



Info X



VICENZA
Military Community

6 November 2013, 1000 – 1130 hours, The Arena, Caserma Ederle



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Agenda

- ❖ **Introduction/Master of Ceremony – Public Affairs Office**
- ❖ **Kickoff: American Indian Month**
- ❖ **Hot Topic(s)**
- ❖ **Recognitions**
- ❖ **Community Updates**
- ❖ **Open Forum**
- ❖ **POC: Robin Gonzales, DFMWR, DSN 634-5087,
email: alfredo.z.gonzales2.naf@mail.mil**
- ❖ **Next Info X 4 December 2013, 1000 – 1130 hours,
The Arena, Caserma Ederle**



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Hot Topics

Winter Driving Safety
AAFES/DECA Holiday Information
Thanksgiving Schedule
Stress Management - Resiliency
New Parent Support Program (NPSP)
Meet the Mayors



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Winter Safety

Donald Busbice
Garrison Safety Office



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Be prepared for Winter/Maintain Safety Risk Posture

- **Auto Safety/PMCS**
- **Snow chains/Snow tires**
- **Emergency equipment**
- **Weather considerations**
- **Late Reporting**
- **Contact information**
 - **Supervision/Leaders**
 - **Auto Skills Center 634-7014**
 - **DOD School Information**
 - **USAG-V Website/AFN TV/Radio**
 - **Weather Channel.com**





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Commissary

Tony Piccolo
Store Director, Vicenza Commissary



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Commissary Holiday Hours:

11 November Veteran's Day Closed

25 November (Monday) before Thanksgiving Open 1000-1900

28 November Closed for Thanksgiving Holiday

23 December (Monday) before Christmas Open 1000-1900

24 December Early Closure 1000-1600

25 & 26 December Closed for the Christmas Holiday

30 December (Monday) Open for Regular Hours 1000-1900

31 December Early Closure 1000-1800

1 January 2014 Closed for New Year's Holiday



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TURKEY SAVINGS

- ❖ 2013 Turkey Coupon Booklet
- ❖ Coupons Valued at over \$43.00
- ❖ Limited of one coupon
- ❖ Must purchase quantities stated on coupons
- ❖ Coupon booklets are limited while supplies last



SAVE OVER \$43 *with coupons inside towards your purchase of a fresh or frozen whole turkey*

All coupon savings may be combined towards your turkey purchase

GET **ALL**
THE **FIXIN'S**
SAVE BIG
ON YOUR **BIRD**

Plus, find recipes, helpful tips & more!

It's **TIME FOR TURKEY**
and your **COMMISSARY** has **ALL the SAVINGS!**



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Holiday Shopping at the Exchange

Cindy Brown
Main Store Manager



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Letters to Santa program has started at the Vicenza Main Store. Please address and stamp each letter and return to the store for collection and shipment to Santa Claus, Indiana. Children will receive a personalized letter from Santa with its unique postmark.

Community Gift wrap program coordination has started with supplies provided by the Exchange to support local Community groups. Please contact Julie Neil at 634-7796 or Anna Rossato at the Main Store at 634 -8550 to book.

November 15 - 17 will be the Toyland Event at the Main Store with breakfast with Santa at the Food Court from 0800 – 1000 on Saturday 16 November. Tickets for the breakfast will be sold in advance.

November 29 - Black Friday Events start with the Food Court opening at 0700 for breakfast and the Main Store opening at 0800. Hot Items will include Michael Kors footwear and accessories and Power Zone special buys.



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Holiday Return/Exchange Policy

- Merchandise purchases made between November 1, 2013 and December 24, 2013 qualify for the Holiday Return/Exchange Policy.
- Merchandise may be returned through January 31, 2014 Accompanied with sales receipt.
- All other conditions of the current Return/Exchange Policy still apply.



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Thanksgiving in Vicenza

Wes Leisinger
Director of Plans, Training
Mobilization and Security



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22 November: Darby Military Community Turkey Trot (Camp Darby)

22 November: Darby Military Community Thanksgiving Dinner (Darby Elementary/Middle School)

23 November: Turkey Trot (Lago di Fimon)

23 November: USO Thanksgiving Dinner (Hoekstra Field Pavilion)

25 November: Vicenza and Darby Commissaries Open

27 November: Thanksgiving Day Meal (South of the Alps DFAC)

28 November: Vicenza and Darby Commissaries and The Exchange Closed (The Express Remains Open)

28 November: Thanksgiving Mass (Ederle Chapel)

28 November: Thanksgiving Day Meal (Del Din DFAC)



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Staying Resilient through the Holidays

Lacy Wolff, MS
Director, Army Wellness Center-Vicenza



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Stress Perceptions Video?



You see the world through how you feel.mp4



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What can help...

- ACS Stress Reduction Classes and Workshops
- Biofeedback at the Army Wellness Center
- Unit and Organizational Trainings tailored to meet your needs
- Massage Therapy, Yoga, and Tobacco Cessation
- Chaplains, Behavioral Health, Healthy Sleep Habits



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Remember You are in Control.

For more info please call:

Army Wellness Center

Bldg 112 (Upstairs in Ederle Fitness Center)

DSN: 634-8186

CIV: 0444-71-8186

Bringing Baby Home

Andreina Howard, RN
New Parent Support Program Home Visitor



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Bringing Baby Home

- Empowers parents with realistic parenting expectations
- Leave with the parenting “manual”
- Get tips about basic care, newborn behavior, what to expect, sleep (not much!), SIDS, Shaken Baby, car seat safety, baby safety, Post Partum Depression, fathers' roles, and the 5S's (5 simple ways to calm your crying baby)

- Thursday, 21 November 2013, 1530-1730 at ACS

- For more information, contact Andreina Howard at 634-7567 or 0444-71-7567



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Meet the Mayors Community Event

Grant Sattler
Garrison Public Affairs Officer



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Meet the Mayors

Dec. 3, 2013
1600-1800
Golden Lion





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RECOGNITIONS



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Adult Volunteer of the Month

Molly Dickinson

Better Opportunities for Single Soldiers

Molly has been an amazing asset to the Warrior Zone as the BOSS Picasso! She has spent hours and hours tirelessly creating masterpieces on the walls. She is always eager to assist with anything we need bringing her positive energy and creativity every time. We have counted on her time and time again and she has constantly surpassed our expectations. The artwork that she created inside the walls of The Warrior Zone, make a comforting and relaxing environment for our Single Soldiers. Her love to help others through her artistic abilities positivity impacts our community and inspires others to do the same.



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Teenvenuti Teen Volunteers Nominated by School Liaison and Army Community Services

These teens assisted as a tour guides and leaders for the Teenvenuti program. They briefed teens new to our community about our installation and location, and escorted the group on a tour of downtown. They shared the cultural, historic and fun aspects of life in Vicenza with the new arrivals. Their kindness and enthusiasm paved the way for a successful transition for our newest community members.



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Community News – Service Providers

- ❖ DES
- ❖ DFMWR
- ❖ DPW
- ❖ DHR
- ❖ DOL
- ❖ DPTMS
- ❖ AAFES
- ❖ DoDEA
- ❖ Religious Support Office
- ❖ Installation Safety Office
- ❖ EEO
- ❖ 509th SIG BN
- ❖ HRO
- ❖ AFN
- ❖ Health Center
- ❖ Dental Clinic
- ❖ Italy Finance Office
- ❖ Installation Legal Office
- ❖ American Red Cross
- ❖ Health Promotion
- ❖ DECA
- ❖ USO
- ❖ PAO
- ❖ IG



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Open Forum



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InfoX Schedule

Wednesday, 04 December 2013

Wednesday, 05 February 2014

Wednesday, 05 March 2014