



Info-X



Vicenza Military Community Info-X

February 3, 2016



Agenda

- ❖ **Welcome/Opening Remarks**
 - ❖ **Volunteer Recognition**
- ❖ **ACS – Strong Family Program**
 - ❖ **Health Clinic**
 - ❖ **Dental Clinic**
- ❖ **Community Updates**
 - ❖ **Open Forum**
 - ❖ **Closing Remarks**



RECOGNITION



Outstanding Adult Volunteer for December

Jodiel Negron



Outstanding Adult Volunteer for January

Desiree Lehman



Army Community Service

Julia Sibilla
ACS Director



Strong Families Initiative



Utilizing programs and services in place to help our Army Families grow stronger together!



Strong Families Initiative

CONCEPT

Building healthy and resilient Families in the VMC by encouraging participation in activities & events utilizing resources in place.

Whether it is a family you are born into or one that you create, you can participate!

BRANDING

Visible logo at locations providing events, trainings, classes and programs that promote Strong Families & are identified as part of the initiative.



FAMILY WELCOME BRIEFING/ CHALLENGE/SUMMIT

- Introduction of **bi-monthly Family Welcome Briefing at Ederle Inn** beginning 9 February 2016 (**four seasons per year**)
- **Strong Families Challenge**: **60 day** incentive based program to encourage & foster strong Families (March/April 2016); Family participation in a variety of healthy, productive and positive activities
- **Registration for Season 1** is **1-8 March 2016**
- **Strong Families Community Activities** (resiliency-based)
- **Strong Summit** with variety of resiliency building topics (April/May 2016)



Strong Families Initiative: Welcome Briefings

Phase I

Soldier and Family Welcome Briefing and Publicity Campaign

- Bi-monthly Strong Families Welcome Brief will be presented at Post Lodging for Soldiers and Families beginning 9 February 2016
- Informal, informative and welcoming to all newcomers
- Logo posted in garrison facilities that offer suggested Strong Families activities
- Marketing via Outlook, publicity/interview on AFN regarding the Strong Family Challenge. Pamphlets/fliers available throughout the garrison



Strong Families 60 Day Challenge

Phase II

Let the Fun Begin!

- Seasonal challenge for all participating Families
- Season 1 begins 1 March in anticipation of the Month of the Military Child/Family
- 10 event cards used to track participation
- Registration, instructions, “Family Perception” survey at registration “Strong Points” on installation (i.e. ACS, library, CYS/PCS)
- Families must present a digital photo of themselves participating in the activity, with the Strong Family logo in the photo, in order to score points.
- All families who complete challenge (complete 10 family events) will have their “Strong Family” picture on a wall at the gym and will be eligible for other prizes.



Strong Families Challenge

Examples of Strong Families Activities

Physical

- Go on a bike ride together
- Attend an ODR trip
- See the nutritionist
- Serve as a volunteer chaperone for your child's group on a Youth Center ski/snowboard trip or other CDC, SAC and YC field trips

Cultural

- Go to a local museum together
- Watch a movie together
- Go visit a city together/day trip

Spiritual/Emotional

- Attend a yoga/meditation class
- Conduct your own or participate in a joint service project as a family
- Attend a chaplain-sponsored event together
- Attend an Arts & Crafts class together

Miscellaneous

- Attend a financial readiness/budgeting class together
- Play a favorite board game together
- Host another family for dinner

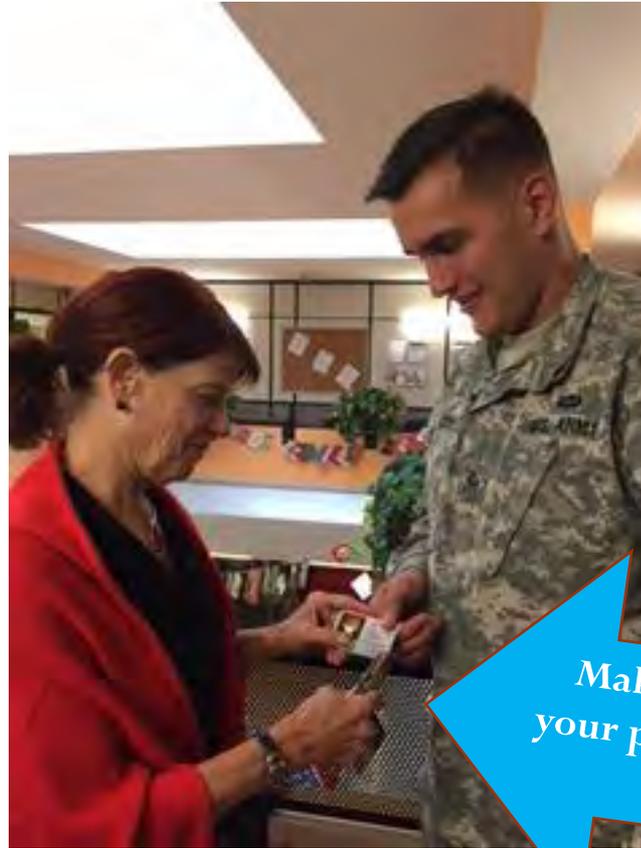


Strong Families Challenge

Class Participation and Use Card



Take a picture with the logo during the activity to show as proof



Make sure you have your participation card stamped



Strong Families Summit

Phase III

Strong Families are Made!

- 1-2 day Educational Summit for Families to learn, grow and develop
- Classes and lectures with topics such as parenting, marriage-enhancing, relationship-building, including an engaging keynote speaker and professionals in the field
- Educational and recreational events and activities will continue throughout the initiative





Strong Families Initiative

CONCLUSION



Utilizing programs and services in place to help our Army Families grow stronger...together!



Info-X



Health Center

LTC Brian J. Bender
Commander



February Update

- Optometry Clinic – One provider on long-term TDY
 - Active Duty Only appts; *except* Glaucoma and Diabetic patients; and other chronic eye disease already being managed by Optometry
 - A referral is not needed for ONE yearly exam on the local economy
 - Please see TRICARE Referral Management Office (former Pediatric area) for assistance
- Ortho PA Clinic
 - Backfill hire still pending
 - AF Provider rotating here until spring
 - Reservist backfills after spring



February Update

- **Winter Weather Delays and Closures**

- Like the Garrison and schools, we use the IMCOM-Europe Road Closure Site / Hotline as a guide to our services
- We normally mirror delays (RED) and closures (BLACK)
- Communication through our Facebook page

- **February is Heart Healthy Month**

- In fact, more than 67 million Americans have high blood pressure. People with high blood pressure are 4 times more likely to die from a stroke and 3 times more likely to die from heart disease, compared to those with normal blood pressure.



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Dental Clinic

LTC Alfred C. Anderson
Commander



Dental Clinic

- The Dental Clinic will be closed 15 February
- Minimal staffing 8 & 12 February
- Now is a great time for access to care. Orthodontic treatment is still limited
- Please remember a Space Available appointment may be canceled due to mission requirements



Info-X Schedule

Wednesday, March 2, 2016

For questions concerning Info-X, please contact
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