

Outlook

Jan. 17, 2014
Vol. 47, Issue 2

Vicenza and
Camp Darby
Military
Communities

www.usag.vicenza.army.mil



**JOINT WEATHER
TRAINING PLUS
VHS ARTISTS AND
PRAGUE MODEL UN**



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Outlook

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On the cover

Air Force Master Sgt. Timothy Legg, an Airman with Headquarters, 7th Weather Squadron, based in Wiesbaden, Germany, takes a reading in the snowy Alps during annual partnership training with the Italian *Truppe Alpini-Servizio Meteomont* at Passo Tonale, Italy, last month. See page 4 for the story.

Photo by 7th Weather Squadron





Photo by Laura Kreider

A Day On, Not a Day Off

Soldiers listen to guest speaker, Col. James Czarnik, U.S. Army Africa Command Surgeon, deliver remarks at the Vicenza Military Community's Dr. Martin Luther King Jr. Day Celebration at the Golden Lion Jan. 14.

The Outlook Jan. 17, 2014, Vol. 47, Issue 2

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Speak Out

What is the legacy of Dr. Martin Luther King Jr.?



Sgt. Frantz Derisier

2nd Battalion, 503rd Infantry (Airborne)

"A powerful voice to believe what you stand for."



Maddie Czarnik

Family member

"His ability to really inspire people and engage them in a fight for freedom and equality."



Sgt. Willie Holmes

2nd Battalion, 503rd Infantry (Airborne)

"A very powerful voice and leadership. Standing for what is right."



Photo by 7th Weather Squadron

Airmen from the U.S. Air Force 7th Weather Squadron learn to calculate snow conditions with Alpini instructors and soldiers of the Italian Truppe Alpini-Servizio Meteomont during annual partnership training at Passo Tonale, Italy, last month.

Vicenza Airmen train with Alpini in snowy Alps

By Laura Kreider
USAG Vicenza PAO

Surrounded by a thick blanket of snow, U.S. Air Force 7th Weather Squadron Airmen from Caserma Ederle and Katterbach, Illesheim and Wiesbaden, Germany, undertook training with Italian Army soldiers of the *Comando Truppe Alpini-Servizio Meteomont* in late December at Passo Tonale, Italy.

About 20 weather personnel participated in the training including seven Airmen, nine Alpini and four others from allied militaries. The *Servizio Meteomont* personnel constitute a cadre of weather personnel within the Alpini troop structure. Passo Tonale is in the Southern Alps between the Lombardy and Trentino regions.

The primary goal of this five-day training was to further strategic NATO partnerships while learning new skills in the realm of weather and weather forecasting.

Capstone event for weather Airmen

"We value this opportunity as a capstone annual event to feature our capabilities as Air Force weather personnel supporting U.S. Army Africa and the 173d Airborne here at Vicenza, and other U.S. Army and Air Force units in deployed environments," said Air Force Capt. Jason Scalzitti, commander of the 7th Weather Squadron's Detachment 3.

"We build professional contacts, share expertise and strengthen the relationship with our host nation. Our Italian counterparts get the opportunity to observe our professionalism and capabilities, strengthening our allies' confidence in U.S. Airmen and Soldiers," he said.

The program with the Alpini, which dates to 2002, teaches a variety of weather related skills such as snow pack assess-

ment, terrain and snow condition recognition, and avalanche forecasting, said Air Force Master Sgt. Kevin Goff, Det. 3 non-commissioned officer in charge.

"This training is significant as we deploy to locations such as Afghanistan, where mountain and avalanche forecasting provides a benefit to prevent significant risk to American and Allied soldiers," he said. "As part of the snow pack assessment we dug holes to the ground and examined the layers of snow for different types of grains, specifically looking for unstable layers below hard layers, which if moved could destabilize the whole snow pack."

The Airmen and Alpini also practiced the basics of skiing and snowshoeing, means of transportation which the Alpini use regularly to reach assessment locations.

Last but not least, they gained knowledge of terrain and snow condition recognition, learning to scan the mountains and snow for potential avalanches and other dangers.

Tech Sgt. Kyle Marshall, an Airman with Det. 3, said, "The training was great for broadening our meteorological and terrain assessment skills while simultaneously reinforcing the U.S. military's strong ties with our Italian Alpini counterparts."

The positive experience and the ongoing goal of developing relationships among NATO allies will lead to similar partnership training experiences in the future, said Goff.

"This training was well organized, extremely informational, and simply one of the best training events I have attended during my 16 years in the Air Force. We will look to make our attendance at this event a yearly activity. "As for hosting our event here at Vicenza we hope to schedule a training event sometime this year where the Alpini travel here for training that we provide," Goff said.

Garrison trains up ISR officers

USAG Vicenza personnel gathered on Caserma Ederle Jan. 8 for Installation Status Report refresher training conducted by the garrison Plans, Analysis and Integration Office.

Information garnered through ISR is used as a decision tool by senior leaders, said William Murphy, one of two PAIO instructors.

"ISR data assists in building cost and manpower requirements, readiness support and modernizing installations, and it communicates the Vicenza and Camp Darby Military Community requirements to the Pentagon," said Murphy.

A total of 27 garrison personnel were trained in two sessions, he said.

"The training was hands-on and helped participants gain a better understanding of the report process," said Jane Brigo, also a garrison PAIO trainer. "They also got to exchange ideas and discuss problem solving with colleagues. Students were able to log on to the ISR website and gain live experience as ISR officers."

Murphy said, "The ISR report is a crucial element in our data accumulation to assist in the future cost, manpower and infrastructure of Vicenza and Livorno."



Photo by Laura Kreider

Jane Brigo and William Murphy of USAG Vicenza PAIO conduct ISR training Jan. 8.



Winter 2013-2014



Youth Center Ski & Snowboard Trips

Sat, Jan 25 | Kron Platz | \$15

Sat, Feb 8 | Folgaria | \$15

Sat, Feb 22 | Folgaria | \$15

Sat, Mar 1 | San Martino | \$15

Sat, Mar 8 | Folgaria | \$15

Cost includes transportation, supervision and lodging (Garmisch). ⌘ Times vary per trip. ⌘ Enrollment begins each Monday prior to Saturday trip with the exception of Garmisch trip (enrollment begins Dec. 9) ⌘ All trips available for grades 6-12 (except Garmisch overnight grades 7-12) ⌘ All trips depart/return to Teen Center, Bldg. 373 Enroll at Davis Soldier and Family Readiness Center, CYS Central Registration, Bldg 108 and on WebTrac. ⌘ Min number of youth per trip: 8 | Max number of youth per trip is dependent on confirmed staff/volunteer(s). 1 adult: 4 youth ratio

FAMILY ART DAY



Friday, January 24

3:30-5:30 p.m.

at the Arts & Crafts Center



Come enjoy art activities for the whole family!

Play, learn, create and build strong bonds.

Open to all ages!



Photo by Michael Fugate

Workers renovate the roof of the Italian Mensa on Caserma Ederle Jan. 15. Meal stipend payments are in effect for the Italian work force until a new contract is let to run the facility, which is expected to be on or around March 1.

Stipend in effect, bids sought for Mensa

By USAG Vicenza PAO

Local national employees began receiving a stipend for meals yesterday as the Italian Mensa on Caserma Ederle closed temporarily due to contract expiration.

The Regional Contracting Office, in collaboration with U.S. Army Garrison Vicenza and the Staff Judge Advocate Office, has issued solicitation for a new contract and is addressing queries from potential bidders.

Garrison Commander Col. Robert Menist Jr. met recently with local labor union representatives to assure

them that the process is on track to execute a new contract. The goal is to have a contractor in place and ready to re-open the Mensa on or about March 1 to continue to provide the level of service enjoyed before.

During the temporary closure, local national employees are receiving a stipend in accordance with Article 46 of the U.S.-Italian agreement known as Conditions of Employment. Building 300 is available Monday to Friday from 10 a.m. to 2 p.m. for Italian employees who choose to bring their lunch as a place to eat and meet with colleagues.



VIRTUAL CAREER FAIR
MEET LIVE WITH EMPLOYERS BACK HOME
FEBRUARY 25, 2014 4-6 PM



Strategies to avoid office weight gain

By Lt. Col. Twyla Leigh

U.S. Army Public Health Command

It's been a long day at the office and visions of the vending machine flash through your mind.

Caffeine and sugar are calling your name, but stop: The additional 140 calories from a 12-oz. can of soda and 220 calories or more from a candy bar or bagged snack, if consumed on most work days, will create a weight gain of a jumbo 25 pounds per year.

Even if the soda is diet and only the candy or bagged snack is eaten, expect a weight gain of 15 pounds per year. Add to that the extra calories we eat when someone brings in doughnuts or "goodies" to the office, or dipping into the desktop candy jar? These office hazards add to inevitable weight gain that most of us blame on aging, heredity or metabolism.

In addition, technology has created an environment in the office and at home that promotes sedentary behavior. Studies have shown that sitting too much during your waking hours — whether it is at your desk, in meetings or in front of the television — is detrimental to your health and may increase your risk of cardiovascular disease and other chronic diseases. In addition, too much sitting combined with a lack of physical activity — at least 30 minutes of moderate intensity exercise — can contribute to weight gain.

Healthy nutrition and physical activity are two of the three key components of health defined in the Army surgeon general's Performance Triad (the third is quality sleep). Quality nutrition promotes health, prevents disease and contributes to achieving and maintaining a healthy body weight. We think better, feel better and perform better when our bodies are well nourished.

We are not destined to work in "obesifying" office conditions and can make positive changes in our work world to manage our health and weight. Be prepared for office pitfalls, even if you work from

home, and plan ahead.

Here is a list of strategies to consider for a healthier work environment:

Eat breakfast: Breakfast skippers start the day at a disadvantage, may start "grazing" early and feel they have no will power or resistance to sugary and fatty foods that they might otherwise avoid.

Bring healthy, portion-controlled lunches and snacks: Prepare your lunch and snacks the night before. By doing this you have complete control over the size of your meals and what goes into your body, and you save money too. In addition, having healthier, portion-controlled snacks on hand will keep you from visiting the vending machine.

Eat mindfully: No matter what you are eating, focus on the smell, taste and crunch. Avoid eating while you are working at the computer. This type of "multitasking" doesn't allow you to realize that you are satisfied with your snack or meal, and you may be tempted to keep grazing. Try eating instead in a relaxing area away from your desk.

Think thirsty, not hungry: Have

lots of cool water on hand to drink throughout the day. Many times we think we are hungry and overeat when we have simply not had enough fluids. Stay away from sugary, calorie-laden cold and hot beverages.

Sit less and move more: Grab a movement break. Stand up and stretch. Take a 10-minute walk break and get some steps in to reach the recommended Performance Triad goal of 10,000 steps daily. Walk briskly to meetings. Take the stairs instead of the elevator. Park your car at the farthest point in the parking lot. Limit phone calls to co-workers and walk over instead.

Identify supportive co-workers: Share recipe ideas for healthy snacks. Encourage one another to eat healthfully and exercise more.

Change the office culture: Model good eating. If you bring in a snack to share, make it healthy fresh fruit, whole grains or low fat recipes. Suggest non-food rewards and celebrations. Positive recognition and certificates of appreciation add to a supportive, productive and healthier work culture.

Valentine's roses for your sweetheart!

Orders: Place your orders by Jan 31 for 1 dozen long-stemmed roses delivered to you or your sweetheart on Darby or Depot.

Cost: \$55 per dozen or \$5 per rose

Deliveries: Friday, Feb 14, 10:30 a.m.-4 p.m.

Contact: BOSS representative or Family and MWR Boss Advisor



Facebook: Camp Darby MWR
www.vicenza.armyMWR.com/europe/darby/



Fine arts standouts show work, share limelight

By USAG Vicenza CYSS

USAG Vicenza CYS Services, in conjunction with Vicenza High School, hosted the Boys and Girls Clubs of America Fine Arts Exhibit in the Vicenza Military Community post library throughout the month of December.

More than 80 original works of art in a variety of media graced the main floor of the library to the delight of patrons and passersby. Young artists receive recognition by having their artwork professionally displayed, and additional recognition if their work is selected for judging at the regional and national levels.

Each year, the best pieces from the local exhibits are displayed at regional fine arts exhibits. Artwork is grouped by specific age classes and categories. The best of the best are selected from the five regional exhibits by the judges and submitted for judging at the national level.

Youth from the Youth Center on Villaggio created a variety of paintings and drawings while learning new art techniques with Michelle Sterkowicz, director of the Arts and Crafts Center. Artwork from the high school students came from Kathleen O'Neill's classroom at Vicenza High School. The Vicenza post library hosted more than 80 pieces of art and community members had the opportunity to vote via paper ballot at the library, selecting the best piece for each age group.

This year's Vicenza community winners included:

Multicolored drawings: **Eva Anderson**, ages 10-12; **Emily Pena**, ages 13-15; and **Carolina French** and **Jessica Kishbaugh** (tied) for ages 16-18;

Watercolor: **Kaely Wilson**, ages 13-15; and **Faythe Stone**, ages 16-18;

Collage: **Andrew Shelley**, ages 13-15; and

Acrylic: **Chanel Powell**, ages 16-18.

"I love art and color. I am really surprised and honored my art was chosen," said Wilson, a ninth-grader.

"For me, art is a matter of passion, fun and creativity. It has nothing to do

with winning or losing," said Kishbaugh, a senior.

"It's a huge honor to be recognized at all for the artwork I worked hard on," said ninth-grader Pena.

"Art for me is like breathing: it's involuntary. No, I'm kidding. Art is really important to me. Thanks to everyone who thought my art was good enough," said Stone, a senior.

Discovering talent

The National Fine Arts Exhibit program was created to help uncover the artistic talents of youth and motivate them to develop their creative skills and possibly explore related career opportunities. By showcasing the fine arts program in a local community and providing young artists with the unique opportunity seeing their creations professionally displayed, they gain recognition from their family, their peers and their community.

The National Fine Arts Exhibit is displayed at the BGCA's National Conference and tours the United States during the year. A web-based virtual gallery is also featured for public viewing at www.bgca.org

The art works are afterward returned to the contributing communities.

"The annual Boys and Girls Club Art Exhibit is always a treat," said Kat O'Neill, the VHS art instructor.

"Like music concerts, visual art thrives on being seen in the community. The schools, students and I so appreciate the work Luca Harbeson does to make this annual December show happen at the post library. I am very proud of the work my students produce, as it takes courage to express oneself visually. It's more difficult than you might think. It takes risk and a non-judgmental mind, which art students do daily through their work," she said.



Photo by Gabriel Moore

National Fine Arts Exhibit stars, freshman Emily Pena (left) and senior Faythe Stone, share a thoughtful moment in the halls of Vicenza High School.



VILLAGGIO YOUTH CENTER **LOCK-IN** 6TH GRADE



January 24
9 p.m. - 8 a.m.

**Join this exciting event where
food, fun and programming
happen all night long!**

**Register by January 23 via Webtrac
or at Parent Central Services.**

For more info call 634-7659 or visit www.vicenza.armyMWR.com.

Vicenza Model UN resolutions passed in Prague



Photo by Marika Witt

VHS delegates Katie Claunch (left) and AJ Munoz (right) represent Ireland and Norway respectively during deliberations of the Prague Model UN Jan. 11 in the Czech capital.

By Alexandra Frank

Special to the Outlook

This past week the students of the Model United Nations class at Vicenza High School traveled to Prague, capital of the Czech Republic, to present, discuss and debate different resolutions with students from many different countries.

MUN is an organization in which students have the opportunity to work together to seek solutions to real world issues that the UN faces every day.

Each school represented a number of member states of the UN. Each country was then represented in a variety of committees, among them the Human Rights Committee and the Security Council. This year the VHS delegation represented Ireland, Norway and Japan in each of the committees.

Vicenza's MUN students were new to the class, and in turn were led by VHS English teacher Angela Gibbons, who had little experience with the

program. The team arrived in Prague not quite sure what to expect at the conference or how to prepare for it, but adapted quickly.

As a result, the entire expedition was a learning experience for both students and teacher, and a truly educational event for all concerned. Together they were able to gain enough knowledge about the procedures of MUN to allow the VHS team to successfully participate as leaders of the conference.

Veteran MUN participants and committee chairman Bobby Ramirez, a senior from Ramstein High School in Germany, was impressed by this year's Vicenza MUN group.

"I am fully confident that Vicenza can build a program that could easily rival those of Ramstein and Patch over the next few years. Vicenza was a great addition to the PRAMUN (Prague MUN) family and came to the conference with a lot of information on their countries," he said.

The Vicenza team drafted a total of four resolutions that were success-

fully negotiated through individual committees and brought forward for votes by the conference General Assembly. Three of the four were adopted.

Gibbons, at first skeptical about the outcome of the conference, called the endeavor one of the best educational trips she has ever led.

"My students were prepared, and some of the best mannered of the conference," she said. "It was a great opportunity for them to learn to debate, write resolutions and meet new students their age from different cultures."

Students also took the opportunity to learn about the history of the Czech Republic. On their first day in the historic capital, they were treated to an all-day walking tour of the city. Seeing the St. Charles Bridge and learning the history of the monastery and the Czech Communist regime, which ruled the country up until the end of the 1980s, were among the most fascinating aspects of the entire trip.

On their second to last night in Prague, the Vicenza students had the honor of meeting one of the women responsible for the fall of the Communist party of Czechoslovakia. She gave a speech about the challenges and fears she faced as the government fell, and how she overcame them for the betterment of her country. It was a once-in-a-lifetime opportunity for everyone attending PRAMUN to get a firsthand account of a monumental moment in history.

Unforgettable experience

Nina Tarr of the Vicenza MUN team said she believes the entire conference was an educational experience that students will never forget.

"PRAMUN was a great experience. We were able to learn new skills and meet many new people," Tarr said. "Although we did not know much going into the conference, we were among the most prepared delegates."

Next year's Vicenza MUN class has much to look forward to at the Prague Model UN conference.

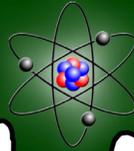
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NERD ALERT!

It's

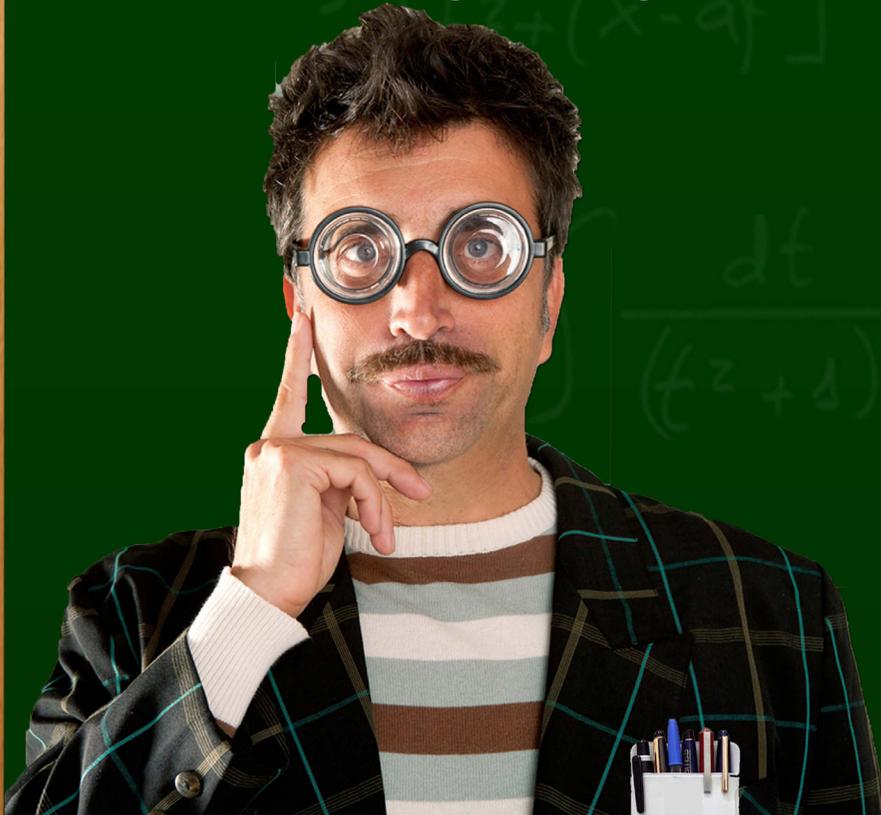
Nerd Night



at the Warrior Zone

Test our new **Food & Drink** experiments
for \$1

Watch the **Big Bang Theory** series all night!



Mondays
7-10 p.m.



www.vicenza.armyMWR.com



Photo by Anna Ciccotti

Fantastically creative and occasionally satirical floats are a mainstay of the annual *Carnevale di Viareggio*.

Viareggio Carnival to mark 141 years

By Chiara Mattiolo

Darby Military Community PAO

Once again the Carnival of Viareggio is about to display its art and magic. Dating back to its birth during the Mardi Gras of 1873, and widely considered to be one of the most beautiful and spectacular events in the world, the carnival will celebrate its 141st year of excitement and fun.

According to the tradition, the day of the first floats parade is known as the day of “settlement” of Burlamacco — the symbol of the Viareggio Carnival — that takes possession of the city and opens the festivities of *Carnevale*.

While dancing, checking out the amazing variety of masks and strolling around the parade area, the crowd waits in anticipation for the fateful moment of the carnival flag rising. At the trumpet sound, the Burlamacco banner of the Carnival of Viareggio and symbol of good humor will be hoisted up its flagpole. Immediately after, a spectacular fireworks display will light up the sky over Viareggio.

According to the official Viareggio Carnival website, the idea of organizing a parade of floats to celebrate Car-

nevale outdoors developed among some youth of the well-to-do circles of society in February 1873. It has had a life of its own ever since.

The First World War almost killed the Carnival tradition in Viareggio; however, the carnival flourished again in 1921 with even greater splendor, when the masked floats paraded along the two main avenues that run parallel to the beach. From that time until today, that route is the traditional stage for the parade of Carnival floats.

Innovations over time, tradition prevails

In 1923 Pierrot, the most nostalgic and romantic among the masks, was the first figure to move its head and eyes. Thanks to the initiative of some manufacturer, papier-mâché was introduced in 1925. The material was immediately used for the floats and enabled makers to create huge, yet light constructions.

After the Second World War, the Carnival of Viareggio recovered its full splendor, and in 1954 was the subject of a national broadcast. Decades later it would become a subject for Eurovision, broadcasting and expanding the popularity of the event throughout the world.

The traditional carnival period runs from about two



Photo by Chiara Mattiolo

weeks before Lent and ends on Ash Wednesday, but the parade schedule in Viareggio lasts a little longer. This year the grand opening will take place Feb. 15 at 6 p.m. The crowd pleasing float parades will take place Feb. 16 and 23, and March 2, 4 and 9.

Due to heavy traffic and difficulties in parking, the easiest and safest way to enjoy the event is to attend with the trips organized by Darby Outdoor Recreation.

"I found it very convenient to attend the Carnevale taking advantage of Outdoor Recreation," said Camp Darby Youth Center director Jennifer Kandell. "It is both convenient to avoid traffic and parking issues, but also safer if people are enjoying the party and don't feel comfortable driving back."

Camp Darby Outdoor Recreation will lead trips to Viareggio Carnevale March 2 and 9, departing at 3 p.m. and returning at 10 p.m.

The final parade of Carnival 2014 coincides with the 400th float parade in the history of the festival. The long day's spectacle will end after sunset with the night floats parade. Closing the event will be an award ceremony recognizing the winners of the four categories of competition and the amazing fireworks along with the lowering of Burlamacco's flag.

If you venture on your own, keep in mind that entry is €15 for adults, €10 for children 11 and 12, and free for children under 10. Viareggio is about a 30-minute drive from Camp Darby. More information is available from Tours and More at 633-7589.

Speak Out

What is the legacy of Dr. Martin Luther King Jr.?



Michael Humelsine
Family member

"To guarantee equality of rights to all human beings."



Master Sgt. Taddy Peterson
405th Army Field Support Battalion Italy

"Ensuring quality of life for all mankind."



Monica Mechur
Second Glance Thrift Store

"I have a dream, to be rich and stronger, to be able to help others."



Family and MWR

Vicenza Military Community



Acoustic Jam & Music Cafe

Roberto Dalla Vecchia returns to Soldiers' Theatre with Acoustic Jam 2014. This is an exciting, all new, folk, bluegrass and acoustic guitar concert by beloved veteran musician, flat picking star and recording along with special guests. Tickets always sell fast for these two performances Jan 31 and Feb 1, 7:30 p.m. Call 634-7281 or 044-471-7281 for reservations.

Music Café returns for a free special 4th anniversary celebration on Jan 24, 7:30 p.m.. Enjoy the casual improv jam for music lovers by music lovers. Great music and amazing community talent. Bring your favorite instrument and jam with us. Enjoy light snacks and refreshments while listening to local musicians jam.

ODR Trips

- Jan 20 Illy Café Tour
- Jan 25 Ferrari Museum
- Jan 26 San Martino Ski
- Jan 30 Cooking Wild Game Class

Register on WebTrac or at ODR. Call 634-7453 for information or visit our website.

CYSS Baseball & Softball Umpire Clinic

Little League Umpires Jack Conway and Russ Russlender will conduct the CYSS baseball and softball umpire clinic January 21-24. Sign up today to get certified to umpire games and support the community. Call 637-7161 to register before Jan 20.

Family Art Day

This Family time for creativity is open to all ages, although it is best suited to children ages 2-14 years. Parents must stay and are encouraged to participate! Jan 24, 3:30-5:30 p.m. at the Art Center. Call 634-7074.

Adult Beginner Swim Lessons

For adults with little or no experience in the water. Feb 2-28 classes help students feel comfortable in the water and learn essential elementary aquatic skills including water adjustment, front and back float, introduction to front crawl and back crawl. Sign up at the Fitness Center before Jan 31.



Register using MWR Online Services for:

Vicenza Trip & Classes

Vicenza CYSS Activities

Vicenza Facebook Page





Darby Military Community



Red Roses for your Sweetheart

Don't forget your sweetheart this Valentine's Day! Order one dozen long-stemmed roses to be delivered to you or your sweetheart.

Orders must be placed by Friday, January 31 Contact a BOSS representative or Family and MWR BOSS Advisor or call 633-7438. Cost is \$55 per dozen or \$5 per rose.

Deliveries will be made on Friday, February 14, 10:30 a.m.-4 p.m.

Darby Now Has its Own Web Page

Darby information and events are no longer co-located with Vicenza. You can select info that only pertains to Darby (vicenza.armymwr.com/europe/darby) or Vicenza (vicenza.armymwr.com/europe/vicenza) on their respective pages or view both on the Italy landing page (vicenza.armymwr.com/europe/italy). Now optimized for viewing on your mobile devices, it includes several new features as well. Visit our Facebook page to find out more.

Darby Benvenuti

Don't miss this fantastic opportunity to learn about the Darby Military Community and the culture of Italy while making new friends! This class consists of the following:

Day 1: Full day of learning the Darby resources from subject matter experts

Day 2: Full day of language and culture held at ACS

Day 3: Receive a tour of downtown Pisa and riding the public transportation

Day 4: Visit downtown Livorno and experience local culture Class Dates: Feb. 10, 9 a.m. - 4:30 p.m. register by calling 633-7084.

ODR Trips

| | |
|--------|------------------|
| Jan 18 | Genova Aquarium |
| Jan 25 | Abetone Ski Trip |
| Feb 1 | Abetone |
| Feb 1 | San Gimignano |

For complete list and trip info visit our website.

Darby Parent's Night Out

On Jan 25, relax, enjoy an evening out while CYSS takes care of the kids! Payment is due at the time of registration, no telephonic reservations will be accepted. Register by January 22.

CYSS Abetone Ski Trip

Youth ages 5-18 can hit the slopes in Abetone for a day of skiing and snowboarding on Jan 24. Register at the Youth Center by Jan 23. For info, call 633-7521.

Register using MWR Online Services for:

Darby Trip & Classes

Darby CYSS Activities



Darby Facebook Page

*Soldiers' Theatre
Presents*

A Acoustic Guitar Jam

January 31 & February 1

Begins at 7:30 p.m. | Tickets: \$10

***The Acoustic Jam is back!
This exciting and all new folk,
bluegrass and acoustic guitar
concert is by beloved veteran
musician, flat picking star
and recording artist
Roberto Dalla Vecchia along
with special guests!***

One performance only!

***For info or tickets call 634-7281.
www.vicenza.armyMWR.com***





Prima del Torcolato

VENETO

Prima del Torcolato

Torcolato new wine festival in Breganze

Jan. 19, in Breganze, Piazza Mazzini, about 15 miles north of Vicenza. The Torcolato is the gem of Breganze's winemaking tradition. It is produced from pressing dried Vespaiola grapes, which are hung (*torcolate*, in the local dialect) on strings from wooden beams in farmhouse attics; 2:30 p.m., public pressing of the 2013 grape harvest and Torcolato wine tasting; local products exhibit and sale; folk music and dancing.

Cerea in Love

Jan. 26, 9 a.m. to 7 p.m., in Cerea (Verona), about 45 miles southwest of Vicenza, downtown streets and squares, crafts and hobby items market and gift ideas for people in love; local product exhibit and sale; entertainment for children with games and bounce houses; sales in downtown stores that will be open all day long.

Sagra a Sant'Antonio Saint Anthony Fair

Jan. 17-19, in Valli del Pasubio, 22 miles northeast of Vicenza; food booths featuring *bigoli* with duck sauce, *sopressa*, traditional desserts, *vin brulè* (hot spiced wine), open at 8 p.m. on Jan. 17, 5:30 p.m. on Jan. 18, and 10:30 a.m. on Jan. 19; live entertainment with bag-

pipes musicians, choirs, and games.

Conservatory Concerts

Jan. 18 and Jan. 25, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33; music of Ludwig van Beethoven; free.

Sagra del Broccolo Fiolaro Broccoli Festival

Through Jan. 19 in Creazzo, sports center, Via Torino 10, about 5 miles west of Vicenza. The *broccolo fiolaro* is a typical crop of the Creazzo hills, its name derived from the several sprouts along the stalk of the plant, which in Venetian dialect are called *fioidi*, or offspring. Food booths featuring gnocchi with broccoli, traditional *fritola*, or doughnut, and typical Creazzo dishes, open at 6:30 p.m.

Vicenza on Ice

Ice skating in Vicenza on the Campo Marzo across from the main train station, ongoing through Jan. 19, open daily from 3-8 p.m., Sunday from 9 a.m. to noon.

Concerts in Vicenza

Upcoming performances at the *Teatro Comunale*, the City Theater, Viale Giuseppe Mazzini 6-39, include:

Jan. 25 - Terramara 1991-2013, ballet

Feb. 3 - Violin and piano concert with Leonidas Kavakos and Enrico Pace

Feb. 13 - BJM Les Ballet Jazz de Montréal

Feb. 20 - Ragtime, blues and more, the music of Gershwin, Brubeck, Joplin and others

Performances are at 8:45 p.m. Get tickets at the box office or online at <http://www.tcvi.it/>

Il Fantasma della Forma The Phantom of Form

An exhibit of some 30 major pieces of sculpture including work by De Chirico, Giacometti, Rodin, Renoir and Degas. Through Feb. 16 in Lonigo, Palazzo Pisani, Piazza Garibaldi; open Thursday and Friday, 3-7 p.m.; Saturday and Sunday, 10 a.m. to 12:30 p.m. and 3-7:30 p.m. Entry is €5.

Di Carta/Papermade

International Paper Exhibition

Through Feb. 22 in Schio, Palazzo Fogazzaro, Via Pasini 44, about 16 miles northwest of Vicenza. Artists from 29 countries exhibit their work made exclusively with paper. Open Wednesday, 10 a.m. to 12:30 p.m.; Friday, 4-7 p.m.; Saturday and Sunday, 10 a.m. to 12:30 p.m. and 4-7 p.m. Free entrance.

Bodies Revealed

Through March 30 at Pala Arrex, Via Aquileia 123, in Jesolo, displays 200 actual human bodies, preserved for viewing through plastination, a special technique that replaces body liquids with silicone polymers for an educational and awe inspiring look at the beauty of the human form. Entry is €16; €12 for children 6-14; €14

Continued on next page

VENETO

for over 65, disabled and their helpers; free for children under 5. Open Saturday, Sunday and Italian holidays, 10 a.m. to 6 p.m.; Friday guided tours can be booked at info@bodiesrevealed.it

Antiquaria Antique Show and Market

Through Jan. 19, Thursday and Friday 3-8 p.m., Saturday and Sunday 10 a.m. to 8 p.m., in Pordenone, Viale Treviso, 1, about 92 miles northeast of Vicenza; furniture, paintings, antique artifacts, jewelry, curiosities and rarities. Admission is €10, €5 for over 65, free for children under 17.

Sand Nativity by the Sea

Christmas lingers on through Feb. 2 at Jesolo Beach in the form a huge, sand sculpted Nativity by some of the best artists in the world. At Lido di Jesolo, about 100 kilometers east of Vicenza, daily from 10 a.m. to noon and 2-6 p.m.; Saturdays and holidays from 7-10 p.m. Admission is free.

Verso Monet Toward Monet

A major art exhibit, now showing in Verona and opening in Vicenza Feb. 22, presents an overview of the development of landscape painting from the 17th to the 20th centuries. It features more than 90 paintings from private collections and museums bearing on the treatment of nature as the main subject in art, culminating in Monet's *Water Lilies* and nature paintings of the early 20th century. Through Feb. 9 in Verona, Palazzo della Gran Guardia, Piazza Bra; Monday to Thursday, 9 a.m. to 7 p.m., Friday and Sunday, 9 a.m. to 8 p.m., and Saturday, 9 a.m. to 9 p.m.; tickets are €15. In Vicenza, Basilica Palladiana, Feb. 22 till May 4, 9 a.m. to 7 p.m.

Dinosauri in carne ed ossa Dinosaurs in flesh and bone

Through May 4 in Bassano del Grappa, Bonaguro Palace, Via Angarano 117, about 36 kilometers northeast of Vicenza. Full size model dinosaurs and other prehistoric animals reconstructed. Open Thursday and Friday, 3-6:30 p.m.; Saturday, Sunday and Italian holidays, 10 a.m. to 7 p.m. Entry is €8; €5 for under 13 and over 65; free for children under 3.

Antiquaria in Pordenone



Vicenza area antique markets Jan. 19

Asiago: 9 a.m. to 6 p.m., Via Trento e Via J. Scaiaro, about 34 north of Vicenza

Godega di Sant'Urbano: 8:30 a.m. to 6:30 p.m., Via Roma, about 78 miles northeast of Vicenza

Montagnana: 8 a.m. to sunset, in Piazza Maggiore 150, about 27 miles south of Vicenza

Padova: 8 a.m. to 8 p.m. Prato della Valle, about 24 miles southeast of Vicenza

TUSCANY

Mostra del Disco e del Fumetto Records and Comic Books Exhibition

Jan. 25-26, 10 a.m. to 7 p.m., in Arezzo, Via Spallanzani 25. Entry is €5, €4 for over 60 and under 14; more than 100 exhibitors.

Militotoscana

Military items exhibit and sale

Jan. 18, 9:30 a.m. to 7 p.m., and Jan. 19, 9:30 a.m. a.m. to 6:30 p.m., in Empoli (Florence), Piazza Guerra Guido, 13. More than 60 collectors display and sell helmets, uniforms, military maps and medals from WWI and WWII; food court and free parking available. Entry is €6, €5 by downloading exhibit flyer.

Viareggio Sposi Wedding Exhibition

Jan. 18-19, 10 a.m. to 7:30 p.m., in Viareggio (Lucca),

VIRTUAL CAREER FAIR

MEET LIVE WITH EMPLOYERS BACK HOME

FEBRUARY 25, 2014 4-6 PM

Via Guglielmo Marconi 130. Free entry.

Sagra del Neccio **Neccio Festival**

Jan. 19 and Jan. 26, 2:30-7:30 p.m., in Migliana, Cantagallo (Prato); local crafts and products market; food booths feature a typical Tuscan dessert, neccio, a sort of doughnut made out of chestnut flour filled with ricotta cheese or Nutella.

Palio di Buti

Jan. 19 in Buti (Pisa). The first Palio in Tuscany every year, the Palio di Buti originates from the religious celebration of St. Anthony, protector of domestic animals. According to a tradition dating back to the 19th century, all domestic animals in Buti were to be blessed by the parish priest. Of all the domestic animals, the horse, being then the only method of transport, was particularly appreciated. After the horses had been blessed, their owners would challenge each other to horse races, which continues today in the tradition of the Palio. The horse race is preceded by dinners in the streets, theatrical performances and a pageant in historical costumes at 2:30 p.m. Spectators can follow the competition on a giant screen.

Verdi Theater performances

At the Verdi Theater in Pisa, Via Palestro 40

Feb. 8: Les Contes d'Hoffmann

March 7: Andrea Chénier

March 29: Pinocchio

Andy Warhol: Una storia americana

Andy Warhol: An American Story

In Pisa through Feb. 2 at Palazzo Blu, Lungarno Gambacorti 9; Tuesday to Friday, 10 a.m. to 7 p.m.; Saturday and Sunday 10 a.m. to 8 p.m. The exhibit features Warhol's famous portraits of Mao, Nixon, Che Guevara, Liz Taylor, Mick Jagger and Marilyn Monroe among others and the well known silk-screens of Campbell's Soup cans, 20 rare Polaroid photos and many paintings. Entry is €10, €8 for children under 10.

Area antique markets this weekend

Certaldo (Florence): Jan. 19, 9 a.m. to 7 p.m., Piazza Boccaccio and Via 2 Giugno

Lucca: Jan. 18 -19, 9 a.m. to 7 p.m, Piazza Antelminelli, Piazza S. Giovanni, Piazza San Giusto, Via San Giovanni, Corte Bertolini

Marina di Grosseto (Grosseto): Jan. 19, 9 a.m. to 7 p.m., Via XXIV Maggio

Quarrata (Pistoia): Jan. 19, 9 a.m. to 6 p.m., Piazza Risorgimento

CONCERTS

An Evening with Dream Theater - Jan. 20 in Assago (Milan); Jan. 23 in Padova

Michael Bubl  - Jan. 27-28, 2014 in Assago (Milan)

Backstreet Boys - Feb. 22, 2014 in Assago (Milan)

Simple Minds - Feb. 25, 2014 in Assago (Milan)

Joe Bonamassa - March 8 in Milan

Band of Skulls - March 10 in Milan

James Blunt - March 18 in Assago (Milan)

Gavin DeGraw - March 19 in Milan

Skunk Anansie - March 22 in Padova

The Piano Guys - April 9 in Milan

Sensation - April 25, Casalecchio di Reno (Bologna)

Robbie Williams - May 1 in Torino

Ben Harper - May 9 in Padova, May 13 in Milan

Yes - May 17 in Padova, May 18 in Assago (Milan)

Johnny Winters - May 19 in Rome; May 20 in Udine; May 21 in Mezzago (Milan)

Lisa Stansfield - May 28 in Padova, May 29 in Bologna

Aerosmith - June 25 in Rho (Milan)

One Direction - June 28 in Milan

Tickets at Media World, Palladio Shopping Center or online.

Sagra del Neccio



Event listings are as reported at press time. Details are subject to change without notice. Check before you go.

The Outlook

accepts
submissions

Email content for
consideration by
noon on Friday of
the week before
publication. Click
the logo below.



Virtual Career Fair

The Army Career and Alumni Program in partnership with Veteran Recruiting Services will host a Virtual Career Fair via Internet Feb. 25 from 4-6 p.m. All are welcome to register and join recruiters from dozens of leading American firms and government agencies from any location equipped with a computer and on-line access. The Vicenza ACAP center will be open during the fair and counselors will be on hand for assistance. Call 634-7188/7189 or 0444-71-634-7188/7189 for assistance.

Villaggio Youth Center

The Villaggio Youth Center offers daily activities for VMC youth including art, computers, fitness, education and community service. The center has a rock climbing wall, music equipment, a technology lab and a homework room as well. The center is open 2:45-6:30 p.m. on school days. Highlighted activities in January include a ski/snowboard trip to Kron Platz on Saturday, Jan. 25. Please register in advance via Webtrac or call 634-7659 or 0444-71-7659.

Postal rates to increase

The U.S. Postal Service will raise

Community news briefs

postage rates effective Jan. 26. First class letters will start at \$0.49 and the Priority large flat rate box will cost \$17.45. Postal Center officials ask that community members ensure that all letters deposited in the blue USPS letter collection boxes throughout the community carry the correct postage to avoid delays.

National Prayer Breakfast

The Vicenza Military Community is in-

vited to take part in the 2014 National Prayer Breakfast at the Golden Lion Conference Center Feb. 7 from 7- 8:45 a.m. U.S. Army Chief of Chaplains, Chaplain (Maj. Gen.) Donald Ruthertford will speak. Uniform is ACUs, appropriate attire for civilians. Event is free for E-5 and below, suggested donation for E-6 and above is \$2.50.

Benefits briefing

The VMC CPAC will conduct its first-

JOIN THE FUN!

the edge

January



Art EDGE! Wall Art at the Library

January 9-30, 3:30-5 p.m., Thursdays

Post Library

Get into the Community spirit with your everlasting artistry. Design, plan and execute a large wall mural as a group.

Cost: \$20 | Enrollment starts December 9



Fit EDGE! Youth Boxing Training & Conditioning Program

January 14-29, 4:30-6 p.m., Tuesdays & Wednesdays

Ederle Fitness Center Combative Room

Learn emotional and physical self-discipline.

All skill levels and genders are welcome.

Cost: \$20 | Enrollment starts December 9



Fit EDGE! Go With the Flow Yoga

January 13-February 3, 3:30-4:30 p.m., Mondays

SKIES Annex Bldg 395 (behind Arts & Crafts)

Learn meditation, relaxation, breathing exercises and poses at Vinyasa Flow Yoga for beginners.

Cost: \$20 | Enrollment starts December 9


U.S. Army Child, Youth
& School Services

Open to grades 6-12.

To enroll visit CYSS Parent Central Services

or register online with WebTrac. Register for one or all.

For more information call 634-7219.

www.vicenza.armyMWR.com



of-the-year quarterly benefits briefing Jan. 30 at the post theater from 1-3 p.m. Topics covered will address such U.S. GS employee benefits as post allowance, student travel, RAT travel, emergency travel, LQA reconciliation and TQSA/TQSE. A question and answer period will follow. All GS employees are encouraged to attend.

Community health survey

In its continuing efforts to provide the best services possible to the VMC, the Community Health Promotion Council is seeking direct input on needs and issues that demand improvement or are great as they are. What's on your mind? Is it education, services or crime? Your opinion is important and the CHP Council urges you to complete a short online survey conveying your concerns. The survey takes about 10-15 minutes to complete.

VA benefits assistance

Curious about your VA benefits? There are now two Department of Veterans Affairs benefits briefers available to assist all service mem-

bers, veterans and family members with questions about the VA benefits and services they may be eligible to receive. Benefits can include education, health care, compensation, life insurance and home loans as well as other VA benefits and services. The briefers are in Building 113 in the ACAP hallway. Hours of service are Monday through Friday from 8 a.m. to 5 p.m. To schedule an appointment call 0444-71-6694 or 634-6694, or stop by the office.

Federal pay raise

The Defense Civilian Pay System Theater Support Office announced that most federal employees received a 1 percent pay increase effective Jan. 12, the first pay raise since 2010. Related 2014 pay schedule information is available online.

myPay tax statements

Various earnings and tax documents, W-2s and 1099s for instance, are available now online at myPay: <https://mypay.dfas.mil/mypay.aspx> Still to be posted are Savings Deposit Program 1099-INT on Jan. 23; Active

component Army, Air Force and Navy W-2s on Jan. 24; and travel and miscellaneous W-2s on Jan. 31. Also note: **The Army is scheduled to close all retiree and family member Army Knowledge Online (AKO) accounts between Jan. 31 and March 31.** Army retirees who have AKO email addresses, which end in @us.army.mil, in their myPay accounts should add a personal, commercial email address to their myPay account as soon as possible to continue to receive notices from DFAS. Log into your myPay account and select the Email Address option to add a commercial address.

Post library agreement

All VMC sixth- through 12th-graders must provide a signed agreement from their parents to the library staff to be allowed unsupervised access to.

TSP catch-up contributions

Federal employees who participate in the Thrift Savings Plan and who will turn age 50 during 2014 are eligible to make TSP catch-up contributions, supplemental tax-deferred contributions beyond the regular annual maximum limits. Some status require-

At the movies



The Legend of Hercules

Based on the origin story of the mythical Greek hero. Betrayed by his stepfather the king, exiled and sold into slavery because of a forbidden love, Hercules must use his formidable powers to discover his hidden destiny and fight his way back to his rightful kingdom. Stars Kellan Lutz, Gaia Weiss and Scott Adkins.

Ederle Theater

| | | |
|---------|---------|--|
| Jan. 17 | 7 p.m. | The Legend of Hercules (PG-13) * |
| | 10 p.m. | Lone Survivor (R) * |
| Jan. 18 | 3 p.m. | The Legend of Hercules in 3D (PG-13) * |
| | 6 p.m. | Lone Survivor (R) * |
| Jan. 19 | 3 p.m. | The Legend of Hercules in 3D (PG-13) * |
| | 6 p.m. | Lone Survivor (R) * |
| Jan. 22 | 11 a.m. | Out of Furnace (R) |
| | 7 p.m. | Tyler Perry's A Madea Christmas (R) |
| Jan. 23 | 7 p.m. | Out of Furnace (R) |
| Jan. 24 | 7 p.m. | Jack Ryan: Shadow Recruit (PG-13) * |
| | 10 p.m. | Devil's Due (R) * |
| Jan. 25 | 3 p.m. | The Nut Job (PG) * |
| | 6 p.m. | Devil's Due (R) * |
| Jan. 26 | 3 p.m. | The Nut Job (PG) * |
| | 6 p.m. | Devil's Due (R) * |

Admission: 3D first run (*), adult, \$8, under 12, \$5.25; 3D second run, adult \$7.50, under 12, \$5; first run (*), adult, \$6, under 12, \$3.25; second run, adult \$5.50, under 12, \$3.

Advance tickets: On sale Monday from 11 a.m. to 1 p.m. at the PX Food Court entrance, except on federal holidays. Up to 50 percent of seats will be on sale; the remainder go on sale one hour before show time at the theater box office.

Film ratings and reviews are available at www.imdb.com

ments apply. For details, go online to <http://www.tsp.gov/>

Tax Center seeks volunteer

The Vicenza Tax Center seeks a volunteer interested in taxes with customer service skills and looking to gain hands on experience. Call 0444-71-7316 or 634-7316 for information.

Soldiers' Theatre

The **Music Café** celebrates the start of its fourth year of performances at the Soldiers' Theatre Jan. 24. Join community musicians and singers for an evening of performance, singalongs and jams in a friendly, low-key setting. It's free. And mark your calendars: The popular annual **Acoustic Jam 2014**

with Roberto Dalla Vecchia and Friends will take the stage Jan. 31 and Feb. 1 at 7:30 pm. Get tickets, \$10, at 634-7281 or 0444-71-7281.

South of the Alps still closed

The South of the Alps Dining Facility will be closed through Jan. 23.

TARP briefings available

The Vicenza Military Intelligence Detachment provides Threat Awareness and Reporting Program (TARP) briefings on request. To schedule a briefing call 634-7688 or 331-172-2142.

FOIA training

Freedom of Information Act/Privacy Act training is scheduled for March

25-27 from 8:30 a.m. to 4 p.m. at Building 1368 on Clay Kaserne in Wiesbaden, Germany. To register, send your name, unit, UIC and DSN number to usarmy.badenwur.usareur.mbx.freedom-of-information-act@mail.mil

Club Beyond Austria April 2014

Club Beyond Adventure Camp for middle schoolers will take place in Austria April 6-11. Send an email to avolmert@clubbeyond.org to register.

Basketball championship

The USAG-Vicenza Unit-Recreational Basketball Championship will be held Feb. 7-8. Open play continues Monday, Wednesday and Friday from 11:45 a.m. to 1:30 p.m.

Outlook Religious Activities

Chaplain Crisis Line

To speak with a chaplain after hours, call 634-KARE (634-5273)

Vicenza

Sunday services

9 a.m.: Mass, Sacrament of Reconciliation following Mass or during duty hours

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Tuesday

9 a.m.: Protestant Women of the Chapel

5 p.m.: Contemporary Praise band practice

6 p.m.: PMOC and PWOC Bible study. Dinner provided; no watch care

Wednesday

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursday

9:30 a.m.: St. Mark's Catholic Women

5:30 p.m.: Gospel choir rehearsal

7:15 p.m.: Gospel service Bible study

VMC faith group contacts

Bahá'í Faith: Call 348-603-2283

Church of Christ: Call at 345-469-9974 or 0444-335-135 or send email: vicenzaitalychurchofchrist@gmail.com

Islamic: Call 634-7519 or 0444-71-7519

Jewish: Call 345-907-2108

Latter Day Saints: Young Men/Young Women meeting is every Tuesday at 6:30 p.m. at the Spiritual Fitness Center. Sunday services, 1:30 p.m. in Vicenza. Call 389-268-5605 or email drbob143@gmail.com

Trinity Church Vicenza: An International Presbyterian Church (IPC) congregation. Call 328-473-2949 or email trinitychurchvicenza@gmail.com

Vicenza Hospitality House: A good place for anyone - single Soldiers, men, women and couples to enjoy food, fun and fellowship.

Tuesday: Dinner at 6:30 p.m. with PMOC Bible Study and Women's study following at 7:30.

Friday: Potluck Dinner at 6:30 p.m. with Walk in the Word following. Call if you need transportation. For more information call 0444-581-427.

Call 634-7519 or 0444-71-7519 for info on Chapel activities

Camp Darby

Sunday services

11:15 a.m.: Protestant worship and children's service

Catholic Mass: please call the Chapel at 633-7267 to confirm times as it changes depending on which priest is conducting mass.

Tuesday

9:30 a.m.: Protestant Women of the Chapel

Wednesday

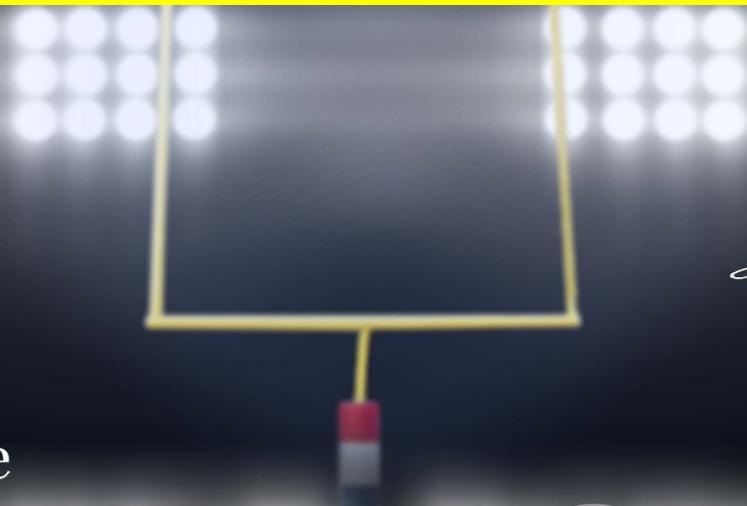
5:30 p.m.: Protestant Women of the Chapel

5:15 p.m.: Protestant Men of the Chapel

6:15 p.m.: Choir practice

For DMC activities call 633-7267

The Outlook Religious Activities page provides announcements and may offer perspectives to enhance spiritual or religious resiliency in support of Army Comprehensive Fitness programs. Comments regarding specific beliefs, practices or behaviors are strictly those of the author and do not convey endorsement by the U.S. government, the Department of Defense, the Army, Installation Management Command or the U.S. Army Garrison Vicenza.



*don't miss a
single play!*

Interactive

SUPER BOWL PARTY

at the Warrior Zone

Feb 2, 2014 8 p.m. - 4 a.m.

Sports Bar atmosphere: *No cover charge*

Enjoy the game at the bar. Never miss a play with 10 TVs throughout the building!

Stadium atmosphere: *No cover charge*

Enjoy the game in the main lounge with a large projector screen!

VIP packages: *\$50 for 5 seats*

Enjoy the game with VIP seating in the theater room with a giant projector screen with surround sound. VIP seating includes 5 seats (you and 4 of your buddies), 1 pitcher of beer, a bucket of wings and fries and wait service.

* Limited VIP packages available. Reserve your seats today!



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