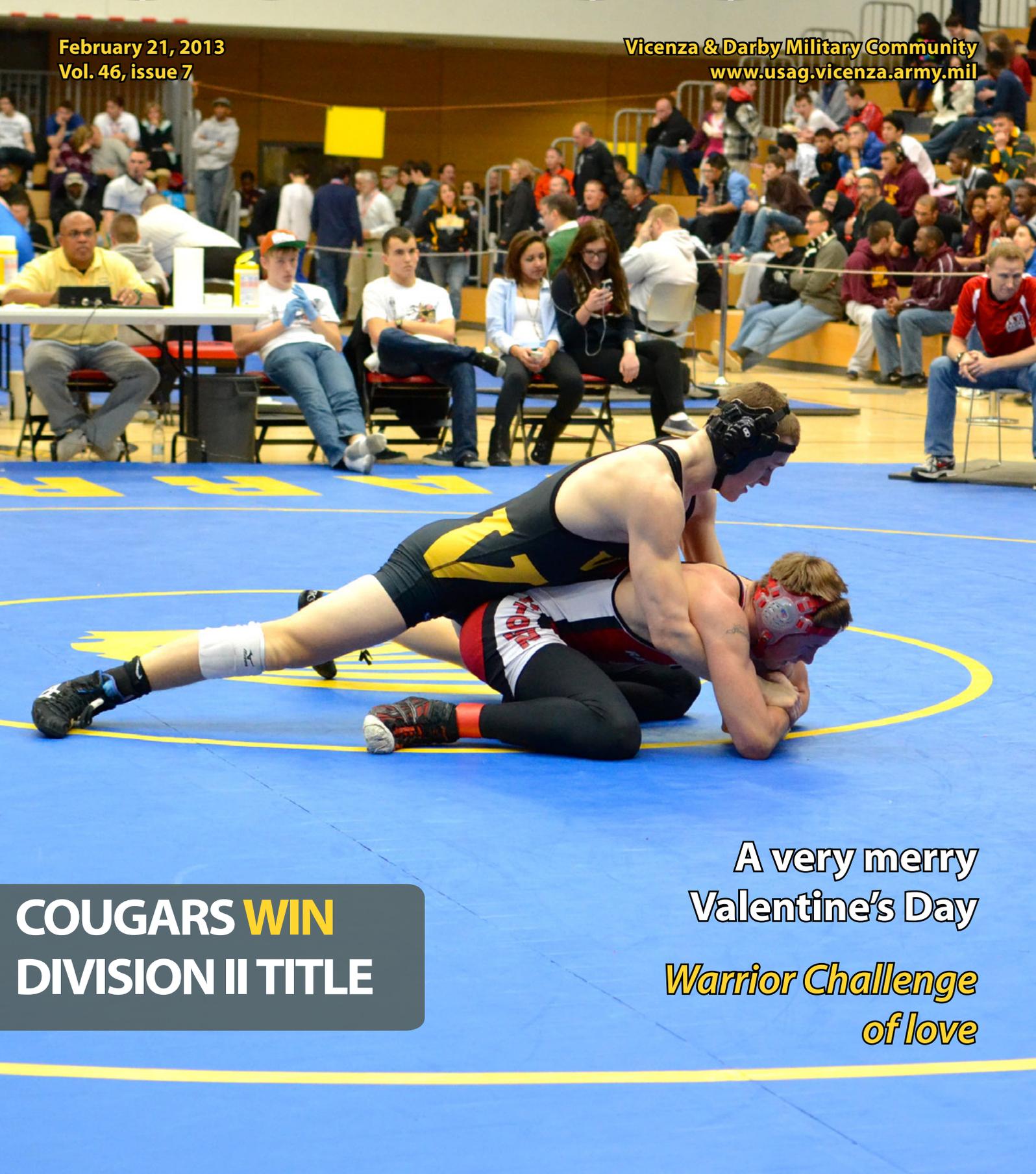


# Outlook

February 21, 2013  
Vol. 46, issue 7

Vicenza & Darby Military Community  
[www.usag.vicenza.army.mil](http://www.usag.vicenza.army.mil)



**COUGARS WIN  
DIVISION II TITLE**

**A very merry  
Valentine's Day**  
*Warrior Challenge  
of love*



# Contents

## Sweet Warrior Challenge

4-5



## Partnerships in Africa



6-7

## Valentine's Day fun

8 and  
16



## Road trip to Asiago



10-11

## Good-bye AFN Livorno

14-15



## Cougars take title



26

<b>Out &amp; About</b>	<b>18-19</b>
<b>FMWR Events</b>	<b>20-21</b>
<b>Community Briefs</b>	<b>22-23</b>
<b>Religious Activities</b>	<b>24</b>
<b>Sports</b>	<b>26-27</b>

## Front Photo

Senior Liam Manville (above) takes down his Kaiserslautern opponent to secure a third-place finish in the 152-lb. division Photo by Saralynn Manville. Read the full story on page 26.



# The Outlook

February 21, 2013, Vol. 46, Issue 7

**U.S. Army Africa Commander**

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THE OFFICIAL HOMEPAGE OF U.S. ARMY GARRISON VICENZA



## Speak Out

### How did you get through last week's big snowfall?



**Lotita Hickman**  
Family member

*"I was cold. The buses were horrible — you can never tell when they'll come."*



**Pfc. Jason Vernoy**  
464th MP Platoon

*"Drive slow, I guess. I just tried to stay on the main roads"*



**Michelle Ortiz**  
Post librarian

*"It wasn't really that bad. The day after was worse than the day of."*

By David Ruderman

**By Grant Sattler**  
*USAG Vicenza PAO*

---

**Cupid was doing his best to warm things up for the St. Valentine's Day Warrior Challenge, but Jack Frost put a definite chill in the air Feb. 14 at the Sports and Fitness track on Caserma Ederle. Sixteen two-member teams took part in this sixth Warrior Challenge event put on by Vicenza Outdoor Recreation.**



[Click here for more photos](#)

# Warrior Challenge warms up wintery Valentine's Day

Competitors in five categories charged through nine Valentine's Day-themed obstacles and challenges. "Lovers" competitors Susan and Peter Tarvis were in the spirit of the event. "Sixteen years married and we've never raced together," said Susan, who competed in an earlier Warrior Challenge and other events.

"A good Valentine's Day event, particularly with the snow and what not, makes it interesting," said Peter, who signed them up for the event. "We're ready to hit it!"

The course featured eight legs: Leap of the Rose hurdles, snow packed "tunnel of love" crawl, 50-yard partner carry, Box of Chocolates chew, tandem sack race, puzzle table, archery event and a pair dash to the finish.

Each event had its challenges, often demonstrating the value of teamwork and taking advantage of each partner's particular strength, whether it was chewing through almost frozen chocolates, which proved the most difficult task for several teams, hitting a heart target with a Cupid-sized bow and arrow, or solving puzzles.

In the Elementary School category, first place finishers were "Superheroes" Selomi Dayaprema, 10, and Becca Ellinger, 10. Taking second place were Nic Ellinger, 8, and Damien Slama, 7. Wrapping up third place were Nicole Herter, 7, and Arial Herter, 10.

In the Middle School category, team "Cupid's Black Heart" Mason Suarez, 12, and Dylan Stone, 12, took first place. Second place went to "Duck Commanders" sisters Abbi Neese, 12, and Hunter Neese, 10, with "Mad Dogs" brothers Dylan McDonald, 12, and Dayton McDonald, 10, coming in third place.

In the Gal-Pals category the competition was fierce, beginning with crazy costumes. Taking first place was team "A 'Heart' On" Gina Finn and Jenny Sandstrum. Coming in second place after difficulty at the Box of Chocolates chew were "Super Cupids" Sally Hilderbrand and Melissa Adamski. Finishing in a hard fought third place spot was "I 'Heart' the '80s" pals Nikki Naylor and Stephanie Julca.

Lovers category winners were first place finishers "Twelve Feet of Perry" Josh and Maggie Perry, who shared a celebratory kiss at the finish line. "Friends Forever" Paul and Danielle McLean came in a strong second place, followed closely by "BAMF" Seth and Tia Snyder in third place.

Finishing up the competition were the Battle-Buddies competition in which Josh Gatlin and Matt Graham of team "Shake-n-Bake" wrested first place from ODR team "Onesies" Chris Wolff and Todd Trivisonno.

All participants received appropriately pink T-shirts with the "Love Hurts" event slogan and stogie chewing Cupid logo. Also assisting at the event were volunteers from FMWR Sports, Fitness and Aquatics, Better Opportunities for Single Soldiers (BOSS), and the Boy Scouts of America Troop 295.



**Top: Competitors leap over hay bales; middle: shoot arrows at cupid's heart; bottom: jump in sycronization and finally Opposite: dash across the finish line.**

*Photos by Joyce Costello*

# Building relationships with African nations

By U.S. Army Africa Public Affairs



Photo by Utah National Guard

**A novel and flexible program managed by the National Guard is assisting U.S. Africa Command and U.S. Army Africa to create and maintain relationships with African partner nations. Known as the State Partnership Program, the framework program involves 54 American states and territories that are matched with countries around the globe to support U.S. national interests and security cooperation goals.**

National Guard organizations from eight states are matched with African partner nations. For example, the North Dakota National Guard is partnered with Ghana Armed Forces and the California Guard is paired with Nigeria. Last month, U.S. Army Africa Commander Maj. Gen. Patrick J. Donahue II attended an SPP Conference for Africa in Warren, Mich. More than 40 representatives from eight states and several commands such as AFRI-COM, USARAF and National Guard Bureau attended the conference.

"The SPP conference was designed to generate dialogue and collaboration between USARAF and state partners, with the goal of synchronizing our efforts in support of developing our African army partners," Donahue said.

Working with long- and short-term goals in mind, the program is divided by regional areas of responsibility and linked to combatant commands, known as COCOMs, and includes National Guard personnel from both the Army and

Air Force. AFRICOM is connected to eight National Guard states: California, Michigan, North Carolina, North Dakota, New York, Utah, Vermont and Wyoming.

According to Capt. Clayton Smith, California National Guard State Partnership director, the California Air National Guard is currently working with the Nigerian Air Force to improve their C-130 fleet.

"Working with the Nigerian Air Force is an ongoing component of the California SPP," Smith said.

"We have been working alongside U.S. Air Force Europe and U.S. Air Force Africa in hosting a variety of familiarization visits to demonstrate to the Nigerians typical USAF C-130 flying and maintenance operations. We've been focusing specifically on overall flying operations, airframe and engine maintenance, and airframe corrosion control operations," he said.

In the recent past, SPP states integrated their personnel with U.S. Army Africa in exercises and activities with African

# USARAF, National Guard units, partner to build regionally aligned forces

partner nations that included leadership and NCO development, field training and command post exercises.

"The State Partnership Program has the advantage of creating relationships that endure for many years, and serve as a model of success for sharing expertise, knowledge, skill sets and developing lasting relationship on the continent of Africa," Donahue said.

"Additionally, the states can readily access a wide variety of skills and specialties, given the size and composition of state National Guard forces, and the civilian skills that National Guard personnel bring to the table," he said.

"Beginning this March, 2nd Brigade Combat Team, 1st Infantry Division, stationed at Fort Riley, Kan., will support AFRICOM's security cooperation requirements. SPP states and USARAF will develop a series of linked activities that build a fielded and sustainable capability in our partner army," said Donahue.

"The Army's vision for Regionally Aligned Forces emphasizes providing culturally attuned and globally minded Soldiers who are capable of working with foreign forces to

share their knowledge and expertise toward the long-term goal of developing enduring relationships and strengthening security cooperation between the United States and partner nation land forces," he said.

"The RAF can learn what works from the SPP states," he said.

The RAF brigade is slated for just about 120 activities in 34 countries in Africa in a six-month period, said Donahue.

"The RAF brigade won't be able to conduct all of U.S. Army Africa's planned activities, and we will continue to count on the support from the National Guard to fulfill the majority of our missions," he said.

The USARAF commander said he believes SPPs are and will continue to have a positive influence on the people of the African continent.

"With the State Partnership Program we are able to create, improve and maintain important relationships with our African partners with programs that both promote professionalism and make a difference," Donahue said.



Photo by Master Sgt. Grady Fontana

# Valentine's Day in Vicenza

Parents and children join together to make Valentine's Day crafts at the Villaggio Child Development Center Feb. 14. Similar crafting sessions took place at the community library, the Arts & Crafts Center and in classrooms across the community in the days leading up to the holiday.

Photos by Joyce Costello



Photo by Grant Sattler

Valentine's Day also coincided with homecoming for lucky couples and families as Sky Soldiers of the 173rd ABCT continued returning to Vicenza in significant numbers.

# Online apps can help you breathe, live healthier

By Brandy Somera  
Special to *The Outlook*

Your breathing can be a powerful ally in coping with temporary physical and emotional states during stress.

The Army's new Tactical Breather mobile application, available through T2 Health, the National Center for Telehealth and Technology, is a great tool for initiating the body's relaxation response.

Many people who have difficulty finding time for meditation or a stress techniques class will find this application useful. It can be used anywhere for any length of time you can fit into your day.

This iPhone or Android application assists in controlling your physiological and psychological responses to stress.

In stressful times we often find

ourselves breathing too rapidly. Rapid breathing leads to a build-up of oxygen in the bloodstream and a decrease in the relative amount of carbon dioxide, which in turn upsets the ideal acid-alkaline (pH) balance of the blood, which results in a feeling of anxiety and irritability.

The Tactical Breather can guide you through the exercise of techniques to slow your breathing, which raises the carbon dioxide level in the blood, nudging the pH level back to a less alkaline state.

As the blood's pH changes, the parasympathetic nervous system calms us in a variety of ways, including telling the vagus nerve to secrete acetylcholine, a substance that lowers the heart rate.

This application allows you the opportunity to practice and learn to control your heart rate, emotions and overall mood through

special breathing techniques developed by Lt. Col. Dave Grossman in his book "On Combat: The Psychology and Physiology of Deadly Conflict in War and in Peace."

By downloading this application, you may freely benefit from the ideas taught to help with nearly any stressful situation you encounter.

The Army Wellness Center, Family Advocacy, USAG Vicenza Chapel Services, Military Family Life Consultants and U.S. Army Health Center Vicenza all have additional resources available to assist you in dealing with stress.

If you would like more information on services available to assist you, call the Army Wellness Center at 634-8186 or 0444-71-8186, or access the Tactical Breather app at <http://t2health.org/apps/tactical-breather>.

*Soldiers' Theatre Presents the Official Entry  
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# ITALIAN, AMERICAN STUDENTS EXPLORE ASIAGO TOGETHER

STORY AND PHOTOS BY JOYCE COSTELLO  
USAG VICENZA PAO

[Click here for  
more photos](#)

## Vicenza High School, G.B. Quadri students build language skills while broadening cultural perspective

Science, math and history, English and Italian, may seem like vastly different school subjects, but for 16 Vicenza High School students and 22 students from Vicenza's *Liceo Scientifico "G.B. Quadri,"* all of these subjects and skills came into play during a joint school trip to the "Colle Penar" planetarium-observatory and war memorial in Asiago Feb. 5.

The two schools, which have been partnering in their language arts programs for the past three years, use the field trips as a cultural exchange in conjunction with intellectual stimulation.

"We have a student to student and teacher to teacher exchange program, but these programs are more than just speaking a different language," said Michela Ambruoso, VHS Italian teacher "It is also about being exposed to the language, the different cultural perspective, the different school approach and the friendship and relationship that comes with that."

From math teacher Roland Sturk's perspective, this was a way to meet one of the school improvement goals, to take number sense and apply it to a real world situation. For many of the students, though, this was a chance to see if teens from another country were any different.

"This trip was fun and it was interesting and not what I had expected," said VHS student Emma Knapp. "I think these types of trips are important because you actually get to learn what other teenagers in Italy are like by interact-

ing with them."

VHS student Katie Claunch said, "I never have the opportunity to interact with Italian teenagers so this trip was an opportunity to feel more comfortable talking to Italian teens. I think it would be a lot of fun to take a weeklong trip to Rome or something with the Italian teens because seeing the culture and actually experiencing it beats just reading it in a textbook."

These sentiments were shared by Italian students. Silvia Spadoni, Liceo Scientifico "G.B. Quadri" student, who was been studying English for nine years, said she went to Modena last year with American students and thought the trip was a great opportunity for her to share opinions and meet different people while improving her English language fluency.

"Inside the school perhaps we behave very different, but outside I don't think there are many differences in how Italian and American teens act . . . we are all teenagers; we are the same," said Spadoni.

Fellow "G.B. Quadri" student Antonio Nicoletti echoed the attitude that teenagers are all the same and said he thought it was important for each culture to understand what each group thinks about the other in order to exchange opinions.

By the end of the field trip, new friendships and bonds were formed with teachers planning future trips together and teens planning to chat with each other online.



# At your service

Meet Wes Leisinger, USAG Vicenza's newly arrived chief of the Directorate of Plans, Training, Mobilization and Security (DPTMS).

Leisinger comes to Vicenza with his wife and their 3-year-old son from Fort Huachuca, Ariz., where he honed his skills in the chief's chair at the DPTMS there. While the landscape and the commands are different, the hard core skill set of operations at the two installations share many similarities, he said.

"The big thing is the synchronization of garrison and community activities," said Leisinger. "We obviously have a big emphasis on security issues: personnel, industrial security and clearances."

What exactly is industrial security? It's the matter of reviewing the wide range of contracts into which the garrison command enters to run its installation activities, said Leisinger. That includes vetting and overseeing employees brought on post by various contractors to execute all manner of work.

Leisinger heads a team of slightly more than 20 staff, both military and civilian, he said.

The hub of activity is the Installation Operations Center in Building 109, where Leisinger's team keeps an eye on the flow of daily routine and emergency operations. His office is upstairs, a few paces from the garrison command team.

"We're typically in the background," said Leisinger. "If



we're doing our job, we're behind the scenes, making things happen. There's a lot of unit-level interaction because we're the tasking authority for the installation." In other words, if the garrison commander and his team have a mission, Leisinger will have it on his plate in short order.

Missions can range from inclement weather response to Sky Soldier redeployment operations. "That's one our primary focuses right now," he said.

Lion Shake, USAG Vicenza's major annual security exercise, is a major concern as well, he said. This year's exercise is scheduled for September. By then Leisinger will be pretty much an old hand, and quietly in control behind the scenes, making things happen for the community.

— David Ruderman

## House Armed Service Committee visits USARAF



Photo by Sgt. Terysa M. King

**Representatives Hank Johnson, D-Ga. (left to right), Ron Wittman, R-Va., and Ted Poe, R-Texas, of the House Armed Services Committee listen to a briefing by U.S. Army Africa staff at Caserma Ederle Jan. 31.**

The visit provided an opportunity for USARAF to discuss current threats and challenges facing Africa, and how to respond to future emerging threats. Key issues covered violent extremism, the situation in Mali and illicit trafficking routes that cross the Atlantic. Delegation members were concerned with the implications of emerging democracies, growing economies, modernizing societies, resource development, partnership willingness and peacekeeping contributions of diverse African land forces. USARAF staff had the opportunity to discuss the command's mission and role in Africa, including operations and theater security cooperation efforts, particularly the regionally aligned force brigade, which will provide increased flexibility to support USARAF's theater security cooperation missions, from two-man traveling contact teams to engagement via major exercises.

# Life after the Military

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# AFN Livorno bids farewell

Story and photo by Sgt. 1st Class John Queen  
AFN Livorno



# Darby Military Community

The microphones are switched off, the soundboard no longer glows with life and the red "On Air" light has ceased flashing — telltale signs of the end of an era on Camp Darby.

After nearly 30 years of live local broadcasting to the military community at Camp Darby, AFN Livorno signed off for the final time Feb. 14.

"It's sad to see it go," said Staff Sgt. Brian Tierce, the NCO in charge of station's operations and one of the co-hosts for the last live show.

"But I feel I can speak for all of us that remain here, it's been an honor to be a part of the AFN Livorno legacy and privilege to serve the Camp Darby community," he said.

The station's closure is part of U.S. Army Europe's transformation and reduction of troops throughout the European region.

Rumors of AFN Livorno closing have been circulating for years said Sgt. William Duncanson, the station's military engineer and Tierce's co-host for the last show.

"They were talking about it when I arrived here three years ago," he said. "And now the day is finally here; sad, but true."

Duncanson, whose job is to maintain equipment at the station, has been largely involved in the radio broadcast operations and has served as a fill-in host on both the morning and afternoon shows.

"I am grateful for the opportunity to hone my radio skills over the past two years and I'm very happy about the response we've gotten from this community," he said. "I think we've been very proactive in talking to the Camp Darby community, finding out what they want to hear and when they want to hear it. We've had a great response from the community and it's been an honor to keep them informed and entertained."

In the summer of 1983, AFN Livorno went live with "Ranger Radio" when Spc. 5 John Thurston lowered a turntable's tonearm on to a black vinyl



record and the rhythmic beat of Queen's "We Will Rock You" brought the station to life.

Jim Johnson, the first station commander for SEB Livorno, recalled the early days of the station and the impact it made on the network.

"I did a daily network program called 'Country Gold,'" said Johnson. "The Livorno gang became known to many throughout southern Europe very fast and requests were received from surprising locations - one from Spain!"

SEB Livorno quickly became a mainstay on Camp Darby, elevating some of its Soldiers to local celebrity status.

"Probably my favorite disc jockey project was a show I was privileged to produce called 'Rock Tracks,'" said Rick Sloom, one of the station's first broadcast journalists and on-air radio hosts.

"The show became popular; so much so that one very stocky military fan, who was introduced to me by a friend, promptly lifted me off the ground and nearly squeezed the life out of me while saying, 'I love you, man!'"

Over the course of the next three decades the SEB would be replaced with the familiar AFN. Ranger Radio eventually became known as Z-106, and later on as the Eagle. The station would produce daily news and entertainment programs including "Oggi," "Rock Tracks" and "The Camp Darby Radio Report." It would earn numerous awards and citations for

broadcast excellence.

Individual Soldiers from the station supported contingency efforts in Bosnia, Kosovo, Operation Enduring Freedom and Pakistan earthquake relief, in addition to participating in joint exercises in Germany, Bulgaria and Ukraine.

Master Sgt. Frank Minnie from the Fort Hood, Texas, based 7th Mobile Public Affairs Detachment, served with AFN Livorno in the late 1990s as a specialist. He remembered what a great opportunity it was as a broadcast journalist to serve on Camp Darby.

"I worked with some great people who helped me grow as a broadcaster," Minnie said. "I also remember getting to do the story on then-first lady Hillary Clinton when she came to visit. I'll never forget that place."

While it is sad to see the station close, changing times demand changing ways of communication, said Sloom, the 1980s broadcaster.

"Those changes have been present for a while," he said. "Now it is up to the next generation of communicators to use the tools for the best. Fortunately, SEB Livorno will always be a part of the Camp Darby history and represents one portion of the efforts the military took to keep everyone informed and connected."

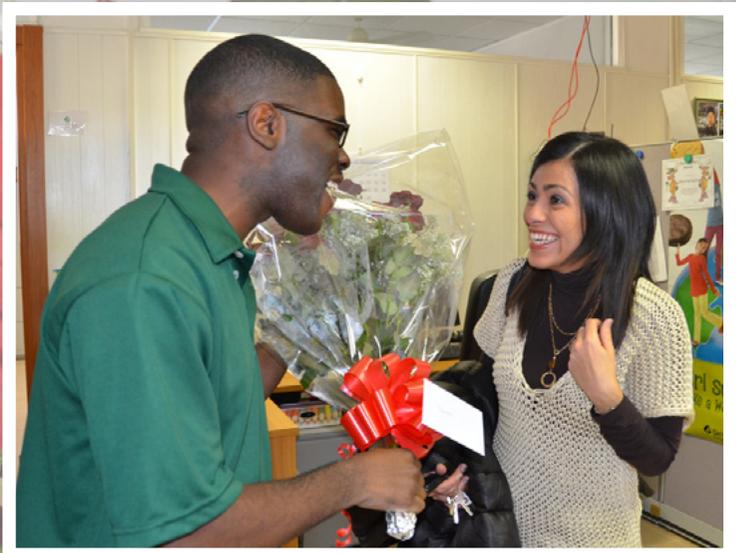
Although AFN Livorno closed, the Camp Darby Military Community will see no interruption in service and will receive all the programming AFN has to offer through the Vicenza affiliate.

# Dear Valentine's Day Delivery at Darby

Photos by Chiara Mattiolo

## Saying it with roses

BOSS members delivers red roses on  
Camp Darby during Valentine's Day.  
[Click here](#) for more photos





# Camp Darby HEALTH FAIR

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- Health Benefits of Massage Info

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- Flu Vaccinations
- Dental Care Information
- TriCare Information
- Physical Therapy
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- Healthy Snack Recipes & Samples

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**11 a.m. - 1 p.m.**

**Cost: FREE**



For more information call 633-7438.

<http://vicenza.armyMWR.com>

## Good riddance to winter

Residents of Recoaro Terme reach back to their pre-medieval historical roots to celebrate the passing of winter with music, dance and costume that are the last vestiges of ancient Cimbrian culture.

Courtesy photo



## VENETO

**Schella Marzo – Call of March:** Feb. 26-28, 8 p.m., in Asiago, Piazza Il Risorgimento, about 34 north of Vicenza; it celebrates the arrival of spring with children roaming the streets of Asiago dressed as fairies, ogres, goblins, etc.;; on the evening of Feb. 28, a puppet, representing an ugly old woman, will be burnt.; in the collective imagination she is a witch; in fact, this event was inspired by ancient propitiatory Celtic cults spread all over the Italian alpine arc, related to the expulsion of winter and the redemption of the negativity of the year.

**Nemo Ciamar Marso – Call of March:** Feb. 28, 8 p.m., in Recoaro Terme; a folk parade in traditional costumes will depart at 8:30 p.m. from Località Bruni; entertainment with \*Cimbrian music and dances.

\* The inhabitants of many mountain towns of the province claim to be descendants of the ancient Cimbrian of Scandinavian origin.

**Hunting and Fishing Show:** Feb. 23-25, in Vicenza.

**Festa di San- St. Joseph Festival and Spit-Roasted Quail Fair:** March 1 – 3 ; March 8-10 and March 15-17, in Villaganzerla.

**Abilmente - Bricolage and Manual Creativity Exhibition:** March 7 – 10 in Vicenza

**MondoVacanza – Travel Fair :** March 9 -10 in Padova

**Mondomare – Fishing, Boating, Diving, and Nautical Tourism Fair:** March 9 -11 in Padova.

**ExpoCamper - Trade show for outdoor tourism:** March 9 -11 in Padova

**Cinque secoli di Volti – Five Centuries of Faces** ongoing through March 31 in Vicenza, Palazzo

Chiericati, Piazza Matteotti; Tuesdays – Thursdays 10 a.m. – 6 p.m.; Fridays – Sundays 10 a.m. – 8 p.m.; portraits from the 16th to the 20th century. Admission: you need to buy the museum card for seven local museums (Olympic Theatre; Palazzo Chiericati; Archeological Museum; Palazzo Leoni Montanari, Diocesan Museum, Historical Museum), which is valid for three full days. Cost: €10; reduced €8; family card €14. The card is valid for three full days.

**From Botticelli to Matisse – Faces and figures** Ongoing to April 1, in Verona, Palazzo della Gran Guardia, Piazza Brà 7, about 36 miles west of Vicenza; Mondays-Thursdays: 9 a.m. – 7 p.m.; Fridays – Sundays 9 a.m. – 8 p.m.; admission fee: €12; reduced: €9 (university students with proof of enrolment and senior citizens over 65); and €6 (under 18).

## MARKETS FEB. 24

**Piazzola sul Brenta,** 8 a.m. – 6 p.m., in Via Camerini, about 16 miles east of Vicenza. (700 vendors).

**Treviso,** 7:30 a.m. – 7:30 p.m., Via San Liberale, about 56 miles east of Vicenza. (130 vendors)

## FREE CONCERTS

**Winter of love party:** Feb. 22, 10 p.m., in Schio, Casa Arcadia, Via Lago di Tovel 18; Shaman's Blues (The Doors tribute band); The Turtle Blues (60's and 70's rock tribute band), and Sir Bonzo de Quincey (sound from Woodstock).

**Concert with Conservatory students:** Feb. 23, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

## CONCERTS

Michael Jackson: The Immortal World Tour – Cirque du Feb. 23-24, 2013 in Assago (Milan)  
 Big Sean: Feb. 24, in Milan  
 Nelly Furtado: March 13 in Milan  
 Mick Hucknall (Simply Red lead singer) – American Soul Tour: March 18 in Milan; March 19 in Rome; March 21 in Padova  
 Anastacia: April 8 in Padova; April 9 in Milan  
 Steve Hackett: April 23 in Assago (Milan); April 26 in Rome  
 Beyoncé: May 18 in Milan  
 Bruce Springsteen and the E Street Band: May 31 in Padova; June 3 in Milan; July 11 in Rome  
 Joe Satriani: May 29 in Rome; May 31 in Florence; June 1 in Padova  
 Bon Jovi: June 29 in Milan  
 Mark Knopfler: May 3 in Assago (Milan); July 12 in Piazzola sul Brenta (Padova); July 13 in Rome  
 Leonard Cohen: July 7 in Rome; July 9 in Lucca  
 Elton John: July 9 in Barolo (Cuneo)  
 John Legend: July 8 in Perugia; July 9 in Milan  
 Neil Young and Crazy Horse: July 25 in Lucca; July 26 in Rome  
 Roger Waters: July 26 in Padova; July 28 in Rome  
 Robbie Williams: July 31 in Milan  
**Click here** for ticket info.

## TUSCANY

**Sagra del Chiodo - Sausage Fair:** Feb. 23-24, in Quercia di Aulla, Massa Carrara. Local sausage cooked in traditional clay pots.  
**Festa del Cioccolato – Chocolate Fair:** Feb. 23-24, 9 a.m. – 7:30 p.m. in Scandicci, Piazza Matteotti; food booths featuring a great variety of chocolate and antique market.  
**Choccolandia– Chocolate Fair:** Feb. 22-24, in Livorno, Piazza Cavalour. Stands will be open from 10 a.m. to 8 p.m.  
**Sagra delle Frittelle – Fritters Festival** Ongoing through March 24, Saturdays 2-7 p.m. and Sundays 9 a.m. – 7 p.m., in San Donato in Collina. The festival is known in the province for the big amount and the good quality of the traditional home-made fritters, made with pastry and rice and then deep fried in oil. The “frittelle” are traditionally served with local Vin Santo (sweet wine).  
**Marilyn Exhibit** Ongoing through April 1, in Florence, at Salvatore Ferragamo Museum, Via Tronabuoni 2; Wednesdays – Mondays 10 a.m. – 6 p.m.; Admission fee €5  
**The Dalí Universe** ongoing through May 25, at Palazzo Medici in Florence with over 100 works by Salvador Dalí.

All events listed are as reported at press time. Details are subject to change without notice.

## SPORTS

**StraVicenza Marathon:** The annual StraVicenza 2 KM, 4.5KM and 10KM runs are going to be held on Sunday, March 17, 2013 at 10 a.m.. The start and finish will be at the Campo Marzo. You can register at StraVicenza Point, Loggia del Capitaniato, in Piazza dei Signori, March 16 (4 p.m. – 8 p.m.), March 17 (10 a.m. – 1 p.m. and 3:30 p.m. – 8 p.m.), and March 18 (7:45 a.m. – 9:45 a.m.). Cost is €4 and €2 for children under 14. The cost includes your bib number, snack and medical coverage. **Note also that March 17 is no drive day in Vicenza.** Bag storage service is available for €1. Sunday is also a no-driving day in Vicenza. Participants can park their vehicles in the Stadio, Via Cricoli or Via Farini parking lots and take a bus to the city center. Vicenza buses and parking in the above lots are free from 7:30 a.m. onwards. From Caserma Ederle, take bus# 1 to the train station.  
**Pistoia Half Marathon** March 24



### Dinner with the artist BACC

Enjoy evenings of taste and art in historical restaurants in Vicenza with the artist BACC  
 Thanks to the support and coordination of Confesercenti Vicenza. The route will start in two beautiful location, Friday, Feb. 22 from 8:30 p.m. in the historic and romantic restaurant of the Castles of Romeo and Juliet in Montecchio Maggiore and Saturday, Feb. 23 at the Locanda degli Ulivi immersed in Berici Hills, and then it will continue in the coming weeks in these and in other places in Vicenza. [Click here](#) for details.

Courtesy photo





# FAMILY AND MWR

## VICENZA MILITARY COMMUNITY

Book trips **online** on WebTrac



### ODR trips

- Feb. 23: Piedmont wine tasting trip
- March 2: Ski San Anton
- March 2: Carnival in Nice
- March 9: Ski San Pellegrino
- March 9: San Gimignano and Monteriggioni
- March 10: Verona and arena for kids
- March 16: Rome overnight
- March 16 and 30: Ski Stubaital
- March 16: Cinque Terre
- March 20: Padova and Scrovegni Chapel
- March 23: Ski Kronplatz
- March 23: Pisa olive oil tasting



### Pool Tournament at the Lion's Den

The Lion's Den will host a 9 Ball Doubles Pool Tournament on March 9 at 8 p.m. There is a \$5 entry fee and the winning team takes home \$100. Call 634-8619 for more information.



### "The WIZ" opens at Soldiers' Theatre

Journey through the land of Oz with Dorothy, Scarecrow, Tin Man and Lion in this totally hip, fun and funky favorite for the entire family. Show Runs, Friday, Mar. 8 - Sunday, Mar. 24. Show times are Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. Tickets: \$15 for adults and \$12 for youth. Call the box office at 634-7281 for reservations.



### Military Saves Week

Feb. 25 - Mar. 1, 2013. The goal of this social marketing campaign is to motivate the military community to better their finances through successful saving, establishing credit, paying down debt, and retirement planning. Savers can visit [www.militarysaves.org](http://www.militarysaves.org) to receive financial tips and take the Military Saves pledge, a commitment to begin the journey toward financial freedom. The Financial Readiness Team has also coordinated several free events to encourage the community to 'Set a Goal, Make a Plan, Save Automatically'. For more information, contact ACS at 634-8634/7500.



### Arts and Crafts

Learn the basics of mosaics in this fun and simple two hour class while making a mosaic coaster. All materials and instruction are included, just bring



your imagination! Once you have gained the basic skills, use our multi-crafts room to work on other mosaic projects. Possibilities with mosaics include; stepping stones, bird baths, vases and planters and frames and mirrors. Cost is \$15 and meets the first Thursday of every month. Call 634-7074.

### CYSS

The CYSS Youth baseball and softball open registrations will begin for the 2013 season. Participants must be registered with CYS Services and have a valid health assessment throughout the season. Register Tuesday, Feb. 19- Friday, Mar. 8 at CYSS Parent Central Services or on Webtrac.

Cost is \$45 for the season, Baseball - ages 3-15 years old; Softball - ages 10-15 years old

### ACS

Come and meet other Multi Cultural Spouses while learning about victim advocacy and your rights as a Military Spouse! March 5, 2013 at noon in the ACS Conference Room. The presentation will include; preventative services and skill building classes, group discussion with open forum and victim advocacy services will be explained and how they can help people protect themselves, friends or community members.

For more information please contact: 634-8525

## JOB OPPORTUNITIES AT DEL DIN

Family and MWR will be hiring many exciting positions at our new facilities located on Del Din for both U.S and Local Nationals, from management to support staff. Positions are being announced now and the staff hired will start work at beginning of May. Positions include; Fitness Center Assistant Manager, Fitness Center Recreation Aide, Fitness Center Pool Life Guard, Warrior Zone Shift Manager, Warrior Zone Recreation Assistant, Warrior Zone Food and Beverage Attendant and Warrior Zone Bartender. U.S. positions will be posted to USA Jobs at <https://www.usajobs.gov/> . Local National positions will be posted to CPOL at: <https://cpolrhp.cpol.army.mil/eur/employment/In/index.htm>

If you have additional questions, contact Vicenza NAF CPAC at 0444-71-7349 or 7290.

## DARBY MILITARY COMMUNITY

### ODR trips

- Feb. 23: Mt. Cimone Ski Trip
- \* Feb. 23: Barberino Designer Outlet, ski Monte Cimone
- \* March 2: Tour Venice
- \* March 3: Carnevale in Viareggio
- \* March 9: Tour Rome
- \* March 16: Ski Monte Cimone
- \* March 23: Tour Florence
- \* March 30: Tour Assisi

Call 633-7589/7775 for details or register on WebTrac. See full listings at <http://www.calendarwiz.com/calendars/calendar>.

The Mt. Cimone ski area has 26 lifts with over 50 km of runs ranging from beginner to advanced. If you're not a skier or snowboarder, why not go for a nice lunch at one of the eateries and take in some sledding? Spend a day on the slopes on February 23. Call ODR at 633-7589 or 7775 for information or register for your trips on WEBTRAC online.

CYSS Baseball Registration is your opportunity for your child to enjoy America's favorite pastime. Register your child at Parent Central Services, Bldg 730 thru March 14. For more information, contact Parent Central Services at 633-7681 or register on WEBTRAC online.

Are you a hot shot? Show us what you've got at the Hot Shot Basketball Shooting Contest on February 27. Contest begins at 5:30 p.m. with first place prizes for men and women. For more information, contact Sports & Fitness at 633-7438.

Explore the magic of Venice, one of the most beautiful cities in the world on March 2. With over 150 picturesque canals and over 400 bridges, you're sure to find a special experience around every corner! Call ODR at 633-7589 or 7775 for information or register for your trips on WEBTRAC online.

Are you new to the Darby Military Community? Is this your first assignment in Europe? Culture College is your orientation to the Darby Military Community as well as to the Pisa and Livorno areas. Register now for this five day course beginning March 4. Contact Army Community Service at 633-7084.

Sports & Fitness is looking for coaches and players for the 2013 Men's & Women's Base Softball teams. The season runs March thru September. Try-outs will be announced after coaches are selected. For more info, contact Sports & Fitness at 633-7438.

***Marketplace will be coming back hopefully by March 1st. You will find the new link under the Local Info button on the top right corner of our Home Page on [vicenza.armymwr.com](http://vicenza.armymwr.com).***



# Community briefs

## Vicenza Military Community

Visit the community calendar for more upcoming events and details at [www.usag.vicenza.army.mil](http://www.usag.vicenza.army.mil)

### Military Saves Week

Military Saves Week is a social marketing campaign to motivate the military community to better their finances through successful saving, establishing credit, paying down debt and retirement planning. Scheduled events include:

- Feb. 25: Coupon Social at ACS, 10 a.m.-1:30 p.m.
- Feb. 27: Money Matters Class at ACS, 9-11:30 a.m. Registration is required.
- Feb. 27: "It's a Habit Sammy Rabbit" Library Story Hour, 11 a.m. to noon.
- Feb. 28: Coupon Social at ACS, noon to 5 p.m.
- Feb. 28: "Savvy Saving" SKIES class, 4:15-5 p.m.
- March 1: Coupon Social at ACS, 8 a.m.-4 p.m.

### Buongiorno, Italia starting

Vicenza USO will offer Level I and II Italian classes beginning Feb. 25. Class fee is \$125, textbook costs €15. Register via email at [ggibbs@uso.org](mailto:ggibbs@uso.org).

### Youth get ready now

Youth Workforce Preparation Training for students in grades six through 12 will conclude its Monday sessions from 3:30-4:30 at the Ederle Fitness Center conference room. Final workshops include: Feb. 25: time management and goals; March 4: workplace ethics; and March 11: customer service. Register at the Teen Center.

### F2F meets Feb. 28

The VMC Female 2 Female event, to be held Feb. 28, 4-6 p.m., at the Golden Lion Conference Center,

will focus on post-service issues. An ice-breaker will be followed by panel discussion on "Life after the Military: What's next for you?" The program is free of charge and open to the entire community. For more information call 0444-71-7401/8288.

### Rita Bonamego to retire

After decades of service to the Vicenza Military Community, Rita Bonamego is retiring. You are invited to celebrate her career and legacy at a Retirement Luncheon Feb. 26 beginning at 11:30 a.m. at the Golden Lion. The cost is \$15. Sign up and drop off your reservation at the Davis Soldier and Family Readiness Center (Building 108).

### EFMP Informational Hour March 6

EFMP continues its monthly Informational Hours series March 6 from noon to 1 p.m. at ACS. The topic for discussion is: Practical strategies for improving organization, homework and time management skills in students with ADHD. For information call 0444-718582 or 634-8582. All are welcome.

### CIAO Conference March 8

The Vicenza Community Club will conduct its Ciao Conference and Luncheon March 8. Drop off a completed registration form and payment of €25 at the box in front of the Thrift Store by March 1. Contact Kym Price at [ciao@vccitaly.org](mailto:ciao@vccitaly.org) for information.

DMC utility changes

### 2013 Scholarships for Military Children

Applications for the 2013 Scholarships for Military Children Program are being accepted now. See eligibility and submission details online at [www.militaryscholar.org](http://www.militaryscholar.org) and [www.commissaries.com](http://www.commissaries.com).

### CTC Scholarship

Central Texas College is accepting applications for scholarships online through March 31. For information call 634-6514, email [vicenza@europe.](mailto:vicenza@europe.)

[ctcd.edu](http://ctcd.edu) or visit CTC in Room 6 of the Education Center

### VCC scholarships

The Vicenza Community Club awards more than \$25,000 in scholarships each year. Applications are now available for the Emmi Fondi Continuing Education Scholarship for current VCC members, the Pia Marnetti Scholarships for ID card holding dependents of current VCC members, and scholarships for graduating high school seniors who are also dependents of current VCC members. Applications must be postmarked by March 5 for consideration.

### CLEA ceremony March 19

The U.S. Army Europe Combined Logistics Excellence Awards ceremony will take place March 19 at 12:30 p.m. in the Fitness Center, Building 1631, on Clay Kaserne in Wiesbaden, Germany. The annual awards, an Army Chief of Staff initiative, honor units and organizations across Europe for their excellence in supply, maintenance and deployment operations. For information call 370-5410 or 370-5436.

### AE-ITT training

AE-ITT offers DoD Directive 8570.1 compliance by training and certifying individuals to meet baseline and computing environment certification requirements. IT courses are available [online](#) and the AE-ITT facility on Caserma Ederle. Upcoming courses include:

Feb. 25-March 1: DoD IA Certification 8570.1 (A+) 2009

March 4-8: MCITP: Windows 7 Enterprise Desktop Support Technician Boot Camp

March 11-15: DoD IA Certification 8570.1 (NETWORK+)

March 18-25: DoD IA Certification 8570.1 (SECURITY+)

March 25-27: DoD Information Assurance Certification and Accreditation Process (DIACAP)

Call 634-6077 for details.

### Pet food drive

Youth Services will hold a Pet Food Drive throughout February to support the Gogna Animal Shelter. Bring donations of dog and cat food to the Villaggio Youth Center, Building 304, or the Teen Center, Building 373 on Caserma Ederle, Monday to Friday from 2:45-6 p.m., or drop them in the donations box at the commissary. Call 634-7659 for details.

### Emergency contacts

DES reminds the community that emergency personnel can be dispatched to your aid while you are still on the line with the call taker. Do not hang up until told to do so. Information gathered is used to relay to responding services (fire, police, emergency medical services) and to ambulance crew staff depending on the circumstances of the incident. Know who to call for help:

- Military Police: DSN 634-7626/ 7233, 0444-71-7626/7233 (off post)
- Emergency: DSN 634-7114, 0444-71-7114 (off post)
- Fire Department: DSN 634-8911, 0444-71-8911 (off post)
- Carabinieri: DSN 634-7522, 0444-71-7522/ 7528 (off post)
- MP Desk interpreter: DSN 634-7847, 0444-71-7847/ 0444-501800 (off post)
- Off-post: Fire Department 115, Ambulance 118' Carabinieri 112, Polizia 113



Photo by David Ruderman

### Treasure hunting in Piazzola sul Brenta

The antique market at Piazzola sul Brenta brings together scores of vendors selling everything from paintings, sculpture and furniture to knickknacks and housewares. See page 18 for other area antique and secondhand markets to see this weekend.

## Darby Military Community

Visit the community calendar for upcoming events and details at

[www.usag.livorno.army.mil](http://www.usag.livorno.army.mil)

### Darby Culture College

New to the Darby Military Community? First time in Europe? Culture College is your orientation to the Darby Military Community as well as to the Pisa and Livorno areas. Register now for this five-day course beginning March 4 at Darby ACS. Child care is available. Call 633-7084 for details.

### DMC utility changes

Beginning March 1, all Darby Military Community Utilities Tax Exemption Program (UTEP) customer accounts will migrate from Toscana Energia to UNO-GAS. The transition is being initiated to ensure that TRO customers continue to receive current levels of service. The transition will be transparent and requires no action on the part of customers.

## Now Showing

### Ederle Theater

		6 p.m.
Feb. 21	Flight (R)	6 p.m.
Feb. 22	Beautiful Creatures (PG 13) *	9 p.m.
	A Good Day to Die Hard (R) *	3 p.m.
Feb. 23	Escape from Planet Earth (PG) *	6 p.m.
	Beautiful Creatures (PG 13) *	3 p.m.
Feb. 24	Escape from Planet Earth (PG) *	6 p.m.
	A Good Day to Die Hard (R) *	6 p.m.
Feb. 27	Playing for Keeps (PG-13)	6 p.m.
Feb. 28	Skyfall (PG-13)	6 p.m.
March 1	Playing for Keeps (PG-13)	9 p.m.
	This is 40 (R)	

### Camp Darby Theater

Feb. 22	Bullet to the Head (R) *	6 p.m.
Feb. 23	Stand Up Guys (R) *	6 p.m.
Feb. 24	Warm Bodies (PG-13) *	1 p.m.
March 1	This is 40 (R)	6 p.m.

Admission: \* First run, adult, \$5.50, under 12, \$2.75; regular release, \$5/\$2.50; repeat releases, \$4.50/\$2.25; special pay \$3.50/\$1.75.

The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at

<http://www.shopmyexchange.com/ReelTimeTheatres/reeltime-landing.htm>

# Religious Activities

## Chaplain Crisis Line

To speak with a chaplain after hours, call 634-KARE (634-5273)

## Strong Bonds

The Caserma Ederle Chapel will conduct a Female-2-Female Strong Bonds Single Soldier Retreat March 20-22 and a Family Retreat March 22-24 at the Edelweiss Lodge and Resort in Garmisch, Germany. Both programs are free of charge. Call 634-6454 for details and to register.

## Vicenza

### Sunday services

**9 a.m.:** Mass, Sacrament of Reconciliation following Mass, or during duty hours

**11 a.m.:** Protestant worship

**1:30 p.m.:** Full Gospel Pentecostal worship

**5 p.m.:** Contemporary Christian service

### Tuesdays

**9 a.m.:** Protestant Women of the Chapel

**5 p.m.:** Contemporary Praise band practice

## Wednesdays

**5:30 p.m.:** PWOC Bible study. Dinner provided. No child care

**5:30 p.m.:** Catholic choir practice

**6:45 p.m.:** Gospel choir practice

## Thursdays

**9:30 a.m.:** Military Council of Catholic Women

**5:30 p.m.:** Gospel service choir rehearsal

**7:15 p.m.:** Gospel service Bible study

## Faith groups in Vicenza contact information

**Bahá'í Faith:** Call Russell Menard at 389-133-4627 or Giacomo Baravalle at 348-603-2283

**Church of Christ:** Call CW2 Michael Bickle at 345-469-9974 or 0444-335-135 or email [vicenzaitalychurchofchrist@gmail.com](mailto:vicenzaitalychurchofchrist@gmail.com)

**Islamic:** Call 634-7519 (0444-71-7519)

**Jewish:** Call Paul Levine at 345-907-2108

**Latter Day Saints:** Sunday services, 1:30 p.m. in Vicenza. Call Bob Shakespeare at 389-268-5605 or email [drbob143@gmail.com](mailto:drbob143@gmail.com).

**Trinity Church Vicenza:** An International Presbyterian Church (IPC) congregation. Call Pastor Rinn at 328-473-2949 or email [trinitychurchvicenza@gmail.com](mailto:trinitychurchvicenza@gmail.com).

**Call 634-7519 or 0444-71-7519 for info on Chapel activities.**

## Camp Darby

### Sunday services

**8:45 a.m.:** Catholic Reconciliation

**9 a.m.:** Catholic Mass

**10 a.m.:** Catholic CCD

**11:15 a.m.:** Protestant worship and children's service

### Tuesday

**9:30 a.m.:** Protestant Women of the Chapel

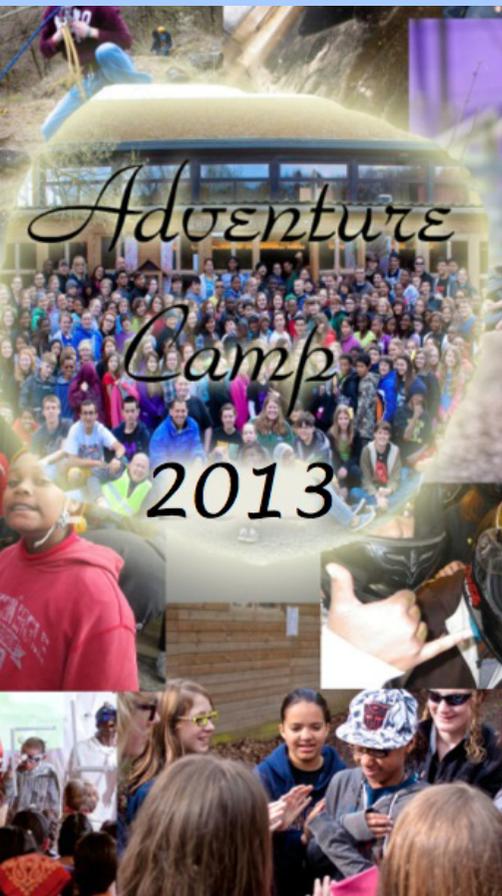
### Wednesday

**5:30 p.m.:** Protestant Women of the Chapel

**5:15 p.m.:** Protestant Men of the Chapel

**6:15 p.m.:** Choir Practice

For Camp Darby chapel activities and information call 633-7267.



6-8th graders enjoy mountain biking, zip-line, high ropes course, lazer tag, go-karts, caving, and more April 9-13 in Belgium.

**E-mail**  
[avolmert@clubbeyond.org](mailto:avolmert@clubbeyond.org)

# 2013 CFC-O COIN DESIGN CONTEST

**WHO:** All DoD employees and their family members (ID card required for verification).

**WHAT:** Participants will create a 2013 CFC-O coin design that embodies the spirit of the campaign. The chosen design will be distributed to select contributors during the 2013 CFC-O this fall.

**WHEN:** Submissions are due by 29 March 2013.

- DETAILS**
- Designs should depict the theme: "Serve to Honor Your Country. Give Because You Care." but the theme does not need to appear in text on the design.
  - The year "2013" and the name "Combined Federal Campaign-Overseas" must appear in the design.
  - The design must fit on a round coin 1 3/4" diameter.
  - Use the following colors: red, white and blue as solid colors only, no gradients as they cannot be replicated accurately with enamel fill. Any negative space without a color will be background color of the coin.
  - Submit designs as a .jpg or .pdf file to [cfc@cfcoverseas.org](mailto:cfc@cfcoverseas.org).

## 2012 COIN DESIGN



## SUBMIT YOUR DESIGN TODAY!

By submitting a design, the artist verifies that their design is original work and gives permission for its use by the CFC-O on the coins. Additionally, the submitter consents to the reproduction of the design and its use by the CFC-O in various applications, which include, but are not limited to: campaign materials, publicity releases and electronic reproduction on the CFC-O website and social media sites. There will be no monetary remuneration for use of the winning design.



# Sports and fitness

## Cougar wrestlers take Division II title

By Saralynn Manville  
Special to *The Outlook*

The Vicenza Cougars capped a stellar season by taking the Division II title in DoDDS-European Wrestling Championship play in Wiesbaden, Germany, Feb. 15-16.

The Cougars amassed a total of 108 points for their first-place finish, followed by SHAPE in second place with 89 points and Aviano in third with 62.5 points.

Wrestlers from across Europe converged to battle for the top spots, each competing in a round-robin format at their respective weight class in two separate pools. Performance in the round-robin determined the brackets for the finals.

Nine Vicenza wrestlers qualified to compete, of whom six were undefeated going into the tournament. They were Peter McCollaum Jr., 106-lbs.; Ethan Fullmer, 126-lbs.; Connor Smith, 132-lbs.; Ramsey Schroeder, 138-lbs.; Liam Manville, 152-lbs.; and Will Pagan, 170-lbs.

Alex Jogthong, 120-lbs., Steven Fragger, 126-lbs. and Marshall Perfetti, 160-lbs., also qualified for the finals.

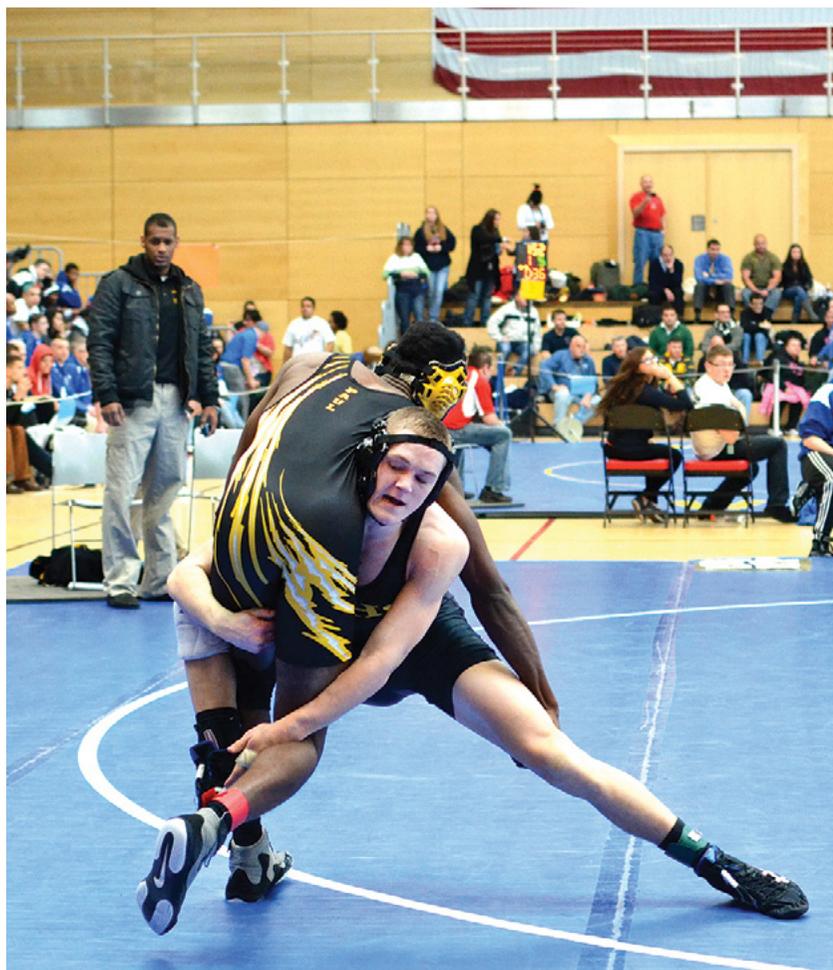
The VHS Cougars had won all but one meet in the regular season. They encountered largely little resistance in Italy, but realized they faced stiff competition from the larger German schools, such as Patch and Ramstein.

Five VHS wrestlers made it through the preliminary round-robins to the finals podium.

McCollaum managed a second place finish in the 106-lbs. division after losing to Ramstein 3-4 in the final. Smith, at 132 lbs., lost to Patch in Round 5, which put him in the bracket for fifth or sixth place. He secured a fifth-place finish by pinning his AFNORTH opponent in a mere 34 seconds.

Schroeder, at 138 lbs., took second, losing a heartbreaker against Patch with a technical fall in the final.

Manville, in the 152-lb. division, took third place with a 7-4 decision against Kaiserslautern, and Pagan, wrestling in the 170-lb. bracket, finished third with a strong 17-4 decision against his Kaiserslautern opponent.



Peter McCollaum Jr. (top), takes down his Ramstein opponent in the 106-lb. final match Feb. 16 on his way to a second place finish at the DoDDS-Europe finals in Wiesbaden, Germany. Senior Liam Manville (center) goes for a takedown against DeSean Horton of Patch High School in Round 5 competition.

## Batter up in Vicenza

Child, Youth and School Services youth baseball and softball open registration is under way now through March 8 for the 2013 season. Players must register with CYSS and maintain valid health assessments throughout the season. Baseball is open to children ages 3-15; softball is for those 10-15. Play begins April 17, cost is \$45. Register at CYSS Parent Central Services or online at Webtrac.

## Teens Go-Karting

The Teen Center will host a trip to the Vicenza indoor go-kart center March 8 from 7-10 p.m. Teens in grades nine through 12 should register at Parent Central Services or on WebTrac. Call 634-7659 for details.

## Meditation Monday in Vicenza

Army Community Service conducts an informal, relaxing meditation session every Monday at 12:15 p.m. in Davis Hall. All are welcome.

## Volleyball at Camp Darby

The Camp Darby 2013 Intramural-Recreational Volleyball season starts March 5. Teams must field four players, but may have up to eight players per team. Any combination of males and females is fine. Play gets under way Tuesdays at approximately 5:30, 6:15 and 7 p.m. Call 633-7440 or 050-54-7440 for information.

## Darby Health Fair coming

The Camp Darby Health Fair is coming March 14 from 11 a.m. to 1 p.m. at the Darby Fitness Center. Stop by for sports massages, blood pressure checks, running shoe assessments and general fitness recommendations. A registered dietician will be on hand to provide nutritional consultations, oxygen uptake testing, body mass index readings and more. All activities are free of charge and all are welcome. Call 633-7440 for information.

## Working out in Darby

A Cardio Circuit class meets Wednesdays from 9:30-10:15 a.m. in the Fitness Center. Call 633-7438 for details.

## Darby Sports & Fitness

DMC Sports & Fitness is looking for coaches and players for the men's and women's adult community volleyball teams. Register by Feb. 28 to participate. Coaches and players for the 2013 men's and women's base softball teams are organizing for the season. Tryouts will be announced after coaches are selected. For information and to sign up, call 633-7438.

## The Outlook accepts submissions

Email news briefs by close of business on Friday of the week before publication to [editor@eur.army.mil](mailto:editor@eur.army.mil).

# 5K Kilt Run



**March 13, 2013**  
**Begins at 6 p.m.**  
**Ederle Track & Field**

**Registration Open:**

**Wednesday, March 13 from 9 a.m. - 5:30 p.m.**  
**at the Ederle Fitness Center**

**For more info call 634-7616. | [vicenza.armyMWR.com](http://vicenza.armyMWR.com)**

