense when sleep apnea is about to occur and prevent blockage of breathing.

Advances are being made in other areas that include therapies and pharmacological interventions, she said.





Grilling in Grisignano

Six Soldiers from the Vicenza Military Community participated in the first USA vs. Italy Barbeque contest organized by the town of Grisignano di Zocco Sept. 13 as a part of the friendship building initiatives between the Italian and American communities.

(Photos by Anna Ciccotti/USAG Italy)



NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

OCTOBER 2015



5K Run for Resilience

Ederle Track and Field

October 2

6 a.m. - Race Registration

6:30 a.m. - Race Begins

Raise awareness of domestic abuse.

Runners, joggers and walkers welcome





Children participate in the Pillowcase Project at Caserma Ederle library Sept. 19.

Red Cross pillowcase project prepares children for emergencies

Story and photo by **Laura Kreider**
USAG Italy PAO

VICENZA -- What would you do in an actual emergency? How would you be ready to face a hectic and traumatic situation?

To answer these and other questions, an idea was born and developed after Hurricane Katrina, and has since become known as The Pillowcase Project.

In conjunction with National Emergency Preparedness Month, the Vicenza American Red Cross coordinated the event at the post library Sept. 17 with 33 children in attendance.

The purpose of the event was to teach children from four to 12 years old about the importance of being prepared for emergencies, as well as how to create and pack an emergency kit in a pillowcase.

"As we all know, disasters can strike quickly and without warning," said Mary King, ARC Public Relations and Communications lead. "While these events can be frightening for adults, they can be traumatic for children, particularly if they don't know what to do," she said.

King explained that in the emergency shelters opened in the days and weeks following Hurricane Katrina, volunteer Red Cross shelter workers began to notice a pattern. Many children entered the shelters carrying pillowcases containing their cherished and basic possessions: a stuffed animal, a special blanket, a favorite book, and, in many cases, not much more.

"Generally given as a 60-minute presentation by Red Cross volunteers, the program leads students through a 'learn, practice, share' framework to engage them in disaster preparedness," she continued.

After the presentation, children were provided a pillowcase upon completion of the program in which they were encouraged to build their personal emergency supplies kit.

"The response from the children was very positive. They were engaged and interacted for the entire class, and seemed eager to participate in the creation of their own very creative pillowcase designs," said King.

See more photos from the Pillowcase Project on Flickr: <https://www.flickr.com/photos/usagvicenza/albums/72157656658503324>.

Speak Out

What do you love most about autumn?



David Leinberger

Deputy Garrison Manager (DMC)

"The weather, which is good for long bike rides."



CW4 Alessandro Gabrielli

IBC

"I love the weather. It is not so warm, but not cold yet."



Michela Tuffili

Family member

"I do not like bees, so for me the best is that they finally go away and the temperature lowers."

By
Chiara Mattiolo

Angel dogs

Exceptional family members spend time with furry friends for some feel-good dog therapy

Story by **Leigh Ann Strain**
EFMP Program Manager

VICENZA-- Approximately 20 family members participated in Angel Dog Therapy Evaluation Day Sept. 12 here through the Exceptional Family Member Program.

Angel Dog Vicenza is a pet therapy program run by the local Italian dog pound. They go to schools, hospitals, homes, and organizations providing educational and therapeutic consultations and relaxation to people. The group brought four dogs with them to the ACS lobby to work with participants. In attendance that day were six exceptional family members with varying diagnoses, as well as a Soldier from the Warrior

Transition Unit and his family.

Angel Dog geared sessions to the needs of the group. Children who were scared of dogs were paired up with a smaller breed, and the others worked with Golden Retrievers. By the end of the day, children initially afraid of the dogs were no longer fearful and were, in fact, eager to play with the dogs.

Families were able to see what the program was about and were provided information about how to continue with the organization.

The event was deemed a success by all involved, and similar events are being planned for the near future.



Angel Dog Vicenza came to Caserma Ederle Sept. 12 for Angel Dog Therapy Evaluation Day as part of the Exceptional Family Member Program through Army Community Services. The program is run by the local Italian dog pound, canile. (Courtesy photo)



WWII commemoration

A ceremony commemorating the memory of 250 fallen Soldiers of the Alpine Division "Monte Ortigara" and local partisans killed in the massacre of Granezza during World War II was held Sept. 6 in Asiago. Representing the Vicenza Military community was (left) Capt. Harrison M. Zabell, commander, Headquarters and Headquarters Company, U.S. Army Garrison Italy, who honored the invitation received by the mayors of Asiago, Lusiana and Lugo di Vicenza.

(Photo by Marco Ravazzolo/USAG Italy)

SERVICE DOGS



Before grooming the animal, Spc. Stephone Carmichael, patient and Soldier in transition with Warrior Transition Brigade-National Capital Region, checks service-dog-in-training Annie for any lumps or other potential health concerns during a training session of the Wounded Warrior Service Dog Training Program at Naval Support Activity Bethesda, Md.

Warriors receive therapy through training program

Story and photo by
Sgt. 1st Class Jon Cupp
Warrior Transition Brigade-National
Capital Region Public Affairs

NAVAL SUPPORT ACTIVITY BETHESDA, Md. -- Wounded, ill, and injured warriors seeking to treat many of the unseen symptoms of stress have an internship at their disposal designed to help them face those challenges through interaction with a few eager canine companions.

The Walter Reed Wounded Warrior Service Dog Training Program internship provides therapy while allowing service members on Naval Support Activity Bethesda, Md., and Fort Belvoir, Va., to train dogs, later to be given to other disabled warriors.

"The program can help people who have trauma, depression, anxiety and stress," said Col. Matthew St. Laurent, chief of occupational therapy/departments of rehabilitation for the Walter Reed National Military Medical Center, and a

Portsmouth, New Hampshire native, who oversees the program.

"We all know that through the human-animal bond there is an endocrine hormonal production going on called oxytocin which is a 'feel good' hormone," St. Laurent said. "So training a service dog can help someone." People on care teams-- to include nurse case managers, primary care managers, occupational therapists, recreational therapists, or social workers-- recommend service members for the program.

Once accepted, the service member goes to work in train-the-trainer sessions. Service members first spend time developing a bond with the dogs. Over the course of the program, participants learn how to groom the animals, brush their teeth, clip their nails, and train the dogs to ignore distractions and teach the dogs various tasks that will allow them to assist veterans who have physical disabilities.

Service dogs learn as many as 90 tasks during training to include picking up dropped keys, retrieving items from the refrigerator, helping people un-

dress, open doors and turn off light switches, among a host of other duties.

One of the biggest aspects of therapy with dogs involves emotional regulation, a complex process that includes the ability to regulate one's state or behavior, said Emily Mittelman, clinical service dog instructor.

"We want to make sure that whatever task we are training the dog to do that we're giving positive reinforcement so we are rewarding the dog for good behavior," Mittelman said. "Which means the dog is going to want to do it over again."

A local non-profit organization that breeds the dogs specifically to be service animals loans the dogs used for the program. The program receives them when the dogs are about 16 weeks old.

Once dogs complete the program at about two years old, they return to the non-profit organization and partake in a graduation ceremony. Then they are placed with a wounded, ill or injured veteran.

Currently, there are about 12 dogs being trained by wounded warriors at both NSAB and Fort Belvoir.

Kick off!

Vicenza sees Friday night lights at first game of season

VICENZA -- Vicenza High School Cougars played the first game of the DoDDS- Europe football season Friday, but lost 48-16.

The VHS Cougars played the Cougars from Ansbach High School, Germany, at Caserma Ederle. Ansbach is the defending Division II champion. Vicenza's Max Monnard put his team on the scoreboard.

(See more photos on Flickr <https://www.flickr.com/photos/usagvicenza/albums/72157658541326189>.)





Photos by
Laura Kreider
USAG Italy PAO

Strong G.I. imprint shows up on the field this season

By **Keith Oliver**
Soldiers Magazine

Faintly echoing a World War II era that saw dozens of college and professional stars putting on the pads following their service obligations, this autumn's football scene features a U.S. Army presence that's spicing up the game like hot sauce on chow hall eggs.

Among the NFL aspirants receiving the most chatter during preseason drills has been the St. Louis Rams' Daniel Rodriguez, an NCO in Iraq and Afghanistan who was awarded a Purple Heart and Bronze Star with Combat "V" for valor. He followed his distinguished battlefield service with achievement in the classroom and on the football field at Clemson University and, so far, the Rams like what they see.

Going into the final cut, Sept. 5, Rodriguez fielded kick-offs, punts and passes during exhibition games and earned a first-to-show, last-to-leave practice reputation with the Rams.

Joining him on the preseason national television stage has been Nate Boyer, another NCO who was the Texas Longhorns' long snapper following a deployment to Iraq. He was later commissioned in the Texas National Guard and, after a tour in Afghanistan and graduation ceremonies in Austin, got a try-out with the Seattle Seahawks.

Although released by the reigning conference champs after the second preseason game (he took seven successful snaps in that contest), Boyer could get a shot from another team.

Both warrior-leaders have been on the motivational speaker circuit in addition to staying in top football shape and continuing to pursue that particular dream. Daniel has also written a book, while Nate pursues filmmaking among other creative enterprises.



(Above) Tehuti Miles, a 10th Mountain Division veteran who served in Afghanistan, now finds himself on the roster of the University of Maryland Terrapins. (Photo courtesy of the University of Maryland Football Communications Office)

(Right) Former U.S. Army 1st Lt. Collin Mooney, who holds West Point's all-time single-season rushing record, began his NFL career with the Tennessee Titans. This preseason, he's been turning heads with the Atlanta Falcons. (Photo courtesy of SportsNashville.net)



'Long Gray Line'

At least four former West Point stars got looks this summer, including 2009 grad Collin Mooney, a fullback who had been with the Tennessee Titans for two years in a largely practice and reserve role as he juggled military duties. The lumbering fullback with good hands has been enjoying a very solid preseason with the Atlanta Falcons, including a 60-yard catch-and-run against the New York Jets.

Sergeant Maj. Nathan Espey, who was Cadet Mooney's Company Tactical NCO at West Point, said he's the real deal.

"He was always a leader of character," said Espey, who has known the young officer since Mooney reported to the U.S. Military Academy at 18. "He was, and is, strong and honest. If there was anyone willing to go the extra mile to help someone, it was him."

Now stationed at Fort Meade, Md., Espey "never lost contact with Collin. Many of my cadets touch base with me from time to time for advice or just to let me know how they're doing, and he was no exception."

Espey got a call from Mooney in May telling the more seasoned leader to "be sure to watch ESPN later today." Mooney wouldn't say why. "It's a surprise," he said.

And special news it was, since Espey and his son, Stephen, are both huge Falcons fans. "Yeah, he got us," Espey said.

United States Military Academy alumni Alejandro Villanueva (Pittsburgh Steelers), and Trent Steelman (Baltimore Ravens) switched positions in their quest to play at the next level.

While Trent was one of college football's most prolific rushing quarterbacks during his four years as Army's starter, he knew he didn't have the size or the classic drop-back pedigree to be an NFL signal caller – so he has converted to wide receiver.

It appears that Villanueva



Ceramics museum

Wesley A. Leisinger (far left), deputy to the garrison commander, U.S. Army Garrison Italy, visited the Ceramic Festival in Nove Sept. 13 to honor an invitation received by Mayor Chiara Luisetto. The visiting party had an opportunity to visit the local ceramic museum and learn about the secrets of ceramics from local artisans of two factories.

(Courtesy photo)

IMPRINT

Continued from previous page

adjusting from wide receiver to offensive tackle after a collegiate career that made great use of his towering 6-foot-9-inch height.

Trent was cut by the Ravens last weekend, but according to his agent Washington attorney Scott Bergman, “three NFL teams have already shown interest.”

Another West Pointer, running back Raymond Maples, received an invitation to the Green Bay Packers rookie mini-camp but did not make the cut. Maples, whose school rushing production (nearly 2,900 yards) was exceeded only by legendary Heisman Trophy recipient Glenn Davis, remains on Green Bay’s call-back list, even as he juggles active service requirements.

Bergman, who also represents Maples, reports that the Seahawks have inquired about the Philadelphia native.

College ball, too

But it’s not just about the pros in 2015 – certainly not if you’re a Maryland Terrapin about to enter your second season in the Big Ten. That would be Tehuti Miles, a running back from Hammontown, N.J. and an Afghanistan-seasoned Soldier who fought with the storied 10th Mountain Division, located in

Fort Drum, N.Y.

He also fought to get into college. Maryland would not accept him without some college credits on his transcript, so he took classes at nearby Prince George’s Community College, then wore down the coaching staff into giving him a walk-on opportunity.

Miles has twice received weekly team honors for his practice squad work on offense and special teams, impersonating the opposition, but this should be the year he actually sees collegiate playing time.

“He could realistically become a regular special teams contributor,” says Maryland Sports Information staffer Ryan Connors. “Tehuti has the raw strength and athleticism to chase down and lay out kick and punt returners.”

At Austin Peay State University in Clarksville, Tenn., recently retired Green Beret Bobby Brockley did the same thing as Tehuti Miles – about 20 years ago.

He served a two-year hitch in the Army and then played football at Worcester State College in Massachusetts before eventually going back into battle dress. Six combat tours and five Bronze Stars later, the now-retired chief warrant officer is the tight ends coach at Austin Peay.

The university’s Colby Wilson said that Brockley pursued his chosen post-service career with passion, visiting Tennessee State to observe practice between deployments and taking leave in order to join the coaching staff of the Professional Indoor Football League’s Nash-

ville Venom.

He wore his first whistle shortly after his own college graduation, taking over defensive line duties at tiny Sienna College in upstate New York, a school that was just bringing football back after a brief hiatus.

Love of the game

Is football in the Army’s DNA? Some would say so, given the pick-up “Sand Bowl” games that are being played in the Middle East at this very minute.

Consider the tradition of “Service Ball,” with line units — pads and all — duking it out for bragging rights on installations throughout the Army; the compelling stories of a Rocky Bleier or a Pat Tillman; or the gridiron colloquialisms that have for years dominated the Army vocabulary.

Yet, a sense of perspective remains. Ken Kraetzer, who covers West Point football for WVOX AM out of New Rochelle, N.Y., recalls being in the locker room when “Ali” Villanueva finished the last game of his collegiate career.

“That was fun,” he said. “Now it’s time to go lead a platoon.”



(Above) Tourists may be surprised to find a museum dedicated to Ernest Hemingway in Italy. Take a stroll through to discover a part of the writer's life you may not have known about.

(Right) *Fiesta* is the title also known as *The Sun Also Rises*, a 1927 Hemingway novel. The title *Fiesta* was used in countries other than the United States.



Travel Italy

The Hemingway and Great War Museum

Story and photos
by **Karin J. Martinez**
USAG Italy PAO

BASSANO DEL GRAPPA -- Tourists are able to visit American writer Ernest Hemingway's childhood home in Oak Park, Ill., the house where he lived and worked in Key West, Fla., and even the home he made outside of Havana, Cuba.

For Hemingway fans living in or visiting Italy, there is yet another place to go where one can pay homage to one of the masters of minimalistic writing: Just head north for about 45 minutes to Bassano del Grappa, at the mouth of the Brenta River, to tour the Hemingway and Great War Museum.

ITALIAN CONNECTION

A museum tour explains Hemingway's connection to the town. It comes from his military service during World War I, when he was a United States Soldier stationed as an ambulance driver on the Italian front. According to the Ernest Hemingway Biography on the website www.IMDb.com, part of Hemingway's job included picking up human remains. At the time, Hemingway stayed at Villa Ca' Erizzo, built in the 15th century. In

July 1918, he was seriously wounded by a mortar shell that left shrapnel in both his legs, and it was after that incident that Hemingway was sent back to the villa to recuperate. (A side note here: Hemingway's wartime experiences formed the basis for the 1929 novel *A Farewell to Arms*.)

The museum is located in part of the villa, but guests cannot tour the building in its entirety because it is a residential home today. However, five large rooms on street level have been dedicated to an exhibition area

that includes historical information, photos, and displays of Hemingway's editorial publications.

SELF-GUIDED TOUR

For those who do not speak/read Italian, the video at the beginning of the exhibit may not be understandable, but the footage is interesting. As it will also be difficult for non-Italian speakers to understand captions on the displays, those guests are encouraged to borrow an iPad from the volunteer



A view of the grounds of Villa Ca' Erizzo, the 15th-century villa where soldier and writer Ernest Hemingway stayed during his time stationed on the Italian front in World War I. He later convalesced here following a leg injury.



Display of *The Old Man and the Sea*, source of Ernest Hemingway's Pulitzer Prize and subsequent Nobel Prize for Literature.

at the front desk. He or she will assist in setup so you can read your way through the artifacts in English.

ARTIFACTS

Many glass displays showcase the famous novels, including some first editions. A special treat is seeing the various novel covers in different languages, especially *The Old Man and the Sea*, for which Hemingway won the Pulitzer Prize in 1953 and the Nobel Prize in Literature in 1954.

The writer is also known for his love of nature, and a passion for hunting and fishing. According to information from the self-guided tour, Hemingway spent long visits in Italy, especially the Veneto region,

where it was said he hunted several times. In the last room of the tour, a life-sized mannequin of Hemingway greets visitors. The mannequin's background is a photograph taken on one of the writer's final African safaris. It's worth taking a photo of yourself with him, just for fun.

After many years of struggling with alcoholism, depression and mental deterioration, Hemingway committed suicide in 1961. But visitors to the museum won't find much of his later life here, except for a mention in the reading. The focus on his time in Italy is a refreshing way to view the great American writer. Even if you are not a Hemingway fan, the museum is worth a visit.

TAKE THE TRIP

So what's left to do but find your

way to Via Ca Erizzo, 19, Bassano del Grappa (Vicenza). Museum hours are Saturday and Sunday, 9:30 a.m. to 1 p.m. and 3-6:30 p.m. Groups are welcome by appointment Monday through Friday. Tickets are 5 euro for adults; 3 euro for children ages 7-12 and groups with minimum of 15 people; and free for children ages 6 and younger. For more information, visit www.museo-hemingway.it.

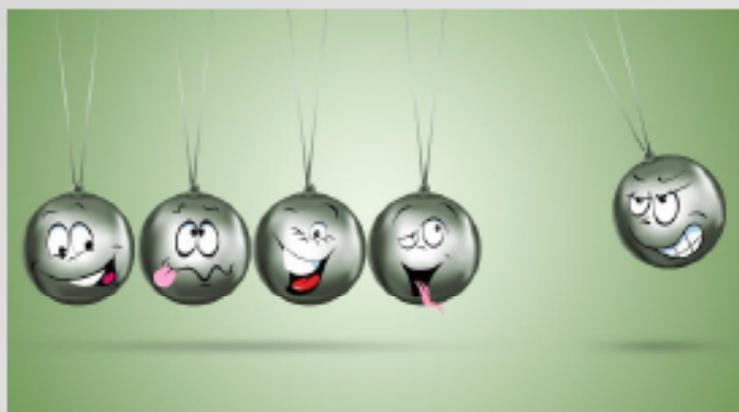
If you've never been to Bassano del Grappa, do some further planning ahead of time. Once you complete your Hemingway visit, you'll want to check out some of the other sights to see in the picturesque town.



Devon R. Griffiths, summertime visitor to the Hemingway and Great War Museum, takes a minute to "chat" with Ernest Hemingway. The life-sized mannequin and its surroundings feature the writer's passion for hunting.



Family and MWR



"Perpetual Laughter"

Expect maximum laughter and pure entertainment at Soldiers' Theatre with "Perpetual Laughter", a series of short, hysterically funny adult comedies. Show runs through Oct 4. Call Soldiers' Theatre at 634-7281 for tickets.

Outdoor Recreation Trips in October

Outdoor Rec's fall/winter season is kicking off with some great trips in October. Sign up for:

- Oct 3 | Oktoberfest Express
- Oct 3 | Sailing: Riva del Garda
- Oct 9 | Beretta Factory Tour
- Oct 10 | Lugano, Switzerland and Chocolate at Alprose
- Oct 15 | Cooking Class: Tagliatelle
- Oct 17 | Italian Wine Region Discovery Tour
- Oct 17 | Horseback Riding
- Oct 24 | Caving the Buso della Rana
- Oct 31 | Ljubljana, Slovenia

Enjoy these trips and find even more online at www.italy.armyMWR.com. Call 634-7453 for more info.

Wake Up Call

On Oct 8, ACS will be serving breakfast to Soldiers after PT from 7:30-8:30 a.m. in front of the Del Din ACS offices. All Soldiers are welcome to come and no registration is required. FAP will present information and awareness about domestic violence. Remember, violence, threats and coercion have no place in a resilient relationship.

Adult Swim Lessons

Do you want to get in the water but don't feel comfortable in it? This is your chance! We are offering adult swim lessons at the Ederle Fitness Center Pool. Classes run Tues & Thurs, Oct 20 – Nov 25. Select from 9:30-10:30 a.m. or 5:30-6:30 p.m. Cost is \$60. Register at the Ederle or Del Din Fitness Centers.

Columbus Day Bowling

Celebrate Columbus Day on Oct 12 with bowling at the Arena Soldier and Family Entertainment Center and hear the bowling thunder with \$1 games and \$1 shoe rental! For more info, call 634-7013.

Music Café

Music Café nights are casual improve jam nights for music lovers by music lovers. Great music and amazing community talent await at the next Music Café on Oct 16, 7:30-10:30 p.m. at Soldiers' Theatre.

National Bosses Day Bowling

On Oct 16 the Arena invites the community to grab their boss and enjoy a free game of bowling (shoe rental included) for National Boss's Day! To enjoy the special, all you need to do is purchase a game and shoe rental at regular price and your "boss" bowls for free. The fun begins at 11 a.m.



College Fair

Join us for a night of colleges, universities, and planning for the future! Bring your student by the 2015 Vicenza College Fair in the Vicenza High School (VHS) gym from 5:30-7:30 p.m. on Oct 20. Soldiers, Family members and the community are welcome to attend as well. Want to represent your college or university? Contact the Teen Center at 634-7659 or call 634-7656.

Darby Tuscan Tots

Meet other parents while children learn through play! Darby Tuscan Tots meets every Thursday, 10-11:30 a.m. at Army Community Service.



Fall Bazaar

October 2-4
in the Golden Lion

*Friday from 4-8 p.m.
Saturday from 10 a.m. - 6 p.m.
Sunday from 10 a.m. - 4 p.m.*

Special Shopping Opportunities

Wine, Cheese, Olive Oil, Ceramics, Hats,
Massages, Belgian Chocolates, Art,
Bicycles, Furniture, Jewelry
and Much More!

Payment Options

Credit & Debit Cards, U.S. Dollars and Euro



Community news briefs

Mosquito spraying

There will be mosquito spraying in Villaggio on Sept. 24, from 7-9 p.m. One treatment will be done as long as weather conditions are cooperative. In the case of inclement weather, the spray will be postponed to the day after. Residents are asked not to walk on the streets if possible for at least one hour after the spray. For more information, call DSN 634-8888.

Suicide Awareness Month

September is Suicide Prevention Awareness Month, and many events have been planned. A "take action" terrain walk will take place for Soldiers, families and civilian employees Sept. 25, 8-10 a.m. for leaders and supervisors. Learn about resources available. Meet subject-matter experts, and enjoy snacks. Prizes also available. For more information, call 634-7858/5275.

College seeks EMT instructors

Central Texas College is looking for instructors to teach EMT, Homeland Security, Automotive, and Hospitality Management in the Vicenza area. If interested, call JoAnne Combs, Vicenza site coordinator, at DSN 637-8145 or commercial, 0444-618145. Qualified, interested persons may also send an email to Vicenza@europe.ctcd.edu.

Learn intervention skills

September is Suicide Prevention Month. Get a seat in the Applied Suicide Intervention Skills Training that takes place Sept. 28 and 29, 8 a.m. to 4 p.m., at Building 305 behind the post laundrymat. ASIST is a two-day intensive, interactive and practice-dominated course aimed at enabling people to spot the risk of suicide and provide immediate help to persons at risk. The class is free, but only 35 seats are available, so sign up today. The class is suitable for anyone, from professionals and volunteers to members of the community. Participants range from those in caring roles to people concerned about family members or friends. Register with full name, phone number, email address and organization to Sandra.class.civ@mail.mil. Call DSN 634-7858/5275 for more information.

Register for racquetball

It's time to register for racquetball. Whether you want to coach or play for fun, you can sign up to be part of this racquetball season. Sign-up is required to participate; sign up at Ederle or Del Din fitness centers. Joining a team is a great way to meet friends who love to play and to get some exercise. Open registration goes through Oct. 3. There will be a participants' meeting Oct. 8 at 6 p.m. Ederle Fitness conference room. Meeting attendance is mandatory. League play is Oct. 23 through Jan. 31. Cost is \$15 per person. For more information, call DSN 634-7616, or commercial 0444-71-7616.

Passport delays

Department of State advisory: Due to a systems-related problem, there is a substantial backlog in passport and Consular Report of Birth Abroad production at passport agencies in the United States. Priority is being given to resolving this problem but a delay of six to 10 weeks processing time is expected.

Holiday shopping at bazaar

Don't worry about the hassles of parking downtown when doing holiday shopping—Vicenza Family and MWR will bring holiday shopping to you! Vendors from Sicily to Belgium are coming to Caserma Ederle Oct. 2 at Building 311, the Golden Lion Conference Center, 4-8 p.m.; Oct. 3, 10 a.m.-6 p.m.; and Oct. 4, 10 a.m.-4 p.m. Shop among the many international vendors selling everything you need for the upcoming holiday season. Some things visitors will find are cheese, purses, wine, jewelry, chocolates and art. Save the dates!

VFW offers two essay contests

The Veterans of Foreign Wars is sponsoring two essay contests: Patriot's Pen for students in grades 6 through 8 and Voice of Democracy for students in grades 9 through 12. The theme for Patriot's Pen is "What Freedom Means to Me" and must be a written essay of 300-400 words. The Voice of Democracy theme is "My Vision for America" and must be a taped recording of 3-5 minutes.

Local winners will receive \$250 for first place, \$200 for second place, and \$150 for third place, and there is a chance to compete for national prizes. Entry deadline is Nov. 1. For more information, visit the VFW website at www.vfw.org. Local school contacts are John McKinney at Vicenza High School and Lorrie Vallone at Vicenza Middle School. Point of contact for the Vicenza VFW post is Thomas Bankston, 349-830-4925.

Del Din learning center

The Del Din Army Learning Center is now

open. The center provides opportunities and resources for unit and individual computer-based training. Hours are Monday through Friday, 8 a.m. through 4 p.m. The center is located in the education center, Building 2. Should contact the garrison COMREL office at 637-8009 or usarmy.vmc.pao@mail.mil.

Medical Benvenutis

Learn more about health care in Italy each Tuesday from 2:30 to 4:30 p.m. at the Central Processing Facility, Room 2.

The Vicenza Health Clinic is holding an information brief for beneficiaries in the Health Center second floor training classroom Oct. 15, 1:30-2:30 p.m. Registration is required, call DSN 637-9761 or comm. 0444-61-9761.

Maternal health education

The Vicenza Health Center is offering classes for expectant parents every Wednesday morning and afternoon. Wednesday mornings from 8 to 9 a.m. is "Pregnancy thru Postpartum." From 12:30 to 2:30 p.m. a variety of classes will be offered. The first week of the month will be "Having a Baby in Italy" OB Orientation. The second through fourth week is a three-week series on childbirth. No formal signup is required, and all expectant parents are welcome at any time. Classes are in the Health Center training classroom on the 2nd floor of the Health Center. For more information, call DSN 636-9508 or comm. 0444-61-9508.

USO operating hours

The USO is located in Building 9A (between 3rd and 4th street) and offers free food, drinks, movies, activities, Internet and phones to call the United States. Hours are: Mondays closed; Tuesday-Thursday 1-8 p.m.; Friday-Saturday 1-9 p.m.; Sundays 3-8 p.m. For more information, call 0444-71-7156. Anyone can "like" the Vicenza USO on Facebook at www.facebook.com/vicenzauso.

Don't forget to fill out your USO survey! See page 5 for details.

Sergeant Morales Club

The Sergeant Morales Club is a robust network of noncommissioned officers who champion the corps by taking care of Soldiers and families, and giving back to the community. All NCOs are welcome to attend the club's monthly meetings held at 11:45 a.m. the first Wednesday of every month in Bldg. 80C. SMC membership is exclusive and gained through a rigorous and competitive selection process.

AA meetings

Alcoholics Anonymous meetings take place Mondays, Wednesdays and Fridays, 5:30-6:30 p.m., at Bldg. 395, Room 5, behind the Mensa. This meeting is open to anyone interested in the 12-step process. Call 634-7554 for more information.

Dental health priority

Per the dental clinic commander, the following is information the community must know in regards to orthodontic health:

- Priority goes to active-duty Soldiers and dependent children of active-duty Soldiers. There is no difference between officer and enlisted. Spouses will only be seen that need orthognathic surgery.
- All new patients interested in orthodontic treatment need to be seen by the primary care dentists first to ensure proper general dental health prior to receiving an orthodontic consult.
- All patients who PCS to Vicenza in current orthodontic treatment will be seen as soon as possible to determine if they qualify to continue their treatment at the Dental Treatment Facility (DTF) or will be referred off post to continue treatment. Not every individual who moves to Vicenza will receive orthodontic care in the DTF. Patients who PCS to Vicenza will be evaluated for qualification based upon the same standards as a new patient.
- The Army standard is that a patient should normally have 24 months

remaining on station before PCS or ETS for orthodontic treatment.

- The orthodontist, Dr. Weaver, uses the HIM Score (Handicapping index of malocclusion) for an objective assessment to determine severity of the misaligned teeth. He will only take Soldiers or dependent children of active-duty Soldiers that have a high enough severity index. At this time, the number that qualifies is higher than it has been in the last few months due to number of individuals that require orthodontic treatment. Dr. Weaver will select patients if their severity score is high enough.

Combined Federal Campaign

Your opportunity to extend your service by giving to your favorite charities through the Combined Federal Campaign-Overseas (CFC-O) begins today. The CFC-O, which ends on 20 November, is the annual workplace giving campaign for the five overseas unified combatant commands. The CFC-O raised more than \$8 million in 2014, demonstrating the generosity of overseas Department of Defense uniformed and civilian personnel. This year, live the spirit of the campaign and "give because you care.

A contribution to one of the thousands of charities in the CFC-O provides help and hope to those in need in so many ways. Here are

just some of the ways your gift can help those in need at home, across the country and around the world:

- \$10 helps provide health care services to one mother and her baby, from pregnancy to post-delivery
- \$20 provides school supplies for a child for a year
- \$50 feeds a child one meal a day for a year
- \$100 gives wounded soldiers supplies for a comfortable journey home

Contributors may make their pledge in one of three ways:

- Electronic payroll allotments through DFAS myPay
- eGiving payments using a credit card, debit card or electronic bank transfer
- Traditional paper Pledge Cards

Pledging through the CFC-O carries on the proud military tradition of giving help and hope to those in need, so make your pledge today.

Contact your local CFC representative.

At the movies



HOTEL TRANSYLVANIA 2

Dracula and his friends try to bring out the monster in his half human, half vampire grandson in order to keep Mavis from leaving the hotel.

Ederle Theater

Sept. 24	7 p.m.	Maze Runner: The Scorch Trials (PG-13)
Sept. 25	7 p.m.	Hotel Transylvania 2 (PG)
	10 p.m.	The Intern (PG-13)
Sept. 26	3 p.m.	Hotel Transylvania (PG)
	6 p.m.	The Intern (PG-13)
Sept. 27	3 p.m.	Hotel Transylvania in 3D (PG-13)
	6 p.m.	Everest (PG-13)
Sept. 30	11 a.m.	The Intern (PG-13)
	7 p.m.	Everest (PG-13)
Oct. 1	7 p.m.	Hotel Transylvania in 3D (PG-13)

Admission: 3D first run (*), adult, \$8, under 12, \$5.25; 3D second run, adult \$7.50, under 12, \$5; first run (*), adult, \$6, under 12, \$3.25; second run, adult \$5.50, under 12, \$3. **Starting May 1:** 3D first run (*), adult, \$8.50, under 12, \$5.75; 3D second run, adult \$8, under 12, \$5.50; first run (*), adult, \$6.50, under 12, \$3.75; second run, adult \$6, under 12, \$3.50.

Advance tickets: On sale Monday from 11 a.m. to 1 p.m. at the PX Food Court entrance, except on federal holidays. Up to 50 percent of seats will be on sale; the remainder go on sale one hour before show time at the theater box office.

Film ratings and reviews are available at www.imdb.com; SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

Chapel activities

Vicenza

Sunday Services

9 a.m.: Mass

Sacrament of Reconciliation follows Mass; or schedule during duty hours

11 a.m.: Protestant worship

1:30 p.m.: Gospel service

5 p.m.: Contemporary Christian service

Tuesday

9 a.m.: Protestant Women of the Chapel

6 p.m.: PMOC and PWOC Bible study

Dinner provided; no watch care.

Thursday

9:30 a.m.: St. Mark's Catholic Women

7:15 p.m.: Gospel service Bible study

**Call 634-7519
or 0444-71-7519
for information.**

Camp Darby

Sunday Services

10:30 a.m.: Protestant worship and children's service

Catholic Mass: Call Chapel at 633-7267 to confirm times.

Tuesday

9:30 a.m.: Protestant Women of the Chapel

Wednesday

5:30 p.m.: Protestant Women of the Chapel

For DMC activities, call 633-7267.

Chaplain Crisis Line

To reach a Chaplain after duty hours, call **634-KARE (634-5273)**.



VMC faith group contacts

Bahá'í Faith: Call 348-603-2283.

Church of Christ: Call at 388-253-9749 or 324-623-7921 or send email: vicenzaitalychurchofchrist@gmail.com.

Jewish: Call 634-7519, 0444-71-7519 or 327-856-2191.

Latter Day Saints: Young Men/Women meeting is each Tuesday at 6 p.m., Spiritual Fitness Center. Sunday services, 9:30 a.m. in Vicenza. Call 634-7897, 380-431-7633 or email: lescall@gmail.com.

Muslim: Call 634-7519 or 0444-71-7519.

Trinity Church Vicenza: An International Presbyterian Church congregation. Call 328-473-2949 or email: trinitychurchvicenza@gmail.com.

Vicenza Hospitality House: A good place for anyone to enjoy food, fun and fellowship. Each Friday is a potluck dinner at 6:30 p.m., followed by Walk in the Word. Call 0444-581-427 for more information or if you need transportation.

CHAPEL MUSIC ACTIVITIES

Tuesday, 5 p.m.: Contemporary Praise band practice

Wednesday, 5:30 p.m.: Catholic choir practice

Wednesday, 6:45 p.m.: Gospel choir practice

Thursday, 5:30 p.m.: Gospel choir rehearsal

The **Outlook Religious Activities** page provides announcements and may offer perspectives to enhance spiritual or religious resiliency in support of Army Comprehensive Fitness programs. Comments regarding specific beliefs, practices or behaviors are strictly those of the author and do not convey endorsement by the U.S. government, the Department of Defense, the Army, Installation Management Command or the U.S. Army Garrison Italy.

Pet Awareness Day

Families show off beloved pets at event



Letizia Belluno, who works at the Vicenza commissary, interacts with Border Collie Pongo, 2, while helping out at one of the displays.

Pet Awareness Day took place at the Caserma Ederle library parking area Sept. 19. Vicenza Military Community members brought their pets out for the annual event and visited some displays, including the American Red Cross, Vicenza Vet Clinic, ENPA (local pet rescue shelter), pet boarding kennels, local veterinarians, as well as sponsors from the commissary and shoppette and vendors.

(Photos by Laura Kreider, USAG Italy PAO)



At the event, children pet Buster, a Great Dane, while owner LeeAnn Farris looks on. Farris is founder and president of the PCS Pet Project of Italy, a private charitable organization, which is active on post.



Six-month-old Nebbia, a Saint Bernard male puppy, gets to meet Armin, a 20-month-old Shih Tzu during the Pet Awareness Day event.

To view more photos of this event, go to the USAG Italy Flickr album, <https://www.flickr.com/photos/usagvicenza/albums/72157658592528288>.

VENETO

<https://www.facebook.com/pages/AMICI-DELLA-ZUCCA-Ghizzole-di-Montegaldella/576163349112030#!/576163349112030/photos/pcb.995371400524554/995371210524573/?type=1&theater>

Festa dell'Uva e del Vin Recioto **Grape and Recioto Wine Festival**

Sept. 25-28, in Gambellara, Via Borgolecco and Piazza Marconi, about 16 miles southwest of Vicenza. Food booths open at 7 p.m.; live music and dancing start nightly at 9 p.m. Recioto is an intensely flavored, sweet red wine made from dried grapes typical of the Veneto region.

Sept. 25: 8:30 p.m. traditional sweets contest; 9:30 p.m. live music and dancing

Sept. 26: 7 p.m.-midnight, Happy Gambellara, street food drink and music 8 p.m. cooking show and tasting.

Sept. 27: 10:30 a.m. Grand opening of grape exhibit and award ceremony for the best Recioto wine; 11 a.m.-6 p.m. visit local wineries; in Piazza della Vittoria, from 11:30 a.m. local products exhibit and sale; food booths open at noon; 3:30 p.m. Gambellara musical band parade, floats and free wine, grapes and Bradasello (a local dessert) for everyone; from 4 p.m. in Piazza Papa Giovanni XXIII, ceramics and pottery workshops; 5:30 p.m. awards for the best grapes and best dessert.

<http://www.vicenzae.org/ita/eventi/icalrepeat.detail/2015/09/24/13269/-/88-festa-delluva-e-del-recioto>

Festa del Baccalà alla Vicentina **Dried Cod Fish Festival**

Through Sept. 30, in Sandrigo, Piazza S.S. Filippo e Giacomo, about nine miles north of Vicenza. Food booths featuring gnocchi with cod fish, Vicentine cod fish with polenta and many other local specialties open at 7 p.m. Gnocchi- and bigoli- making demonstrations; local products and crafts exhibits and sale; live music and dancing nightly at 9 p.m. in Piazza Garibaldi.

<http://baccalaallavicentina.it/festa-del-bacala-2014-programma/>

Festa della Zucca **Pumpkin Festival**

Sept. 24-27, in Ghizzole (Montegaldella), about nine miles southeast of Vicenza. Pumpkin exhibit and sale; food booths open at 7 p.m.; live music and dancing start at 9:30 p.m.; Sept. 26, at 3 p.m., donkey rides for children.

Festa del Germano Reale **Duck Festival**

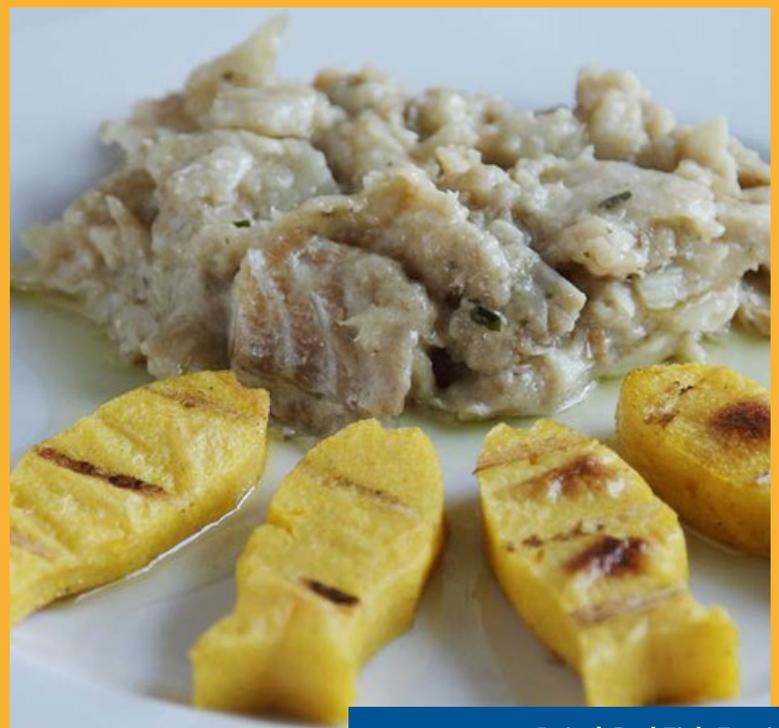
Sept. 25-28, in Santa Maria di Camisano, Contrà Pieve, about 10 miles east of Vicenza. Food booths featuring duck and other local specialties open at 7 p.m. Live music and dancing start at 9 p.m.

<http://www.marcoeilclan.it/www.marcoeilclan.it/Tour.html>

Voci dall'Evo di Mezzo: *Rievocazioni Storiche Medioevali* **Voices from the Middle Ages:** **Medieval Historical Reenactments**

Sept. 26-27, in Cittadella (Padova), about 16 miles northwest of Vicenza. This town's construction began in 1220 on the orders of Padua authorities, who wanted to use it as a military outpost during wars against Vicenza and Treviso. The town's center is protected by walls and 32 towers; this annual festival is just like a trip back to life in the Middle Ages. The squares and streets are transformed into a medieval town with armed men, archers, musicians, jesters, historical games, medieval markets, as well as special attractions like falconry with birds of prey and fire-eater shows.

<http://www.armedamecavalieri.it>



Dried Cod Fish Festival



Pumpkin Festival

Festa della Transumanza **Transhumance Festival**

Sept. 26-Oct. 6, in Bressanvido, Pangiusco Farm, Via San Benedetto, about eight miles northwest of Vicenza. Transhumance is the seasonal movement of farmers with their livestock over relatively short distances, usually to higher pastures in summer and lower valleys in winter. Sept. 27, vintage agricultural trucks exhibit; local products and crafts exhibit and sale; food booths open at 7 p.m.; nightly live music and ballroom dancing at 9 p.m.

<http://www.vicenzae.org/ita/eventi/icalrepeat.detail/2015/09/26/13210/-/17d-festa-della-transumanza>

Free fencing trial

Through Sept. 30, 4-10 p.m., in Vicenza, Palazzetto della Scherma, Via Riello 150. Free fencing trials for kids (ages 7+) and three free lessons for adults. For information and details, call 0444-507474 or 3426677315.

<http://www.livinginvicenza.com/sponsored/fencing-school-vicenza-trials-for-kids-and-adults-1466>

Sagra dell'Arna **Duck Festival**

Oct. 1-6, in Torri di Quartesolo, about four miles southeast of Vicenza. Food booths featuring bigoli in duck sauce and the traditional duck stuffed roll; fair trade market; art exhibits; live music and dancing starts nightly at 9 p.m.; Carnival rides and free parking.

<https://www.facebook.com/Sapori-Vicentini-270219006415702/timeline/>

Passioni e collezionismo- Arte e Vintage **Vintage and Arts exhibit and sale**

Oct. 3, Nov. 7, Dec. 5, 8 p.m.-7 p.m., in Vicenza, Corso Fogazzaro.

Festa dello Scopeton **Herring Festival**

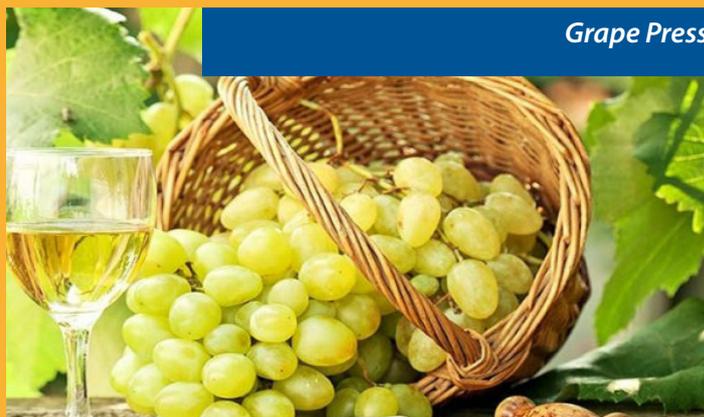
Oct. 3-4, in San Vito di Leguzzano, Via Chiesa, about 14 miles northwest of Vicenza. Food booths featuring a variety of herring dishes and other local specialties open at 5:30 p.m.; live music and dancing nightly start at 8 p.m.

<http://prolocosanvito.blogspot.it/2013/03/festa-sanvite-se-2015-festa-del-scopeton.html>

Festa della Transumanza **Transhumance Festival**

Oct. 4, in San Pietro in Gu, Via Mazzini, about 10 miles northeast of Vicenza. From 9:30 a.m., local products and agricultural tools exhibit and sale; 10 a.m.-noon livestock return from higher pastures; town horse-drawn carriage tours; pony rides and house houses for children; 12:30 food booths; 2:30 p.m. Tosella cheese-making demonstration and tasting; from 6 p.m. food booths; folk music and dances; to book your tour in English at the Museo delle Risorgive (Karst Spring Museum), Piazza Prandina, call Carlotta at 340-1392002.

<http://comune.sanpietroingu.pd.it>



Grape Pressing

Pigiatura dell'uva **Grape Pressing**

Oct. 4, from 4 p.m., in Brendola, about 9 miles southwest of Vicenza. Grape pressing demonstration; folk music and food booths featuring local specialties.

<http://www.vicenzae.org/ita/component/jevents/icalrepeat.detail/2015/10/04/12976/-/>

Casa su Misura **Home Furnishing Fair**

Oct. 3-11, in Padova, Via N. Tommaseo 59, about 24 miles southeast of Vicenza. Oct. 3-4 and Oct. 10-11, 10 a.m. to 10 p.m., entrance fee: €7; weekdays 5-10 p.m., entrance fee: €5; free for children under 12. Classic and contemporary furniture, lighting, textiles and accessories.

<http://www.casasumisura.com/visitare/>



Casa Su Misura

Pigiatura dell'uva
Grape Pressing

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[http://www.casasumisura.com/visitare/Aquae Venezia 2015](http://www.casasumisura.com/visitare/Aquae_Venezia_2015)

Through Oct. 31, Monday-Tuesday, 11 a.m.-8 p.m.; Wednesday-Sunday, 11 a.m. -11 p.m.; in Venice Marghera, Via Galileo Ferraris 5; entrance at the corner of Via Pacinot-

Antique markets

Belluno: Sept. 27, 8 a.m.-7 p.m., in Piazza Duomo, about 103 miles north of Vicenza (about 50 vendors)

Cerea: Sept. 27, 9 a.m.-6 p.m., Via Farfusola 6, about 45 miles southwest of Vicenza (about 150 vendors)

Dolo (Venice): Sept. 27, 8 a.m.-7 p.m., in Piazza Cantiere, about 37 miles east of Vicenza (about 60 vendors)

Piazzola sul Brenta: Sept. 27, 8 a.m.-6 p.m., in Via Camerini, about 16 miles east of Vicenza (700 vendors)

Spresiano (Treviso): Sept. 27, 8 a.m.-6 p.m., in Piazza Luciano Rigo, about 43 miles northeast of Vicenza (about 100 vendors)

Treviso: Sept. 27, 7:30 a.m.-7:30 p.m., Via San Liberale, about 56 miles east of Vicenza (about 120 vendors)

Marostica: Oct. 4, 8 a.m.-7 p.m., in Piazza Castello, about 18 miles north of Vicenza (135 vendors)

Noventa Vicentina: Oct. 4, 8 a.m.-6 p.m., in Piazza IV Novembre, 20 miles south of Vicenza (120 vendors)

Vittorio Veneto: Oct. 4, 8 a.m.-7 p.m., in Serravalle, Piazza Minucci and surrounding streets (70 vendors)

TUSCANY

Assedio alla Villa – Rievocazione storica Siege at the Villa – Historical reenactment

Sept. 18-20, 5-11 p.m., in Poggio Caiano (Prato); Piazza dei Medici, Via Cancellieri, and Via Caiani. This event commemorates the visit of Princess Joan of Austria on her way to marry Grand Duke Francesco de' Medici in 1565; Renaissance-style market, musicians, Renaissance shows with falconers, flag-throwers, magicians, fire-eaters and jugglers; free wine tasting; food booths feature typical Renaissance dishes and other local specialties. Fireworks 11:30 p.m. on Sept. 20 at midnight.

<http://www.sagretoscane.com/cerca?q=&category=&area=&city=&date=13&page=4&post=1367>

Sagra del Tartufo Bianco e Fungo Porcino White Truffle and Porcino Mushroom

Sept. 25-26, from 8 p.m., 27, from 10 a.m.; Località La Serra, San Miniato (Pisa). Food booths feature many local specialties; white truffle exhibit and sale.

<http://www.sagretoscane.com/cerca?q=&category=&area=&city=&date=13&page=4&post=293>

Sagra della Bistecca e del Fungo Porcino Steak and Porcino Mushroom Festival

Sept. 25-27, Oct. 2-4, Oct. 9-11, and Oct. 16-17, in Certaldo (Florence), Viale Matteotti 201. Food booths featuring many local specialties open for dinner and, on Sundays, also for lunch.

<http://www.sagretoscane.com/cerca?q=&category=&area=&city=&date=12&page=7&post=852>

Cusplay Video game and animation fair

Sept. 26-27, 11 a.m. to 8 p.m., in Pisa, University Sports Center, Via Federico Chiarugi 5. Comic books, video games, animation, cosplay and Japanese culture fair, live music and dance contest; entrance fee: €8 one day/entry. Free for children under 10.

<http://www.cusplaypisa.it/>

Icastica Art Festival

Through Sept. 27, in Arezzo. Icastica means "the art of representing reality." The theme of this year's edition is cultivating culture; contemporary artists from all over the world will be in Arezzo and will exhibit their creations in local churches, museums and all over the old downtown.

<http://www.icastica.it/#Concept>



Corri La Vita, Firenze

Fiera dell'Elettronica Electronics Fair

Sept. 26-27, 9:30 a.m.-7 p.m., in Pistoia, Via Sandro Pertini. Entrance fee is €6.

<http://www.sagretoscane.com/cerca?q=&category=&area=&city=&date=13&page=4&post=1155>

Corri la Vita Run for Life

Sept. 27, in Florence, Piazza Duomo. A 12.8 km competitive race and 4.6 km non-competitive walk for charity, held in collaboration with the Italian League for the fight against cancer. Both the race and walk start in Piazza Duomo and end in Piazza Signoria. Participants must be 18 years old by Sept. 27; for more information on how to sign up, visit <http://www.corrilavita.it/en/>.

Oktoberfest October Festival

Oct. 1-11, 6 p.m.-midnight, in Arezzo; OBI Area, Via G. Amendola 20. Food booths feature a variety of beers and local specialties; carnival rides; hobby items market; live music every night starts at 8 p.m.

<http://www.sagretoscane.com/cerca?q=&category=&area=&city=&date=13&page=1&post=1874>



(Left) Voci Dell'Alto Medioevo, Cittadella and (right) Assedio Alla Villa, Tuscany

Guamo e Coselli in Festa Guamo and Coselli Fair

Oct. 4, 8 a.m. to 8 p.m., in Guamo (Lucca), Via di Vorno 40 and Via Sottopoggio. Local products and crafts exhibit and sale; bounce house, face-painting; magic and dance shows.

http://www.eventiesagre.it/Eventi_Feste/21081255_Guamo+E+-Coselli+In+Festa.html



Antique markets

Bientina (Pisa): Sept. 26-27, 8 a.m.-7 p.m., Piazza Vittorio Emanuele

Castiglion Fiorentino (Arezzo): Sept. 27, 9 a.m.-6 p.m. Piazza Del Municipio

Cecina (Livorno): Sept. 27, 8 a.m.-8 p.m., in Piazza Guerrazzi and Via Cavour

Florence: Sept. 27, 8 a.m.-7:30 p.m., in Via Ciompi

Montevarchi (Arezzo): Sept. 27, 9 a.m.-7 pm. Via Isidoro del Lungo, and Via Poggio Bracciolini

Ponte a Egola (Pisa): Sept. 27, 8 a.m.-7 p.m., Piazza Rossa

Prato: Sept. 26-27, 8 a.m.-7 p.m., Piazza San Francesco

Arezzo: Oct. 3-4, 9 a.m.-7 p.m., in Piazza Grande

Carmignano (Prato): Oct. 4, 9:30 a.m.-7p.m., Piazza Vittorio Emanuele II and Piazza Matteotti

Cascina (Pisa): Oct. 4, 9 a.m.-6 p.m., Corso Matteotti

Orbetello (Grosseto): Oct. 3-4, 10 a.m.-10 p.m., Corso Italia.

Pietrasanta (Lucca): Oct. 4, 9 a.m.-7 p.m., in Piazza Duomo

San Giuliano Terme (Pisa): Oct. 4, 9 a.m.-7 p.m., Piazza Shelley and Piazza Italia

San Miniato (Pisa): Oct. 4, 9 a.m.-8 p.m., Piazza del Popolo

CONCERTS

Mika - Sept. 27 in Assago, Sept. 29 in Rome; Sept. 30 in Florence

Steve Hackett - Sept. 29 in Padova

Crosby, Stills and Nash - Oct. 1 in Milan, Oct. 3 in Padova, Oct. 4 in Rome

Joe Satriani - Oct. 5 in Assago (Milan), Oct. 6 in Florence, Oct. 7 in Rome

Take That - Oct. 13 in Assago (Milan)

BeatleStory - Oct. 17 in Bologna

John Mayall - Oct. 17 in Bologna; Oct. 10 in La Spezia; Oct. 19 in Milan

Dave Matthews Band - Oct. 17 in Assago (Milan); Oct. 18 in Florence; Oct. 20 in Rome; Oct. 21 in Padova

Epic Rap Battles of History - Oct. 21 in Bologna

Nickelback - Oct. 25 in Rome; Oct. 27 in Turin

Deep Purple - Oct. 30 in Padova; Oct. 31 in Assago (Milan); Nov. 5 in Florence; Nov. 6 in Rome

Kid Ink - Nov. 1 in Milan

Scorpions - Nov. 9 in Rome; Nov. 11 in Assago (Milan); Nov. 13 in Trieste

Supertramp - Nov. 9 in Assago (Milan)

Marilyn Manson - Nov. 9 in Florence



Deep Purple

Photo by Cesare Greselin

Simply Red - Nov. 14 in Rome; Nov. 15 in Assago (Milan)

Zelda - The Symphony of Goddesses - Nov. 15 in Rome

Simple Minds - Nov. 21 in Assago (Milan)

Madonna - Nov. 19, Nov. 21-22 in Torino

Europe - Nov. 28 in Milan

Jethro Tull Rock Opera feat Ian Anderson - Nov. 29 in Bologna; Nov. 30 in Turin; Dec. 1 in Bergamo

Rae Sremmurd - Nov. 30 in Milan

Harlem Spirit of Gospel Choir - Dec. 18 in Varese; Dec. 22 in Torino

SPORTING EVENTS

BlancpainGT Series - Oct. 2-4, in Misano Adriatico

Agility World Championship - Oct. 8-11, in Casalecchio di Reno

Misano Classic Weekend - Vintage motorcycles on stage - Oct. 9-11, in Misano Adriatico. Last year was a huge success and saw the passage of more than 600 riders on the track and a great edition of the Endurance race. The Misano Classic Weekend is dedicated to the classic, both on track and in the paddock, which will dominate the charm of the two-wheeled old "lady." Three days includes free practice on Friday and races on Saturday and Sunday. Saturday, from 5.40 p.m. the start of the endurance race crews who will hold the public with bated breath for the 4-hour race. The lounge on the Pit lane this year will host the exhibition Emilia Romagna LAND OF RIDERS, a celebration of the pilots born and raised in the region.

WWE Live - Nov. 11 in Rome; Nov. 12 in Casalecchio di Reno

Tickets are available in Vicenza at Media World, Palladio Shopping Center, or online at http://www.greenticket.it/index.html?imposta_lingua=ing ; <http://www.ticketone.it/EN/> or <http://www.zedlive.com>.